You are so powerful! Your voice is like thunder that all can hear. (Psalm 29:3)

See It:

'David asked the Lord for some advice. He said, "Should I chase after the warriors who attacked Ziklag? If I do, will I catch up with them?" "Chase after them," the Lord answered. "You will certainly catch up with them. You will succeed in saving those who were captured." David and his 600 soldiers came to the Besor Valley. Some of them stayed behind there. That's because 200 of them were too tired to go across the valley. But David and the other 400 continued the chase.' (1 Samuel 30:8-10)

On It:

David's crew is on the run from King Saul, who is out to kill them all. But then, while David's mighty warriors were out on a mission, the Amalekites also attacked them. And they took all of the women and children and all of their possessions! David did two important things in his response to save his clan. First, he asked God what to do. Second, David leads his warriors in pursuit of the bad guys and 200 of his warriors are so exhausted that they have to pull out. God blesses them and keeps His promise and they rescue every single person kidnapped and ALL of their belongings! When they return home the 400 warriors who did the fighting wanted to cut out the 200 guys who were too exhausted and could not finish the trip. David (v 24) laid down a new law for community - we all share alike. This was a shocker to the people. Different people have different gifts and roles. You do what you can, and we all help each other in this Jesus community of which we are blessed to be a part.

Live It:

Onto step three! God's solution: Jesus died on the cross and rose from the grave, paying the penalty for our sin and bridging the gap between God and people.



Do It:

This week we want you to do heroic things that are going to change the world! Ask your parent to take you to three shops and ask if they would like information to stock fair trade chocolate and coffee. Then get the information from <u>fairtrade.ca</u>

in it:

Imagine Jesus was sitting with you. Ask Him what He would like You to do for Him.

Eat It:

'Jesus gave them this answer: "I tell you the truth, the Son can do nothing by Himself; He can do only what He sees His Father doing, because whatever the Father does the Son also does.' (John 5:19) Memorize this verse.

Read It:

One-year Bible Plan: Read Matthew 1-4

When You speak, amazing things happen! I love it and want to tell You that You are amazing! (Psalm 29:9)

See It:

'Abishai was chief over the Three. He was the brother of Joab, the son of Zeruiah. He used his spear against 300 men. He killed all of them. So, he became as famous as the Three were.' (2 Samuel 23:18)

On It:

Abishai once killed 300 men, himself, in battle. He was one of David's Mighty Warriors, nicknamed, The Thirty, and was chief. He was not one of the famed Three (the superheroes of The Thirty) but he led them. Here is a guy who was completely devoted to David and his God. Now, despite what you see on video these days, killing 300 bad guys by yourself is absolutely ridiculous! It is very rare. These were not old people in wheelchairs. They were all soldiers. Can you imagine? Fighting one person is tiring - ten is tough to imagine. He took on and defeated 300 in one battle! This guy depended on God for the strength to accomplish God's purposes. You may be called by God to attack demons in your spiritual warfare. Demons are usually tougher opponents than humans. Maybe God will even call on you to defeat 300 demons in one battle. It could get tiring. Abishai was one of the Mighty Men. They were legendary for their tough heroism and physical prowess. In other words, they lived disciplined lives and trained hard. You should live spiritually with at least that Mighty Warriors standard of discipline and training so that when you face off against 300 demons you are not squashed like a bug at a summertime picnic. Squash them in Jesus' name.

Live It:

And here is the first verse for step three. 'For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God...' (1 Peter 3:18)

Do It:

Volunteer on a soup-run/Salvation Army street combat attack (get parent's permission).



in it:

Please speak to me! (Spend some time listening to God)

Eat It: John 5:19

'Jesus gave them this answer.' And this is what Jesus does. He gives answers. He IS the answer. If your question is 'how do I get saved?' or 'how do I find peace?' or 'how do I get purpose' or... Jesus answers.

Read It:

One-year Bible Plan: Read Matthew 5-7

I am going to shout out loud all of the amazing things that God has done! I want to tell everyone about the things that You have done in my life. (Psalm 105:2)

See It:

'Next to him was Eleazar. He was one of the three mighty men. He was the son of Dodai, the Ahohite. Eleazar was with David at Pas Dammim. That's where Israel's army made fun of the Philistines who were gathered there for battle. Then the Israelites soldiers pulled back. But Eleazar stayed right where he was. He struck the Philistines down until his hand grew tired. But he still held on to his sword. The Lord helped him win a great battle that day. The troops returned to Eleazar. They came back to him only to take what they wanted from the dead bodies.' (2 Samuel 23:9-10)

On It:

