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# ***STEP-BY-STEP GUIDE***



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# How to do the things.

## Items needed:

- Leader notes
- Slides/notes for the Grid Definitions
- And for each student:
  - 24 pack of coloured pencil crayons
  - Copy of the "CCOF Lens Worksheet"
  - Copy of the "Personal Discipleship Grid" page
  - Copy of the "Reflect and Plan" page
  - Copy of the "Monthly Progress Journal" page

## 1 Explain the Lenses

Use the "CHRIST-centred OTHERS-focused Lens" pages to explain the lenses we look through as we review our personal discipleship journey. It's a glossary of terms for the CCOF filter, and gives a picture of what we mean when we say *discipleship*.

Students can fill out the CCOF activity sheet while you explain. For students who might appreciate a visual or kinesthetic tracking method, find some Trivial Pursuit game tokens and have students add a pie piece that matches the colour of each section of the grid as you explain.

(Alternatively, you can use part of the [Equalizer training video](#) - watch from 15:11 - 26:14)

## 2 Complete the grid

Read each of the 13 definition paragraphs one by one.

Have students think about how well the entire paragraph (not each individual point) represents them right now in their journey, colouring the Personal Discipleship Grid accordingly.

*This is not a grading system, but more a picture of how well they see themselves represented in each definition. Allow time here for processing and colouring. Remind students they are not comparing to others, they are simply comparing each section against themselves.*

## 3 Connect: Reflect & Plan

Have students connect with a leader/mentor, and reflect on their personal grid. Students can use the "Reflect and Plan" page to record the areas they have chosen to focus on.

Make a plan by perusing the menu options (QR code) for their chosen areas. The menu contains ideas to intentionally strengthen each area using their mind, heart or hands.

**OPTION:** Working in small groups, have students share their personal grids with each other, sharing next steps they'd like to take and praying for each other.

## 4 Review monthly

Connect and revisit the grid at the end of the month, review growth steps and select a new area or two to work on during the next month.

Encourage students to also continue faith habits they have gained in previous months.

Students should use the "Monthly Progress Journal" page to keep track of what they learn and experience during each month and use this to guide the next connection discussion.

## Additional Step for Camp Staff

Meet again at the end of the camping season to review and set goals for the first month in their local setting, encouraging them to identify a mentor in their context, or offer to continue as a mentor for them in the transition.

Commit to connecting with new supports to help them understand the grid and update them on progress.

Every 6-12 months have students recomplete their grid and reflect (steps 2-3). Then continue connecting monthly to reflect and plan.

*As students grow and work to strengthen their faith, their personal grid can change. Steps 2-5 can be continually repeated through their youth, and into adult life to support growth in their discipleship journey. Menu options are flexible and are hosted online as they change regularly.*

## 5 Reassess annually

# Discipleship Roadmap

## CCOF LENS WORKSHEET

### OUTWARD FOCUS

1. E \_\_\_\_\_ P \_\_\_\_\_ W \_\_\_\_\_
2. S \_\_\_\_\_ C \_\_\_\_\_ Mission
3. A \_\_\_\_\_ E \_\_\_\_\_ in the World

### TENACITY

4. H \_\_\_\_\_ S \_\_\_\_\_ H \_\_\_\_\_
5. H \_\_\_\_\_ S \_\_\_\_\_ C \_\_\_\_\_

### HOLY LIVING

6. S \_\_\_\_\_ and S \_\_\_\_\_

### ENGAGED IN MINISTRY

7. E \_\_\_\_\_ for Ministry
8. E \_\_\_\_\_ with Ministry

### RESPONSIBILITY

9. S \_\_\_\_\_
10. Discernment and D \_\_\_\_\_ - Making
11. R \_\_\_\_\_ to A \_\_\_\_\_
12. Response to G \_\_\_\_\_ C \_\_\_\_\_

### SALVATIONISM

13. B \_\_\_\_\_ / V \_\_\_\_\_ / B \_\_\_\_\_



### *The CHRIST-centred, OTHERS-focused Lens.*

READY to LEAD helps students look at their journey of faith through several key lenses. These elements work together to form a holistic, resilient expression of faith as CHRIST-centred, OTHERS-focused discipleship. They give us a strong, robust definition of what it means to be a disciple of Jesus.

