You are so strong and so big that You make me feel safe and loved! I am going to tell everyone about how good You are. I rely on You and know that there is no one that can beat You. Praise You! (Psalm 59:16)

Do It:

This week you are going to design some armour! Design a symbol or a 'coat of arms' for your armour.



in it:

Please protect me from the devil's tricks! Make me wise and strong please!

Eat It:

'We believe that our first parents were created in a state of innocency but by their disobedience they lost their purity and happiness and that in consequence of their fall all men have become sinners, totally depraved and as such are justly exposed to the wrath of God.' (Doctrine Five)

Read It:

One-year Bible Plan: Read Joel 1-3 & 2 Timothy 1

See It:

'Put on the full armor of God so that you can take your stand against satan's tricks. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.' (Ephesians 6:10-12)

On it:

With four brothers, I was often made to do a lot of favours that involved getting up from a comfortable TV-watching position. They would say 'I'll time you' and start counting. It would always get to about the number four before I cracked under the pressure and ran upstairs to get them a drink! I was weak and they were strong, which meant I became their slave. The same can happen in our battle against satan. You might be doing perfectly well serving the Lord and telling others about Jesus, and then all of a sudden he will get in your ear, put pressure on you and try to get you to do things for him instead of for God. Today's verse reminds us that we have to be strong in the Lord! We are weak by ourselves and that makes it easy to fall into the trap of being a slave for satan. But when we rely on God and use His mighty power, satan becomes a tiny bug that we can squash!

Live It: '14 Principles towards the Power of an Indestructible Army.' The eighth principle is Initiative, Innovation, and Ingenuity: What does that mean? It means we find new ways to do the same job we have always done. We have always used whatever was available to get the word out, even if no one else was doing it.

Yahweh, Your love is even better than life itself! And so I give You praise and say "thank You" for loving me! (Psalm 63:3)

See It:

'Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.' (Ephesians 6:13)

On It:

Superheroes always have a cool costume that set them apart from the regular people. When danger appears, they put on their costume and this changes them from being a regular person to being a strong superhero. Their costume is not just for looks, and usually they have a bunch of gadgets that help them in their many battles against evil. Well, God gives us a superhero outfit in our battle against evil. We will go through each one over the next few days, but for today you need to know two things. First, you must put on your armour! There is very little power in us, and if we try to battle satan without our armour, we will be defeated. Put on your armour, and you will be unstoppable. Second, the day of evil will come. You don't know when it will be, but you can guess it will be when you are doing something awesome for the kingdom. He doesn't like it when God has a victory and so he will try to stop you from winning people to Jesus. You are in a battle, and in every battle, there are two sides. But you don't have to be afraid. You know you are going to win... if you put on your armour and use the might of God! So, get out there and claim the victory!

Live It: '14 Principles towards the Power of an Indestructible Army.' The ninth principle is we must have an international perspective which means we want to be in all countries serving all people. This comes from Revelation chapter 7 where it talks about 'a great multitude that no one could count, from every nation, tribe...'

Do It:

Make/find some boots and decorate them to make them look like soldier boots.



in it:

Help me to see what You're doing and do what we're seeing.

Eat It: Doctrine Five

'Our first parents.' This is talking about Adam and Eve. If they are our first parents, then we're all related. Maybe we should care a bit more for each other, then!

Read It:

One-year Bible Plan: Read Jonah 1-4 & 2 Timothy 2

Thank You so much for answering my prayers and for always looking after me. (Psalm 66:20)

See It:

'Stand firm then, with the belt of truth buckled around your waist.' (Ephesians 6:14a)

On it:

You are a superhero when you go into battle for Jesus, but you don't get a cape and you don't have to wear your underwear on the outside of your pants. We are soldiers, and so we have the armour of a soldier. The first one for today is the belt. What does a belt do? It holds things together and without even knowing it, your armour is going to stay close to you. Your belt is truth and it is, therefore, the truth that will hold your faith and your actions together. Put on the truth! And what is the truth. Jesus is Lord! God is mighty and the battle is won! Death lost all victory through Jesus and because of this, we are invited to join God in Heaven forever! This is the truth! If you went into a battle and you knew you were going to win, how would you fight? Confidently and without fear. The truth is, satan has no power! I want you to be confident that the battle is already won, and we cannot be defeated, and then, fight like that.