Have you ever been left holding the bag? That means being left on your own with all the responsibility. Maybe your teacher assigned your group to do some work and the rest of the kids bailed out to draw pictures or play video games. Maybe your mom asked you and your siblings to do some chores but your brother(s) and sister(s) took off to play. Maybe your Junior Soldier Sergeant sent you and your company on a mission and your comrades dropped the ball. If so, you can smell what Eleazar was stepping in. The Israelites started trash talking the Philistine Army. But when the Philistines responded by attacking, all the Israelites retreated! Except Eleazar. He stood his ground and fought. He struck them down until his hand was so tired it froze to his sword. And God brought a great victory that day. It says that the Israelite troops did return to the field of battle, but only after Eleazar performed this stubborn miracle, and only to loot the dead bodies. What's the lesson for us? Let's stand our ground for our God, EVEN when everyone else bails on us. Let's not give up. Let's press on through, completely relying on Jesus to bring about a great victory to glorify His name.

Live It:

And the other verse for step three: 'But God demonstrates His own love for us in this: While we were still sinners, Christ died for us.' (Romans 5:8)

Do It:

Walk around your school and pick up rubbish during lunch time. Try to do it without anybody seeing.



In It: Help me to be a hero for You!

Eat It: John 5:19

'I tell you the truth.' As if Jesus ever did anything but tell the truth!

Read It:

One-year Bible Plan: Read Matthew 8-10

I want to live my life so that it glorifies You. I want to be obedient so that people will know just how important You are to me. I love You! (Psalm 105:45)

See It:

'Josheb-Basshebeth, a Tahkemonite, was chief of the Three; he raised his spear against eight hundred men, whom he killed in one encounter.' (2 Samuel 23:8)

On It:

800 men! That's more than FIVE TIMES bigger than my son's whole school! Worship Leader Jason Upton says that this generation of God's Army will have a nameless, faceless tribe. That means that today, there might not be the famous heroes like Josheb-Basshebeth the Tahkemonite or General William Booth in your day. But it is meant to be 'mass mobilization'. That means every Junior Soldier in the whole world getting sanctified, getting discipled, getting trained up, and doing great exploits for Jesus by fighting demons and saving sinners. When there are millions of you Junior Soldiers performing miracles in your daily warfare it will be impossible to give each of you the cover of Just for Kids or Time Magazine or Salvationist.ca or to feature you on the latest greatest television programmes. But you will be changing the tide of history and forcing a renovation in Heaven (to fit more people in!). And that is what counts. Aim for Josheb-Basshebeth's standard and try to get everyone you know to reach it as well.

Live It:

The important part to remember for step three is to tell people that Jesus is the reason we can be with God the Father. We don't need to stress anymore about not being close to God or feel guilty that we are sinners. Nope, we get to hand over all our sin to Jesus and then use Him as a bridge over to God the Father.

Do It:

Can you give up your entire week's pocket money and give it to your corps? Can you tell three adults to do the same?

in it:

Pray one thing for everyone in your class today during school.

Eat It: John 5:19

'The Son can do nothing by Himself.' Wow! Jesus is totally unable to do anything by Himself. As a human being, Jesus is teaching us an excellent lesson – we cannot do anything by ourselves. There is nothing of eternal significance that we can do by ourselves.

Read It:

One-year Bible Plan: Read Matthew 11-13

Thank You so much for Your love. It never ends and is always there. (Psalm 106:1)

See It:

'When the Philistines banded together at a place where there was a field full of lentils, Israel's troops fled from them. But Shammah took his stand in the middle of the field. He defended it and struck the Philistines down, and the LORD brought about a great victory.' (2 Samuel 23:11-12)

On It:

Here's another example of the troops fleeing from danger. We don't want to make danger sound cool, or safe. In your spiritual warfare you will face danger. You will likely face demons and oppression and persecution - all because you have committed your whole life to Jesus. Don't be surprised. But don't be chicken, either! This week we'll look at the Armour of God that He wants us to wear every day. It includes a helmet (Salvation), a sword (Holy Spirit's spoken Word), a shield (Faith), a breastplate (Righteousness), a belt (Truth), and boots (the Gospel of Peace). So, yes, danger will come. But, we're warriors. 'We live to fight. We love to fight. We love the thickest of the fight.' (William Booth) We don't turn and run away as soon as people call us bad names, or throw things at us, or beat us up. We dig in. We love. We believe. We forgive. We show mercy. We pour out compassion. We speak truth. We persevere. This is the kind of fighting we do (we don't use guns or fists). So, use Shammah as an example. You defend what God has given you spiritually. You strike down the enemy. And Jesus will give you a great victory!

