You love me and I know that You want to speak to me. In Your mercy, please help me to hear You. (Psalm 69:16)

See It:

'Don't be afraid in any way of those who come against you. That will show them that they will be beaten and that you will be saved. That's what God will do. Here is what He has given you to do for Christ. You must not only believe in him. You must also suffer for him. You are going through the same struggle you saw me go through. As you have heard, I am still struggling.' (Philippians 1:28-30)

On It:

Paul almost trash talks the opponents of the Gospel. They are in for destruction, but you are in for salvation from God! Then Paul says you get to believe in Jesus AND suffer for His sake! Wow! God considers you worthy to suffer for representing Him and represent Him in suffering. God is good. So, don't be thrown off by opponents. The fact that you have them is a good sign that you are on the right track. You are hard at it. You are pressing into God. They don't like it. But unless they repent and believe, they can't be rescued. Jesus will save you. Be encouraged.

Live It: The Bridge continued

We are onto Step 2 - Our Problem: Separation from God. God created us for an abundant, meaningful life. He gave us a freedom and choice. But... we chose to disobey God. We still do. And this separates us from God.

Do it:

This week is pump up week! We want to make everyone feel good about themselves. Today, we want you to make a card for your teachers telling them something you are thankful for and something that they are very good at.

in it:

Ask God to empower your parents and leaders to live up to what God has dreamed for them.

Eat It:

'Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory amongst 'the Called Out' and in Christ Jesus throughout all generations, for ever and ever! Amen.' (Ephesians 3:20-21)

Read It:

One-year Bible Plan: Read Job 37-38 & 1 Corinthians 8

When I am sad, I know that I can turn to You and You will comfort me. (Psalm 86:3)

See It:

'It was almost time for Jesus to be taken up to Heaven. So, He made up His mind to head to Jerusalem.' (Luke 9:51)

On it:

Jesus 'made up His mind' to go to Jerusalem. He gathered up His courage and pumped Himself up for the journey to Jerusalem. You see, Jesus knew that when He got to Jerusalem the team He had built would crumble, that He would be betrayed, that He would be cheated and beaten, and that He would be crucified. He knew that there was going to be a lot of sadness awaiting Him in Jerusalem, from friends who would feel He let them down, to a mother who would feel abandoned, to followers who might lose their belief in His teaching. Who would want to go through that? But Jesus made up His mind to go to Jerusalem. He went with determination. He took aim at Jerusalem. And, do you know what? All those bad things happened. And, of course, He conquered sin and death and defeated the devil and rose again and started something that continues to grow by the scores of thousands every day as people are rescued from sin and hell by His sacrifice, by His grace, through their faith in Him. Hallelujah! Following Jesus is going to be hard. To follow means that you go where He goes. He went straight at the biggest challenge possible. He didn't get distracted. We, too, need to gather up our courage and make up our mind to go straight at the challenges required by faithful obedience to Jesus.

Live It:

There are a lot of verses for step two, so dig deep. A lot of people try to believe in Jesus BEFORE they repent of their sin. But it can't work

that way. So, make sure you do step two even if it feels like you are being mean. You just have to help them understand their sin.

Do It:

Tell a couple of your family members how much you love them, and something about them that you think is really good.



in it:

Please help me to explain sin graciously in a way that is understood. And help my friends to see their sin.

Eat It: Ephesians 3:20-21

'Him who is able to do immeasurably more than all we ask or imagine.' God our Father is able to do more than we can ask Him to do. He can do more-than-we-can-measure more than we can IMAGINE! Hallelujah.

Read It:

One-year Bible Plan: Read Job 39-40 & 1 Corinthians 13-14

I love You, Yahweh! I love that You listen to me when I call out to You. Thank You! (Psalm 116:1)

See It:

'But I will make you as stubborn and hard headed as they are. I will make your forehead like the hardest stone, harder than flint. Do not be afraid of them or terrified by them, even though they refuse to do what I tell them to.' (Ezekiel 3:8-9)

On It:

You may be wondering how you can gather up that courage from yesterday's bit. Well, today we answer your question. God will make your face as hard as your enemy's face and your forehead as hard as your enemy's forehead. There you go. A forehead like flint! Wow. You don't have to make it or harden it by lots of practice banging into brick walls. He makes it hard. He gives you the resolve, the courage. You can slam that thing into almost anything. You can drive straight ahead in God's will to accomplish His purposes. Don't let anything stop you.