Live It: '14 Principles towards the Power of an Indestructible Army.' The tenth principle is Sabotage of the Status Quo: Which means that we have to do even more than what is normal or what is expected of us, even when people don't like us because of it. Jesus did this all the time. He would eat with tax collectors and sinners and heal on the Sabbath and tell off Pharisees. He loved to break the rules... but only if it was to honour God and build the kingdom.

Do It:

Make a belt that will go with your armour.

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in it:

Thank You, Yahweh, that you give me the truth. Thank You that the truth is that You died for my sins, and now I am FREE!

Eat It: Doctrine Five

'Parents were created in a state of innocency.' God created Adam and Eve. He made them perfect, without sin. Praise God. Keep memorizing this doctrine.

Read It:

One-year Bible Plan: Read 2 Kings 13-14, 2 Chronicles 25, & 2 Timothy 3

I am not going to pray to a human or something fake. I am going to pray to You, Yahweh! And when I do, You will answer my prayer and give me the love that I need. (Psalm 69:13)

See It:

'...With the breastplate of righteousness in place... And with your feet fitted with the readiness that comes from the gospel of peace.' (Ephesians 6:14b-15)

On It:

The breastplate of righteousness sounds very cool, and it is! God is a righteous God and He is good, and He wants what is good for us. He also wants us to be the same way, righteous. In battle, you can't be all talk. If you go into battle and you are not holy, and you don't actually live all that you declare, you will be defeated. We need to be holy people. We need to be, and not just want to be, the people God wants. The breastplate guards our chest. And what's in our chest? Our heart! We need to guard our hearts and keep our motives fixed on the will of God if we are to have any victory in the battle. Today, we also get a good pair of boots. Why would we need boots? Well, they help us walk over any sort of ground we find. If we were wearing sandals or slippers and we had to walk over thorns or rocks, we would struggle. But boots protect our feet and make us more adventurous. God wants us to GO and take the good news wherever we go. In our fight to win the world, we use peace and good news that Jesus can save, and that God loves us. So, start walking, no matter how hard it may seem, and tell everyone about the good news of Jesus!

Live It: '14 Principles towards the Power of an Indestructible Army.' The eleventh principle is we need to have an uncompromised commitment to holy living. This means that as an army we need to be holy so that people will believe us and see God in us when we help others.

Do It:

Make a breastplate and stick your coat of arms on the front.



in it:

Ask God for the things that you will need that will help you in your mission.

Eat It: Doctrine Five

'By their disobedience they lost their purity and happiness.' Sin rips away our purity AND happiness. When we sin, we become impure. And we lose the source of our happiness, our security in God.

Read It:

One-year Bible Plan: Read Amos 1-3, Psalm 80 & 2 Timothy 4

I am going to celebrate and be excited because I know that You love me and save me! (Psalm 70:4)

See It:

'In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.' (Ephesians 6:16)

On it:

Oooo, the shield of faith... this is a good one! Satan is going to throw flaming arrows at you! And what will that look like? Usually it comes in the form of lies! He lies and tells us we are weak, that we have no faith, that God doesn't really like us, that we are not really forgiven, that we will fail, that we have no real friends, that God isn't real... oh, there are endless lies he will tell you but they all have something in common. They are LIES! Don't listen to them... they are flaming arrows. And you know what stops an arrow? A shield! A shield of faith! Because you know what squashes lies? You guessed it... FAITH! Faith conquers doubt, and doubt is all satan needs to break you. So, don't be afraid of satan or his tactics, because all you have to do is hold onto your faith. Remind yourself that you are a child of God and He loves you so much, that you are strong in the Lord and in His mighty power, that Jesus came and died and that you are saved! Satan cannot get you unless you remove your shield of faith... so why would you want to do that?!

Live It: '14 Principles towards the Power of an Indestructible Army.' The twelfth principle is the Vociferous Zeal: Wow, that's a big word! (it's a Munn thing) Basically it is saying that we are really loud and enthusiastic about our faith. We don't sing quiet little songs in quiet little congregations. We sing loud with a big band and we are on the street in uniforms you can see! So, 'keep it zeal!'

Do It:

Make a shield and place another coat of arms on that.



in it:

Please give me lots and lots of passion and zeal so that I can serve you well for all of my days on earth!

