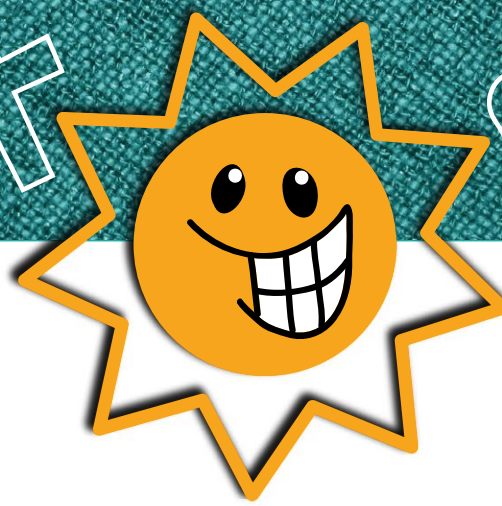


Week 29

Day 1



Jehovah Rocks:

You are alive Yahweh! You are a living God! Praise You! You are a rock for me and You have saved me! Thank You. (Psalm 18:46)

See It:

'For you have been called to live in freedom, brothers and sisters, so don't use your freedom to do the things you know are wrong.' (Galatians 5:13)

On It:

When you get a gift from someone you love, you treasure it because you want to show that person that you love him in return. But if you don't treasure the gift and you decide to smash the gift or throw it out, you are pretty much telling the person that you don't appreciate him. God gives us a gift. He gives us the gift of the Spirit once we have asked for forgiveness. We love God and we love the gift of the Spirit. So, we don't smash the Spirit and tell God the Father by throwing away the gift that we don't appreciate Him. Once we have the Spirit, we throw away our old behaviour of gossip and jealousy and lying and selfishness, etc. Instead, we love God and live a life that pleases Him, and when we do that, when we deliberately choose to follow God instead of our own selfish ways, then the Spirit takes control, and people start to see the results on our lives. When we follow God, we have a life that is filled with God's love and we show God how much we appreciate the gift He has given. Ask God to fill you with the Spirit, receive the gift and then treasure the gift making sure you don't fall for the kind of behaviour that makes God sad and feel rejected.

Live It:

This week we are going to look at a quote by General Bramwell Booth (William and Catherine's son and the second General). It is a good one to tell us exactly what our job is as soldiers.



Do It:

Try to go a whole day today without eating any junk food.

In It:

'Jesus, friend of little children, be a friend to me. Take my hand and ever keep me close to You.' (From Songbook: Song 842)

Eat It:

'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' (Galatians 5:22-23)

Read It:

One-year Bible Plan: Read Isaiah 25-28 & Hebrews 13

Week 29

Day 2



Jehovah Rocks:

I am going to sing Your praises. I am going to tell everyone all over the world, wherever I go that You are the one that I love. (Psalm 18:49)

See It:

'So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. The sinful nature always wants us to do things that are wrong, which is just the opposite of what the Spirit wants. And the Spirit gives us the desire to what is opposite to the sinful nature. The two forces are constantly fighting each other so that you don't feel free to do the good things you want to.' (Galatians 5:16- 17)

On It:

Have you ever been in two minds about something? It means you have two options and you want to do both! Sometimes you see it in cartoons where they have a little angel on one side of their head and then a little devil on the other. 'Eat the cookie, don't eat the cookie, eat the cookie, don't eat the cookie!' It can be frustrating and tiring doing that. This passage is telling us that while we still hold onto our sinful nature, we will always have that argument in our head. The Spirit will be telling us to do something and instead of being obedient, we take the time to listen to our sinful nature. 'Talk to that person about Jesus, don't talk to that person about Jesus; talk to that person about Jesus, don't talk to that person about Jesus.' Enough! We don't have to live like that. It's time to grab that little cartoon devil off our shoulder and squash it once and for all! When we have the Spirit within us, we don't need our sinful nature anymore. So, ask God to take it away. Right now! Ask that you will only be led by the Spirit and only do what He leads you to do.

Live It:

'Your destiny is to seek and find and bring home the lost. You are to remember the forgotten, to guide those who have wandered.' (General Bramwell Booth)

Do It:

Ask for an extra chore to do around the house today.



In It:

'Teach me how to grow in goodness, daily as I grow. You have been a child and surely You do know.' (From Songbook: Song 842)

Eat It:

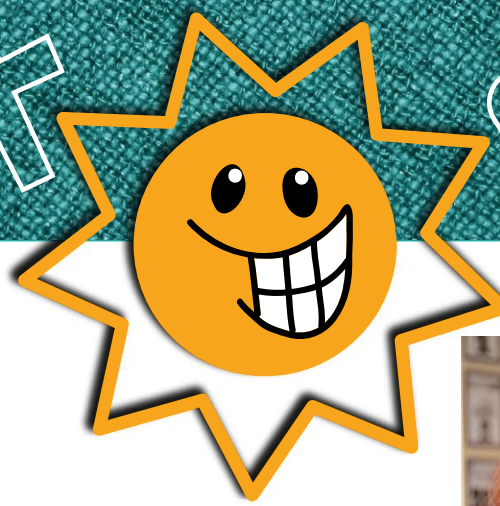
Galatians 5:22-23
Wow, you are really going to know what this verse means by the end of the week. But, it's important for you to remember it as well.