These will be looked at in more detail as the personal discipleship tool is engaged by the students.

## **CHRIST-centred**

A CHRIST-centred disciple commits to living out their faith in the context of the gospel story. It is a CHRIST-centred story, and is the theological context from which we engage the elements of healthy faith. This is the 'soundtrack' of our faith experience:

### **C**anon

We believe that the truth contained in the Bible should form the basis for how we live our lives, make choices, act and react. It is a filter through which every element of our lives should run.

### **H**oly God

We believe that the God we worship is set apart as the One True God, can be known personally, and has revealed himself to us through the story of scripture.

### **R**edemption

We believe that sin is real and has consequences, and also that Jesus has made a way for us to be fully forgiven.

### **I**nward Change

We believe that God's work in our lives is a continual process that changes us from the inside out, making us more like Jesus as we follow him.

### **S**et Apart

We believe that we can live a holy life, and that this is made possible by the work of the Holy Spirit in our lives.

### **T**riumph

We believe that we can have a confident hope that God's good plans for the world and for us will ultimately be accomplished no matter what.



# OTHERS-focused

We then live out this story as OTHERS-focused disciples.

## **O**utward Facing

A healthy faith is deeply personal but it is not deeply private. This means having an **effective personal witness** that can be shared so that others can see God at work, living a life of mission and **sacrificial compassion** for the sake of others, and being **actively engaged** as a follower of Jesus in the world and in an individuals immediate circles of influence.

## **T**enacity

A healthy faith will make it for the long haul - it will 'stick' into adulthood. Tenacity is like the glue that holds it together, and it's made up of two critical things - **healthy spiritual habits**, and **healthy spiritual community**.

## **H**oly Living

Both an experience of **salvation** (accepting Jesus' gift of forgiveness of sin and choosing to follow him) AND an experience of **sanctification** (being made more and more like Jesus every day) are important to a healthy faith. This isn't a one time decision - it's one that needs to be chosen and worked on every single day.

## **E**ngaged in Ministry

Both soaking in the truth of scripture AND living it out in real ministry experience are two sides of the same discipleship coin. Being **equipped for** and **entrusted with** real ministry at every phase of the discipleship journey is essential for a healthy faith.

## **R**esponsibility

Having a healthy faith means being responsible to God for all he has given us and who he is making us to be. This means being a **good steward** of time, money, talents, resources and relationships. It means relating to and using **authority** in a way that reflects Jesus. It means **making decisions** in a godly way, and considering **God's plans** for my life ahead of my own personal ambitions, plans or goals.

## **S**alvationism

While a healthy faith can certainly be found in places other than The Salvation Army, the denomination that we're a part of has incredible impact on our journey, and it matters. Our **beliefs, values and behaviours** are part of how we express our personal faith.

### OPTIONAL VIDEO TEACHING:

For a video teaching option on the elements of the CHRIST-centred, OTHERS-focused filter, use the Equalizer Training video at [CANBDAYouth.com](http://CANBDAYouth.com) and watch from 15:11 - 26:14.

# Discipleship Roadmap

## PERSONAL DISCIPLESHIP GRID

Based on the description given of each OTHERS-focused area, colour in each area of the grid to reflect how you see yourself:

