I have nothing to be afraid of because I have God on my side! What is the worst that anyone could do to me? I would still be with You! (Psalm 56:4)

See It:

'We know that our old sinful selves died with Christ so that sin loses its power in our lives. We are therefore no longer slaves to sin.' (Romans 6:6)

On it:

We're starting our little focus on holiness with death. Why would you start holiness with death? Well, you have to kill some things before others can live. For example, if you have cancer, the doctor uses medication to kill the cells in your body that hold the cancer. The doctor needs to kill it so the patient can have life. Each of us has what is called the sinful nature - which means we automatically want to be selfish and do whatever we want. You can even look at your baby brother or sister if you have one – and see that this is true. Trust me, after they cry for the toy you had and get it, they get a little glimmer in their eye as they think "hehehe, I got the toy!" But this verse suggests that we can do away with this natural inclination to act selfishly, that we can end that first reaction of selfishness. It's amazing. And most Christians don't get it. How do you make this happen? Well, we'll camp out on this in the coming days, but the short answer is - repent and believe (just like getting saved!). You'll also want to renounce (or, renunciate- which means saying you no longer want to do something) and consecrate (which means devoting that thing / your life to God). So renunciate and consecrate. Can you say that five times fast out loud? Try it (renunciating and consecrating, that is, not necessarily the saying it five times fast out loud! [and, yes, 'renouncing' is simpler, but it doesn't rhyme with consecrating!]).

Live It:

'It is this holiness... that we Salvationists must maintain, otherwise we shall betray our trust...' (Commissioner Samuel Logan Brengle)

Do It:

The challenge for this week is going to be a week of reciting things that you've learned, so spend today brushing up and reading over some stuff.

in it:

Please teach me what it means to be holy.

Eat It:

'We believe that the Lord Jesus Christ has, by His suffering and death, made atonement for the whole world so that whosoever will may be saved.' (Doctrine six) Memorize.

Read It:

One-year Bible Plan: Read 2 Kings 20, Isaiah 38-39, Psalm 75, & 1 Peter 2



You make so many wonderful promises to me and I trust You, and know that You will keep Your promises. Thank You! (Psalm 56:10)

See It:

'My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave Himself for me.' (Galatians 2:20)

On It:

Ask your Sunday School teacher or Junior Soldier Sergeant to teach you this old song – 'It's no longer I that liveth but Christ that liveth in me; It's no longer I that liveth, but Christ that liveth in me. He lives, He lives. Jesus is alive in me! It's no longer I that liveth but Christ that liveth in me.' Most Salvationists don't lie in their speech but sometimes they lie in their singing! This song is a hardcore testimony. Paul is actually saying that he does not live anymore but that Jesus is living His life through Paul by faith in the loving Son of God. The key for Paul here is faith. For you and me, we have to believe that God is able to do this – to put to death the naturally selfish desires inside of us and replace them with supernatural God-pleasing desires. Paul and Silas and Timothy and others testified to it in the Bible. Countless Jesus freaks have testified to it since. You're next!

Live It:

'We shall lose our birthright; we shall cease to be a spiritual power on the earth; we shall have a name to live and yet be dead...' (Commissioner Samuel Logan Brengle) Are you starting to see how important holiness is?

Do It:

Go to a family member and recite five memory verses.

In It:

Please help me to let You live in me.

Eat It: Doctrine six

'The Lord Jesus Christ.' He is Lord. That means noble 'master'. He is not just a teacher or a prophet. He is the divine King. We must submit to Him and obey the things He tells us to do.

Read It:

One-year Bible Plan: Read Isaiah 40-42 & 1 Peter 3

I will thank You, Yahweh, for all that You do for me! I will tell everyone about the wonderful things You have done in my life. (Psalm 57:9)

See It:

'Now may the God of peace make you completely holy in every way, and may your whole spirit and soul and body be kept blameless until the coming of our Lord Jesus Christ.' (1 Thessalonians 5:23)

On It:

This verse is a powerful one that The Salvation Army has used in Doctrine 10. Remember that what God commands, God enables. That means that if God says He wants us to do something, He is going to give us the power to get it done. And here we can be sure that Paul wants God's will for us. We can have confidence that the God of peace is faithful, and He will do it if we let Him. He wants to preserve you wholly sanctified – that is, completely set apart, completely filled by Holy Spirit, completely transformed – and without blame. When that happens, your life is pleasing to God. That doesn't mean that you are able to perfectly obey Him in everything. But it does explain that your motivations, or your reason for doing something, are good and pure. It is not that you will suddenly do everything perfect, it's that you will want to do everything that is perfect as a way of showing God you love Him.

