RUN WITH A RACE BIB

It sounds strange that runners wear a bib. A race bib is a mini sign that tells those along the race course that the runner is a member of the race. It has the name of the race and the number of the runner. Choose your number, and add some colour to your race bib (or just print it out). Then cut it out and pin it to your shirt for your Prayer Run.

(Reinforce each corner with tape before using four safety pins to attach it to your child's shirt.)









GARIER!

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CAN BDA YOUTH



GARIER!

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