Live It:

That gets us to step four! Our Response: Believing means trust and commitment – We need to first speak about our sinfulness, trust Christ's forgiveness, and let Him control our life. We can't just tell people the bridge, we have to ask them to respond.



Do It:

Talk to someone about Jesus today, and try to get them saved.

in it:

Please help people to see You in me when I talk to them about You.

Eat It:

'He can do only what He sees His Father doing.' Jesus can only do what He sees God the Father doing.

Read It:

One-year Bible Plan: Read Matthew 14-16

I could praise You all day long and all night long and still not even come close to saying all of the wonderful things that You have done. Thank You! (Psalm 106:2)

See It:

'Benaiah son of Jehoiada was a valiant fighter from Kabzeel, who performed great exploits. He struck down two of Moab's best men. He also went down into a pit on a snowy day and killed a lion. And he struck down an Egyptian who was seven and a half feet tall. Although the Egyptian had a spear like a weaver's rod in his hand, Benaiah went against him with a club. He snatched the spear from the Egyptian's hand and killed him with his own spear.' (1 Chronicles 11:22-23)

On it:

You are probably picking up from some of these hero stories that things were wild and woolly back in those days. There were not set and solid governments and rule of law and security and peace like we enjoy in the western world today. It was more like some developing and very dangerous places in the world today where there is not safety or certainty. In times like that, whether Israel a few thousand years ago, or some very hurting countries in the world today, it is important to be able to trust people. David made Benaiah, this valiant fighter who defeated the heroes of the enemy and killed lions and giants, the chief of his bodyguard. So many people were out to kill David that he had a strong bodyguard who were trusted to protect him. A lot of times spies will try to infiltrate the personal guard to get access to the king to kill him. You have to be able to trust the chief of the guard completely. Let's aim to combine the traits of Benaiah - those of valiant warrior and reliable friend - in our service of King Jesus.

Live It:

And the verses for Step four that you can pass onto your friend: 'For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.' (John 3:16)

Do It:

Find five chores to do around the house and try to do them without anyone noticing.



in it:

Please make me a mighty strong warrior for You!

Eat It: John 5:19

'Whatever the Father does, the Son also does.' This is the key. Jesus saw everything the Father was doing so He could do everything He was supposed to do. So, we should pray this prayer, 'Help us to see what You are doing and do what we are seeing.'

Read It:

One-year Bible Plan: Read Matthew 17-19

I am so thankful for all of the things You have given me in my life! (Psalm 106:5)

See It:

'They prayed to Baal from morning until noon. "Baal! Answer us!" they shouted. But there wasn't any reply. Then they danced around the altar they had made. At noon Elijah began to tease them. "Shout louder!" he said. "I'm sure Baal is a god! Perhaps he has too much to think about. Or maybe he has gone to the toilet..." So they shouted louder... When it was time to offer the evening sacrifice, the prophet Elijah stepped forward. He prayed, "Lord, you are the God of Abraham, Isaac and Israel. Today let everyone know that you are God in Israel. Let them know I'm your servant. Let them know I've done all of these things because you commanded me to. Answer me. Lord, answer me. Then these people will know that you are the one and only God..." The fire of the Lord came down. It burned up the sacrifice. It burned up the wood and the stones and the soil. It even licked up the water in the ditch. All of the people... fell down flat with their faces toward the ground. They cried out, "The Lord is the one and only God!' (1 Kings 18:26-28, 36-39)

On It:

After years of drought, God's prophet Elijah challenged 850 evil prophets to a power fight. The stakes? Whoever won, well, everyone would have to worship that god. And what did they have to do? Cry out to god or God and see if he or He will light the fire. Crack open your Bible and read the whole chapter. But Elijah pokes fun of these followers of false gods - he says that they should cry louder because maybe their god is in the toilet! After they tried all day, Elijah steps up to the plate (v36-39) and our God answers with a show of power that blows away the whole crowd. Don't take a back seat to the enemy just because his followers are loud or popular or 'successful'. Confidently trust God and stand up for truth in Jesus' name.

Live It:

And the second verse for step four: 'I tell you the truth, whoever hears My word and believes Him who sent Me has eternal life and will not be condemned; he has crossed over from death to life.' (John 5:24)

Do It:

Make something for an older person in your corps and then give it to them today.



in it:

Walk around your house and pray that God will protect all those who live there.

Eat It:

'Jesus gave them this answer: "I tell you the truth, the Son can do nothing by Himself; He can do only what He sees His Father doing, because whatever the Father does the Son also does.' (John 5:19)

Read It:

One-year Bible Plan: Read Matthew 20-22