Live It:

'Our glory shall depart; and we, like Samson shorn of his locks, shall become as other men.' (Commissioner Samuel Logan Brengle) So if we don't stay holy, we are just followers of Jesus without any power! What good is that?

Do It:

Go to a family member and recite two doctrines.



in it:

Give me the power to stay holy! Please!

Eat It: Doctrine six

'By His suffering and death.' Jesus was beaten and crucified – killed - all so that we could be forgiven if we repent and believe. Memorize this doctrine.

Read It:

One-year Bible Plan: Read Isaiah 43-45 & 1 Peter 4

Everything You do proves to me how worthy You are and how amazing You are. Praise You, Yahweh! (Psalm 111:3)

See It:

'But now you must be holy in everything you do, just as God who picked you and saved you is holy. For the Scriptures say, "You must be holy because I am holy." (1 Peter 1:15-16)

On It:

Heaps of times through the Bible we are commanded to be holy. What God commands, God enables. That means, if He commanded Mr. Incredible to save Metroville He would not expect Mr. Incredible to do it himself (since Mr. Incredible was unable) but He would give him a flexible wife – ElastaGirl, and two bright-eyed kids – Violet and Dash – to help him do it. If He commanded you to jump over the school He'd provide you a way to do it (if He didn't then He'd be a mean God because He commanded you to do something you were unable to do and then He'd punish you for your disobedience! That's messed up!). So, God commands something. If you are unable, He enables. What God commands, God enables. And He commands you to be holy.

Live It:

'The souls with whom we are entrusted will grope in darkness or go elsewhere for soul-nourishment and guidance...' (Commissioner Samuel Logan Brengle) If we lose our power to help others, they will be lost, or worse, they might try out trusting in the 'big lying jerk' (satan) for a while.

Do It:

Go to a family member and recite the first ten books of the Old Testament.



in it:

Thank You so much that You are a God who allows me to do amazing, miraculous, huge, awesome, jaw-dropping, life-changing, sensational, eye-opening things for You in Your name. Thanks for including me!

Eat It: Doctrine six

'Made atonement for the whole world.' Big word here – He made up for the sins of the whole world. His death is enough for the forgiveness of everyone, not just those in your country or your religion or your continent – the whole world!

Read It:

One-year Bible Plan: Read Isaiah 46-49 & 1 Peter 5

When I look up at the sky at night and see how beautiful it is, I know that You made it all! You are an amazing creator. (Psalm 19:1)

See It:

'Don't get drunk with wine, because that will mess up your life. Instead, be filled with the Holy Spirit'. (Ephesians 5:18)

On It:

Now, we talked about death of your sinful nature. That is the negative part of holiness (negative in that it takes away the power of your natural inclination to act selfishly). But holiness is more than just taking away. When Genevieve got holy, she wasn't just Genevieve minus her sinful nature. She was that, yes. But she was also Genevieve PLUS the Holy Spirit. Stay with us, here. Everyone who repents and believes and follows Jesus has the Holy Spirit in them. But Paul is instructing those very people – Jesus soldiers in Ephesus – to be filled with the Spirit. They already have the Spirit in them. But they are to be continually filled with Holy Spirit. Once you repent of any leftover sins, renounce them (which means say out loud that you are no longer going to have anything to do with those sins!), you can give every part of your life to God (for example, your schooling, your friendships, your family relationships, your Salvation Army commitments, your chores, your fun habits and games, etc.) - that's the renunciation and consecration part. After that, you can ask Holy Spirit to fill you. Go for it!

Live It:

'and while we may still have titles and ranks, which will have become vainglorious, to show upon our children...' (Commissioner Samuel Logan Brengle) We can still look like a Christian, and be rewarded by others for being one without even keeping our holiness, but it won't last without the power of the Holy Spirit.