Read It:

One-year Bible Plan: Read Isaiah 29-31 & James 1

Week 29

Day 3



Jehovah Rocks:

Yahweh rules forever! (Psalm 9:7)

See It:

'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' (Galatians 5:22-23)

On It:

If you eat lots of McDonalds, you will probably get fat. If you eat too many candies, you will probably need fillings. If you cheat on all your spelling tests, you probably won't be able to spell. Basically, when you do something, it often has a result. So, when you are filled by the Spirit, your life will show the fruit of the Spirit. People will know that you are a Christian, simply by the way you live your life. These are not things we try to be, but things we naturally are because He is living in our heart. So, going back to the first example, we can't try to be fat, or have rotten teeth. Either we have rotten teeth or not. We can't pretend we do just because we want it. We don't try to show love, joy, and peace, etc. - we just ARE loving, joyful, and peaceful because of the Spirit living in us. So, repent, believe, and be filled and you will have all the fruit of the Spirit.

Live It:

'I want to say to everyone, my comrade, what do you think and dream of?' (General Bramwell Booth)

Do It:

Recite one of your memory verses to your teacher today (one that you haven't done before).



In It:

'Step by step lead me onward, upward into my youth, wiser, stronger and still becoming in Your truth.' (From Songbook: Song 842)

Eat It: Galatians 5:22-23

'The fruit of the Spirit is'... it's amazing... not only do we have access to the Holy Spirit to enable us do God's work, we can actually start to look like the Holy Spirit. That is an awesome privilege.

Read It:

One-year Bible Plan: Read Isaiah 32-35 & James 2

Week 29

Day 4



Jehovah Rocks:

Yahweh, You will keep me safe from people who try to hurt me. (Psalm 12:7)

See It:

'But the fruit of the Spirit is love, joy, peace...!' (Galatians 5:22a)

On It:

Let me start by saying that it is not the 'fruits' of the Spirit, it is the 'fruit' of the Spirit. There are nine flavours of the one fruit, so you don't get to pick and choose which ones you want. Either you have the fruit, or you don't. And our first three flavours are love, joy, and peace. When we show love, it is love for everyone, even those who have hurt us or who don't like us. That's what makes the Spirit so powerful! We are able to show love for people where it is humanly impossible. The same goes for joy. There are some people who can show joy even when they are hungry and oppressed. Their joy isn't happiness. Joy is bigger than that. Joy comes from the Spirit who knows that while this world can be hard, the next world is going to be fantastic! It's kind of the same with peace. You can have a whole bunch of crazy stuff going on. You could be in the middle of a war zone, but when you have the Spirit, you are able to stay peaceful and know that God is in control. Wow, that's some powerful fruit!

Live It:

'What lies nearest to your heart? Where is your ambition?' (General Bramwell Booth) That means what do you love most and what do you do with your time.

Do It:

Come up with all the things you think you would like to do when you grow up and then work out how they could help in God's mission.

In It:

Help me to be more obedient to my teacher.



Eat It:

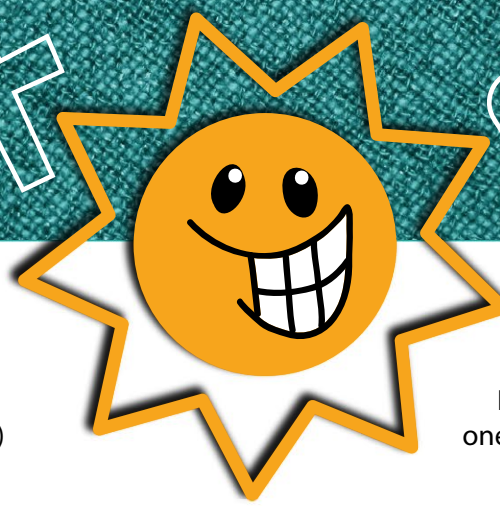
Galatians 5:22-23
Fruit grow when they are healthy. We need to make sure we are being watered so that we can grow some fruit. And what is the water? That is your rations, every day.