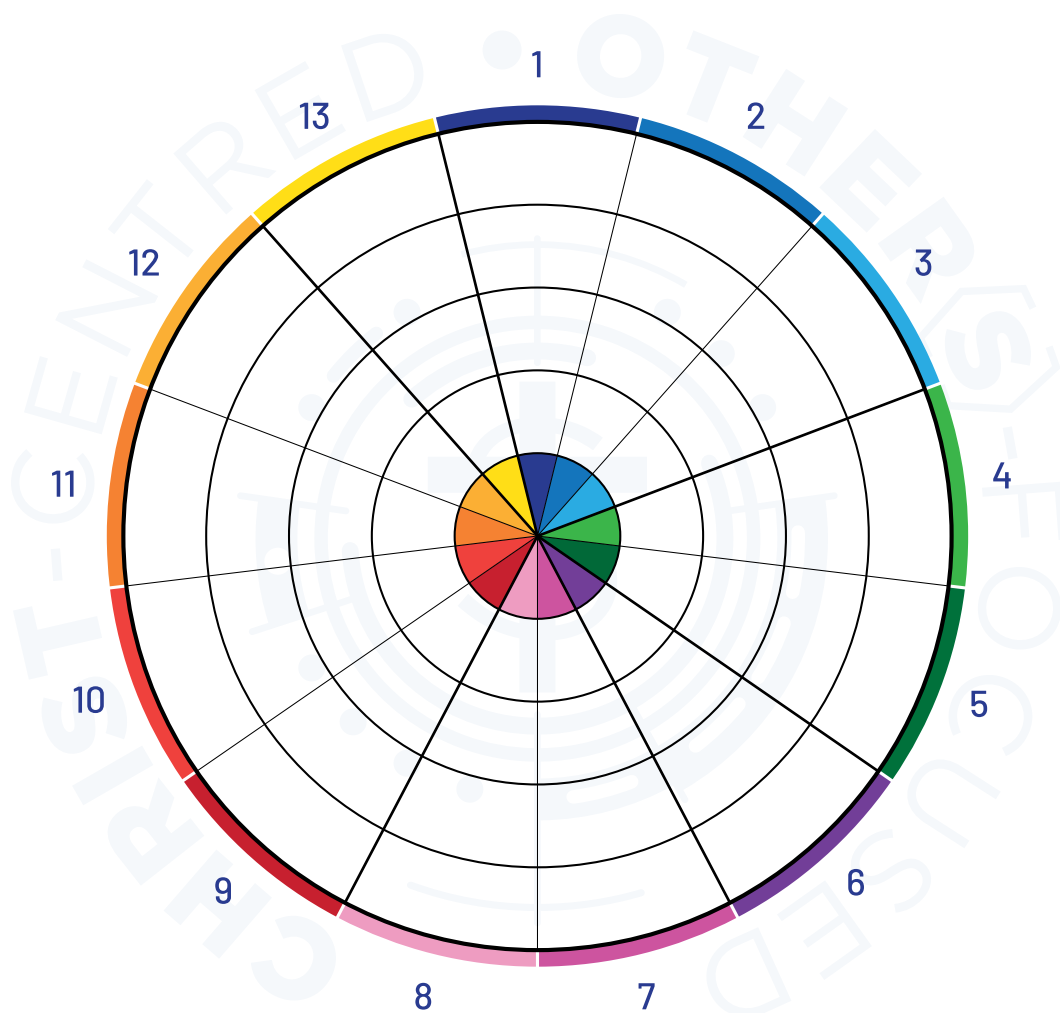
**Definitely Not Me**  
(no additional bars)

**Not Really Me**  
two bars

**Kind of Me**  
three bars

**Somewhat Me**  
four bars

**Definitely Me**  
five bars



- |   |  |
|---|--|
| 1. OUTWARD FACING - Effective Personal Witness        | 9. RESPONSIBILITY - Stewardship                    |
| 2. OUTWARD FACING - Sacrificial Compassionate Mission | 10. RESPONSIBILITY - Discernment & Decision-making |
| 3. OUTWARD FACING - Active Engagement in the World    | 11. RESPONSIBILITY - Relation to Authority         |
| 4. TENACITY - Healthy Spiritual Habits                | 12. RESPONSIBILITY - Response to God's Call        |
| 5. TENACITY - Healthy Spiritual Community             | 13. SALVATIONISM - Beliefs/Values/Behaviours       |
| 6. HOLY LIVING - Salvation & Sanctification           |  |
| 7. ENGAGED IN MINISTRY - Equipped for ...             |  |
| 8. ENGAGED IN MINISTRY - Entrusted with ...           |  |

## **1 EFFECTIVE PERSONAL WITNESS**

I regularly look for and notice God at work in my life. At any given moment, I could tell you what God is doing in my life, or share a recent God-moment.