Do It:

Recite a memory verse (not one from Tuesday) to your teacher.

in it:

Get rid of my sins please! Get rid of _____ and _____ and _____ and _____ I am not going to do them anymore. I want all my life to be for You. Please fill me with Your Holy Spirit today, and every day. Thank You!

Eat It: Doctrine six

'Whosoever will may be saved.' This means that whoever decides to repent and believe can be saved. This is important because Jesus died for every single person, but for every single person to be saved, each one must individually decide.

Read It:

One-year Bible Plan: Read Isaiah 50-52, Psalms 92, & 2 Peter 1

I want to do good things here in my life, because I know I can honour You and give You the glory for anything good that I do. (Psalm 21:5)

See It:

'You yourselves are our witnesses—and so is God—that we were good and honest and faultless toward all of you believers.' (1 Thessalonians 2:10)

On It:

Paul is pretty matter of fact about this, but he says the Thessalonian soldiers of Jesus that they saw for themselves how Silas, Timothy, and he were good, upright, and blameless when they visited. Today, if someone talked like that you might think they were bragging or something. But Paul is just reminding them that they have seen for themselves firsthand what holiness looks like. These three warriors of Jesus – Silas, Timothy, and Paul – were living examples of holy people and walking examples of the doctrine of holiness. The good news is that there are still walking examples of holiness. You might even know a few of them. If you don't, we'd love to introduce you to some of them.

Live It:

'We shall have no inheritance to bequeath them of martyr-like sacrifice, or spiritual power, or dare-devil faith, or pure, deep joy, of burning love, of holy triumph.' (Commissioner Samuel Logan Brengle) An inheritance is the good stuff that is left to you when your parents die. Our holy inheritance should inspire our children to do greater things than us. So, if you're bland... that's what you'll pass on! So, get holy!

Do It:

Go to a family member and recite another two doctrines. If you don't know two more by heart, then ask someone to help you memorize two more.



in it:

I want to pass on a great spiritual inheritance to all the people who will look up to me. Please help me God.

Eat It: Doctrine six

'May be saved.' We can be saved from sin, from hell, from despair, from purposelessness, from a waste of a life if we repent of our sins and believe and follow Jesus. Hallelujah. Memorize this doctrine.

Read It:

One-year Bible Plan: Read Isaiah 53-56 & 2 Peter 2

I want to thank You, Yahweh, for all You have done in my life! I will tell everyone about You! (Psalm 75:1)

See It:

'May you experience and know the love of Christ, though it is so amazing you will never understand it completely. Then you will be made complete with all the fullness of life and power that comes from God.' (Ephesians 3:19)

On it:

Paul prays this powerful apostolic intercessory prayer for the soldiers of Jesus in Ephesus, all about the love of Jesus, the unity of believers, and the power of the Holy Spirit. Just before he finishes with a classic huge ending of praise to God, Paul asks that they be made complete with all the fullness of God. This is gobsmacking! We can be filled to the measure of the fullness of God!? HALLELUJAHWEH! Well, how about praying this for anyone you know – we'll pray it for you as our prayer today.

Live It:

Let's have that quote in full...

'It is this holiness...that we Salvationists must maintain, otherwise we shall betray our trust; we shall lose our birthright; we shall cease to be a spiritual power on the earth; we shall have a name to live and yet be dead; our glory shall depart; and we, like Samson shorn of his locks, shall become as other men; the souls with whom we are entrusted will grope in darkness or go elsewhere for soul-nourishment and guidance; and while we may still have titles and ranks, which will have become vainglorious, to show upon our children, we shall have no inheritance to bequeath them of martyr-like sacrifice, or spiritual power, or dare-devil faith, or pure, deep joy, of burning love, of holy triumph.' (Commissioner Samuel Logan Brengle)

Do It:

Go to a family member and recite the first ten books of the New Testament.

□ Matthew □ Mark □ Luke □ John □ Acts □ Romans □ I Corinthians □ 2 Corinthians □ Galatians □ Ephesians

in it:

Lord, please let this reader know Your love that blows away mere schoolbook knowledge and fill the reader up to the full measure of Your fullness, please!

Eat It:

We believe that the Lord Jesus Christ has, by His suffering and death, made atonement for the whole world so that whosoever will may be saved.

Read It:

One-year Bible Plan: Read Isaiah 57-59, Psalm 103, & 2 Peter 3