Live It:

Here's the first verse: 'For all have sinned and fall short of the glory of God.' (Romans 3:23) We ALL need forgiveness. Even the kind little old lady down the street. Everyone!

Do lt:

Tell a couple of your friends at school that they are really good at something and encourage them to continue working hard.

in it:

Please show me any sins that are left in my life so that I can be closer and closer to You!

Eat It:

'According to His power that is at work within us.' (Ephesians 3:20-21) This part is even more mind-boggling than the first part. He can do all that He can do according to His supernatural power that works THROUGH US! His power working through us – Hallelujah!

Read It:

One-year Bible Plan: Read Psalm 149 & 1 Corinthians 15-16



You are so wise and good and I will follow the path that You set for me because Your ways are much better than mine. You make me a better person because I follow You. (Psalm 119:32)

Do It:

Make a card for your corps officers and tell them that you are praying for them and thank them for one thing in particular that you admire about them.

See It:

'We preach about Him. With all the wisdom we have, we warn and teach everyone. When we bring them to God, we want them to be perfect as people who belong to Christ. That's what I'm working for. I work hard with all of Christ's strength. His strength works powerfully in me.' (Colossians 1:28-29)

On it:

Have you ever heard anyone talking so confidently about what they had done that you thought, 'man, what a bragger!'? Well, Paul is not bragging here. He is in the middle of a revolution – he's leading it – and he's just plainly telling people how he is doing it, and how they can join him. What? He is preaching the gospel of Jesus to everyone. How? With all wisdom. Why? To present everyone perfect in Jesus – Holy! When? Now (he speaks in the present tense – we DO this). And that is just verse 28. In the next verse he explains that he also throws himself into it with all he's got, fighting with everything GOD has IN him – God working powerfully in Paul. If it wasn't true it would be silly bragging. But Paul was just a man. If God can empower him mightily in his war fighting then God can do the same thing in and through you, and us!

Live It:

Here's the next verse for step two: 'Your iniquities have separated you from your God; your sins have hidden His face from you so that He will not hear.' (Isaiah 59:2) Remember, you can look back to the week this verse was explained in your Eat It section.



in it:

Thank You for my Corps Officers. Give them wisdom and love and grace and joy and funny messages!

Eat It: Ephesians 3:20-21

'To Him be glory amongst the 'Called Out". That's all of us who have accepted Jesus' call out of the kingdom of darkness into His Kingdom of Light. May we all reflect glory to God!

Read It:

One-year Bible Plan: Read Job 41-42 & 2 Corinthians 1-2

You are Yahweh! The King of the whole world and of Heaven! (Psalm 83:18)

See It:

'God is able to do far more than we could ever ask for or imagine. He does everything by His power that is working in us. Give Him glory among 'the Called Out' and in Christ Jesus. Give Him glory through all time and for ever and ever. Amen.' (Ephesians 3:20-21)

On it:

What is the most amazing thing you can imagine? Because our God can do it. But not only do it, He can do beyond that. But not only that, He can do abundantly beyond that. But not only that, He can do it 'exceeding abundantly' (that's how 'King James' puts it) beyond that. Whew! The best thing you can think up and that is not even God warming up – He's prepared to do WAY more than multiple times what you've dreamt up. Hallelujah! How is this a pump-up verse? Sure, it pumps up God, and that is fantastic! But, if you read it closely, it is pumping up God for a bunch of mind-blowing stuff that He does by His supernatural power that works WITHIN US! Woah! Did you catch that? WITHIN YOU! Hallelujahweh!

Live It:

The next verse for step two is: 'For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.' (Romans 6:23) Our sins mean that we should be nowhere near God. We should fall right off that cliff. BUT God has other plans for us, and He makes those plans possible!

Do It:

Go and tell your parents how thankful you are for everything they do. Try to think of something in particular that you love about them and tell them that.



in it:

Thank You so much for my parents, and for the people in my life that look after me and show me how to be a good person. Bless them all, Lord!