I can explain the difference Jesus and my faith makes to me —my life and choices.

I can trace my spiritual story. I can see my place in God's story.

I regularly look for/take/grab opportunities to share my story with others—particularly those who don't share the same faith as me. I'm convinced that God could use my story to change someone else's life.

## **2 SACRIFICIAL COMPASSIONATE MISSION**

I consistently put others before myself. My heart is regularly moved by compassion for the needs of others.

In response to my faith, I look for opportunities to engage in service and mission opportunities. My love for Jesus is reflected in my love for others.

I look for ways to engage with the last, the least, and the lost. At my own personal expense (money, time, resources, energy, patience, etc.) I help other people even when it costs me something.

I value the practice/discipline of self denial so others can experience the love of Jesus. Following the example of Jesus, I find joy in serving somebody else. I'm convinced that my relationship with Jesus is not solely for my own benefit, but for the benefit of others—I'm saved to save, and saved to serve.

## **3 ACTIVE ENGAGEMENT IN THE WORLD**

I have circles of influence and levels of activity both inside and outside the church. I have friends/spend time with friends who are not Christians—who don't know Jesus. My not-yet-Christian friends know that I'm a Christian.

I'm engaged in areas other than church—my school, my friends, my work, sports teams, etc. I know my neighbours. I know what's happening in, and am aware of the needs in the world. I take time to make myself aware of the demographics, culture and needs in my world.

I have a diverse group of relationships.

I'm convinced that God is always at work in the world, even in places I would least expect—not just inside the church. I believe Jesus sends his followers into the world.



## 4

### **HEALTHY SPIRITUAL HABITS**

I regularly read and study my Bible, using it as the basis for my life, and as a filter through which I make choices, interact with others, and respond to situations.

My prayer life is consistent and healthy.

I have learned about various spiritual disciplines and practices and have put them into practice in my life. I ask others to hold me accountable in my spiritual habits and practices.

My relationship with Jesus is growing and moving forward.

I value worshipping with others.

When my daily spiritual rhythms are out of sync, I notice.

My daily habits move me closer to Jesus. I stay away from things that might harm my body, heart, mind and spirit, and that would pull me away from Jesus.

## 5

### **HEALTHY SPIRITUAL COMMUNITY**

I am part of a healthy community of believers where I feel I belong, am accepted and valued, and where I contribute to the group. While I have a wide spectrum of friends and circles, I allow those who are truly following Jesus to have the loudest voice of influence in my life.

I have a mentor and/or accountability partner.

I have meaningful relationships and faith conversations with people in generations other than my own. I'm sharing life and faith with a healthy community.

My relationship with Jesus influences how I interact with my family and my friends.

I believe that while my faith is deeply personal, it is not private. I am convinced that we are designed to share life and faith in community with others.

# 6

## SALVATION AND SANCTIFICATION

My identity is found in Jesus. Jesus forms my identity.

I choose to follow and trust Jesus with my life. I've accepted and experienced Jesus' forgiveness of my sins.

My goal is to be more and more like Jesus, and this is what I'm working towards every day.

I can see how God's Spirit is working in my life and guiding me to make me more like him. When others look at me they can see Jesus' character and love.

The fruit of the Spirit is evident and growing in my life.

I have a desire to continually grow in my faith, becoming more like Jesus.

I'm not my own—I'm His (Jesus').

My daily habits move me closer to Jesus. I stay away from things that might harm my body, heart, mind and spirit, and that would pull me away from Jesus.

## 7 *EQUIPPED FOR...*

I'm developing my ministry skills and increasing my capacity for leadership.

I know my spiritual gifts and am putting them to use.

I've considered how God has shaped me, and have thought about how this uniquely equips me to serve.