Read It:

One-year Bible Plan: Read 2 Kings 17, 2 Chronicles 28, Psalm 46 & James 3

Week 29

Day 5



Jehovah Rocks:

You are so good to me. You always love, You always forgive and You always answer when I call. (Psalm 86:5)

See It:

'Patience, kindness, goodness...' (Galatians 5:22b)

On It:

One thing I have never been very good at is patience. When I want something, I want it now, and can never understand why it takes so long. To this day I don't have any presents to open on Christmas day because I find them and open them the day before. I just don't like waiting. Does this mean I don't have the Spirit? Well, it's not really the kind of patience Paul is referring to. You see, the fruit are really about how we love and care for others. Patience is about being patient with other people, even if we know what we want for them. You may have somebody you want to bring to Jesus, and they may not be interested... now. But, hang on and you will see that slowly they will turn toward God. Don't give up on anyone but have patience and keep praying and you will see the Spirit move in that person's life. Through the Spirit we are also able to continue being kind and good to others, beyond what is asked for. When the Spirit is moving through us, we want to serve others, and make sure that they are comforted and loved. Is this person starting to sound like you?

Live It:

'In what direction do your hopes lie? Are you with the sheep which have been found, or is your heart outside with those which are lost?' (General Bramwell Booth)

Do It:

Eat a piece of fruit in nine bites and before each bite, say one of the fruit of the Holy Spirit.



In It:

Holy Spirit grow Your fruit in me: love, joy, peace, patience, kindness, gentleness, faithfulness, goodness, self-control.

Eat It:

Galatians 5:22-23
Fruit is sweet. It is good for you, and it helps you grow and stay healthy. When you have the fruit of the Spirit, you are going to continue to grow, and you are going to be sweet and attractive to others.

Read It:

One-year Bible Plan: Read 2 Chronicles 29-31 & James 4

Week 29

Day 6



Jehovah Rocks:

You love me so much that You rescue me from eternal death and instead give me life! (Psalm 86:13)

See It:

'Faithfulness, gentleness and self-control!' (Galatians 5:22b-23)

On It:

The final three qualities are very important and ones that the Holy Spirit really does well. To be faithful means to be both obedient in the things we do, but also to have faith in the things we cannot see. This can be hard so we need to rely on Him to help us or we will give up. Gentleness (meet my friend Jesus for the best example) sounds really weak, but it is really important! You see, Jesus wants us to preach the news to the poor and broken hearted, and you have to be gentle with broken people. Otherwise, you will offend people and turn them away from Jesus! And self-control is probably the one we rely on the most. God needs us to be holy people and He enables this through His Spirit. But without Him we are greedy, and we are selfish, and we are everything that Jesus was not. The Spirit gives us self-control that enables us to put others ahead of us. So, when we talk to others about Jesus, they understand because they have seen an excellent example... in us!

Live It:

'They are all around you; there are whole flocks of them in every land.'
(General Bramwell Booth)

Do It:

Recite your memory verse at the dinner table tonight.

In It:

Please help me to talk to _____ at school today about You.

Eat It:

Galatians 5:22-23

When you have the Holy Spirit working through you, you will be effective for God, sweet and attractive to others, and you will start to look and act like God! Wow! That's so good!

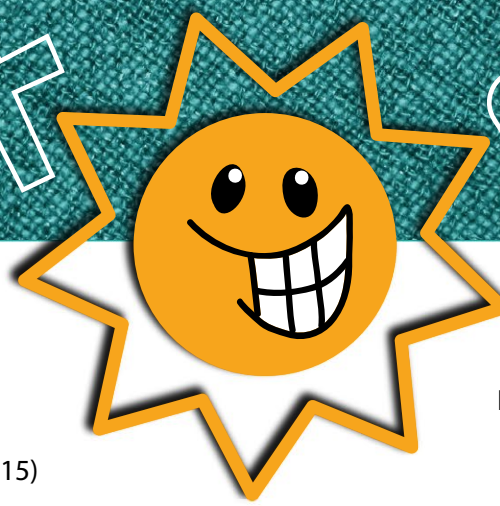
Read It:

One-year Bible Plan: Read 2 Kings 18-19, 2 Chronicles 32, & James 5



Week 29

Day 7



Jehovah Rocks:

You are so compassionate and loving and filled with grace. You are slow to get angry when we do the wrong things and You always forgive me when I sin. (Psalm 86:15)

See It:

'Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become mean, provoking and envying each other.' (Galatians 5:24-26)

On It:

This verse is a great summary for us on the Holy Spirit and helps us to know exactly what we need to do to have the Holy Spirit controlling our lives. First, we need to belong to Jesus. Second, we need to say goodbye to our sinful nature and say hello to living a life of placing God first in all our actions. Third, we need to live by the Spirit making sure we are staying holy and talking with the Him all throughout the day. Fourth, we need to know that if we don't do steps one to three, we are going to end up as nasty, mean, and sad people and that is no way to live as a child of God! So, praise You, Holy Spirit, and thank You for all that You do!

Live It:

Bramwell is basically asking you; is your life going to be spent trying to win others to Jesus, or do you have something more important to do?

Do It:

What is your answer to the question above? How are you going to spend life? Tell your mom or dad or someone special your answer.

In It:

Help me to be obedient to my parents.



Eat It:

Here it is again: 'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' (Galatians 5:22-23) Have you got that? Good work!

Read It:

One-year Bible Plan: Read Isaiah 36-37, Psalm 76, & 1 Peter 1