Eat It: Ephesians 3:20-21

'To Him be glory in Christ Jesus.' May everyone in the world honour Jesus with our lives.

Read It:

One-year Bible Plan: Read 2 Corinthians 3-6

It is amazing because I am sitting close to You, Yahweh, and You are the creator of the universe! (Psalm 91:1)

See It:

'I have not yet received all of those things. I have not yet been made perfect. But I keep going to take hold of what Christ Jesus took hold of me for. Brothers and sisters, I don't think that I have taken hold of it yet. But here is the one thing I do. I forget what has happened in the past. I push hard toward what is ahead of me. I move on toward the goal to win the prize. God has told me I am going to win it. The heavenly prize is Christ Jesus Himself.' (Philippians 3:12-14)

On it:

I have a buddy who is non-stop action, all the time! He is like the energizer bunny! He just won't stop. He might not be the tallest guy on the basketball court, or even the quickest, but he just doesn't stop running and jabbing and swooping and jumping and rebounding and decking and faking and driving and... I get tired just describing it. Paul's a bit like that. I mean, he's a hero revolutionist. He's raised dead people and kicked demons. He's healed sick people and introduced heaps of people to Jesus. But he just won't stop. He hasn't arrived yet. He's not resting on what he has done. He keeps pressing on. He has a 'bulldog' anointing. He's got his chompers on this goal and he just won't let go. He's going for the goal to score the prize of the upward call of God in Christ Jesus. Now there's an example for us. Relentlessly aim at laying hold that for which you were laid hold of by Christ Jesus – perfection!

Live It:

The final verse for step two is: 'Just as people are destined to die once, and after that to face judgment.' (Hebrews 9:27) We don't 'deserve' God.

We 'deserve' judgement and death. BUT again, God has other plans for us, and He makes those plans possible in step three!

Do It:

Write a card thanking your leaders for all that they do for you and others.

in it:

Praise You, Lord, for the plans and purposes for my life.



Eat It: Ephesians 3:20-21

'Throughout all generations, forever and ever. Amen!' This goes on forever. We want everyone to honour Jesus all the time and for all time. Hallelujah!

Read It:

One-year Bible Plan: Read 2 Corinthians 7-10

You are better than anything and everything! (Psalm 97:9)

See It:

'To those who are weak I became weak. That was so I could win the weak. I have become all things to all people so that in all possible ways I might save some. I do all of that because of the good news. And I want to share in its blessings. In a race all the runners run. But only one gets the prize. You know that, don't you? So run in a way that you will win the prize. All who take part in the games train hard. They do it to get a crown that will not last. But we do it to get a crown that will last forever. So I do not run like someone who doesn't run toward the finish line. I do not fight like a boxer who hits nothing but air. No, I train my body and bring it under control. Then after I have preached to others, I myself will not break the rules and fail to win the prize.' (1 Corinthians 9:22-27)

On It:

Only one person wins a race. Run the race of the Christian war to WIN. Athletes train like crazy so they can win a little race. Train like crazy spiritually to win something that has eternal rewards. Discipline yourself. Maybe that means adding a chapter of reading every day from the Bible from the bottom of these pages. Maybe it means adding more people to your prayer list. Maybe it means trying to pray ALL THE TIME to God by simply telling Him that you love Him and thanking Him for His love and forgiveness and salvation. Toughen up. That way, when you are attacked for loving Jesus, you won't crumble like a sack of potatoes.

Live It:

On our own, there's no way we can attain the perfection needed to bridge the gap to God. Good works won't do it, or religion, or trying to be really good or nice. We try to find another way... but the verse below shows us that we fail. 'There is a way that seems right to a person, but in the end it leads to death.' (Proverbs 14:12)

Do It:

Welcome everyone who comes into the meeting by shaking hands and saying – God bless you!

in it:

Imagine Jesus is right in front of you. Tell Him 'thank you' for being the bridge hat brings you over to be with our Father God.



Eat It:

'Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory amongst 'the Called Out' and in Christ Jesus throughout all generations, for ever and ever! Amen.' (Ephesians 3:20-21) Hallelujah! Memorize this verse, and then pray it back to God!

Read It:

One-year Bible Plan: Read Psalm 124 & 2 Corinthians 11-13