Eat It: Doctrine Five

'And that in consequence of their fall all men have become sinners.' 'In consequence' talks about consequences of sin. In other words, because they sinned and fell from God's grace, we have become sinners. Adam's sin brings us death. OUR sin brings us fire. Keep memorizing this doctrine.

Read It:

One-year Bible Plan: Read Amos 4-6, Psalm 86, & Titus 1

You are the King and You will rule forever and ever! (Psalm 29:10)

See It:

'Take the helmet of salvation.' (Ephesians 6:17a)

On it:

When I was little, it wasn't very common for kids to wear helmets when the rode their bikes. The problem was, I really wasn't very good at riding my bike. I was going down a steep hill one day and couldn't stop! My brother decided to stand with his bike right in my path so that he could stop me. I crashed into him hard and we both got hurt. You know what hurt the most? My head! Because I wasn't wearing a helmet! We get a helmet as part of our armour, and it is very important that you remember to put it on. The helmet protects our head, which is important because our head holds our brain! Our brain can be our worst enemy because it's here that we think about things and work out whether they are true. Our brain holds the knowledge that we are saved, knowledge that we are forgiven, and that nothing will separate us from God's love. So, keep the helmet on and remember that if you have repented of your sins, you believe in Jesus and you continue to be obedient to what God wants from you... you are saved!

Live It: '14 Principles towards the Power of an Indestructible Army.' Here's an important principle Steve added... Covenant. We love to make promises to God and to keep them. Parents make a dedication promise, kids make a junior soldier promise, adults make a senior soldier promise and Officers make an officers' covenant. We believe in dying to our own plans and living totally for God's! It's fun!

Do It:

Make and decorate a helmet for your head.



in it:

Help me put on all Your armour: the helmet of salvation, the sword of Your Spirit, the shield of faith, breastplate of righteousness, the belt of truth, and the boots of the Gospel of peace.

Eat It: Doctrine Five

'Totally depraved.' Depraved means evil, corrupt, immoral, bad. When it says that we are totally depraved it means that every part of us is corrupted or tainted or touched with evil. It doesn't necessarily mean that every part of you is totally evil. But it sort of means that every part has a bit of an evil smell, it's not all bad, but it smells funky enough to not want to be near it.

Read It:

One-year Bible Plan: Read Amos 7-9, Psalm 104, & Titus 2

I want to thank You from the bottom of my heart, and I will never stop praising You! (Psalm 30:12)

See It:

'And the sword of the Spirit, which is the word of God. And pray in the Spirit at all times with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.' (Ephesians 6:17b-18)

On It:

All the other armour will protect you in the battle, but the battle is fought and won with the sword, which is the word of God. The word needs to be on our lips, ready for any conversation or attack from satan. Why do you believe in God? How are you saved? Learn God's word and be ready for God to speak through you at any moment. That's why we ask you to learn the memory verses. You should be able to stab any attack on God or your faith with the word of truth and you need to do that right in the battle, not twenty minutes later after you have found your Bible! Our last instruction is for the battle. We are told to pray... all the time! If the battle happens in the daytime, you want to make sure you have the Holy Spirit with you, telling you what to do and say (the spoken word of God!). Pray for people, pray for faith, pray for help, pray for joy, pray for peace, pray for your teacher, pray for your friends, pray a praise to God... just pray!

Live It: '14 Principles towards the Power of an Indestructible Army.' The last principle is Simplicity (this is my personal favourite). As an Army, we try to live a simple life, which means we give away the luxury things we don't need and live like the people we are trying to serve. Now, lots of people don't follow this, but when we do, people really understand our gospel message. One classic example is the Slum Sisters who go and live in the slums with the poorest people to represent Jesus to them and to help get them to follow Jesus. **Do It:** Make a strong and sharp sword.

in it:

Put on all our armour and say this prayer out loud. 'Please help me to serve You as a zealous, covenanted, apostolic, prophetic, holy end-time warrior, strong in signs and wonders, healing, deliverance, and salvation.' Amen!

Eat It: Doctrine Five

'Justly exposed to the wrath of God.' Our sin will bring judgement. The only way out is repentance and faith. Memorize it. And tell five people about it today.

Read It:

One-year Bible Plan: Read Isaiah 1-3 & Titus 3