I'm being trained for leadership/ministry.

I'm seeking out opportunities to develop my gifts and skills, and to serve in a way that uses them. I'm convinced that serving is as important to my faith as learning is.

There are leaders I look up to and who I'm intentionally looking to for what I can learn from them.

## 8 *ENTRUSTED WITH...*

I'm currently involved in an area of leadership and ministry where I can use my gifts and skills. I have been given areas of responsibility in my church.

People trust me to carry out tasks that have been given to me.

People look to me as a peer influencer.

My involvement in areas of ministry is just as important to my spiritual growth as is my involvement in small group Bible studies or attending church.

I have seen how God is able to work through me to impact the lives of others.

## 9

### STEWARDSHIP

I regularly give my tithes and offerings at church as an act of worship and devotion to God. I believe I am responsible to God for using all he has given me for his glory, and for my faithfulness to allowing him to make me more like Jesus.

I am convinced that what I have is ultimately God's. I am just entrusted with it. I generously give to causes and organizations that I believe align with the values of God's kingdom.

I believe stewardship is more than just about money. It affects what I do with everything God has given me—my time, my talents, relationships, intellect, etc.—for him. I use my time wisely, so I can best serve God. I believe God should rightfully receive the first and best of what I am able to give in all areas of my life.

## 10

### DISCERNMENT AND DECISION-MAKING

I look for God's guidance when I'm making important decisions. I make wise decisions.

When making significant decisions I look to God's word and my community of faith to help inform and shape those decisions. My worldview and values are being informed and shaped by scripture, my faith, and the example of Jesus.

It is my desire to make the values of the Kingdom of God, and not the values of the world, the standard for my life.

## 11

### RELATION TO AUTHORITY

I treat the authorities in my life with respect—bosses, teachers, parents, leaders, mentors, government, etc. I believe that the way I respond to authority in my life is a reflection of my response to God's authority in my life.

I recognize that I hold a level of power, authority and influence in my own life, and I intentionally manage this in a godly way.

I have a teachable spirit and attitude. I do my best to be a Christ-like example to both those in authority over me, and to those who come into my circle of influence.

## 12

### RESPONSE TO GOD'S CALLING

I seek first God's kingdom and his righteousness—how I can best serve God and be the person he is making me to be—ahead of my own personal ambition, comfort, and preferences.

I aim to be obedient to the Holy Spirit's leading in my life, even when it falls outside of how I thought I saw things going. I'm open to going wherever God calls me, and doing whatever he calls me to do. I have a heart to serve God with my life, whatever that looks like.

## **13 BELIEFS, VALUES AND BEHAVIOURS**

I believe I am saved to save and saved to serve.

I value The Salvation Army as an important part of the Christian Church.

I'm on board with the mission and vision of The Salvation Army (see below) and I'm committed to doing my part to help see them accomplished.

I share the statements of faith (doctrines) of The Salvation Army as my own personal statements of faith.

I share the Army's values of hope, service, dignity, and stewardship.

### **MISSION:**

The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world.

### **VISION:**

We are an innovative partner, mobilized to share hope wherever there is hardship, building communities that are just and know the love of Jesus.



# Discipleship Roadmap

## REFLECT AND PLAN

Which 2 areas on the grid most closely resembled your current journey as you heard the definitions?  
(i.e. which sections did you colour in the most?)

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Which 2 areas least closely resembled you? (i.e. which sections did you colour in the least?)

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Which of these areas would you like to strengthen this month?

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Use the QR code to peruse the menu options  
for your chosen area/s.

Going forward steps:

AREA

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AREA

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# Discipleship Roadmap

## **MONTHLY PROGRESS JOURNAL**

for the month starting (date): \_\_\_\_\_

Area I'm working on this month: \_\_\_\_\_

Going forward steps:

Things I've learned:

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Ways I've changed: \_\_\_\_\_

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Area I'm working on this month: \_\_\_\_\_

Going forward steps:

Things I've learned:

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Ways I've changed: \_\_\_\_\_

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