

PRAYER RUN ACTIVITY IDEAS

Being a part of a Prayer Run gives you time to pray for others. By watching and listening, you can learn something about other peoples' lives, and then respond by praying for their needs. The activities below will help you to focus your prayers and provide a way to leave a message of encouragement for others.



Chalk Prayers

A creative idea for all ages! Remember to bring coloured chalk with you as you set out to pray.

Each place you stop, leave your prayers behind you on the sidewalk! Good places for this include church parking lots, parks and schools. If you're feeling extra creative, include encouraging bible verses with your prayers.

Bubble Prayers

Give each child a small bottle of bubbles and show them how to blow gently to create bubbles.

Bubble prayers can illustrate the way our prayers make a beautiful offering to God. After each individual prays (or while they pray silently), they blow some bubbles.



Note Prayers

Choose some friends or people from your corps who live locally (who you can include on your prayer route).

Print out enough cards for one each, decorate them and write your name/s on the back. On your prayer run, stop at each house, and pray for the people living there - their health, safety, job, their walk with God - anything you can think of.

Before you move on, leave a card in their mailbox!

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