

GLAMP Day

(A One Day Camp for Moms and Kids)

With our moms and children not being able to go to "overnight" camp we wanted to do something special for them. We decided to create a GLAMorous cAMP day experience for our moms! We are calling it Mom's GLAMP Day. Here is our schedule for the day with part of the day scheduled for pampering our moms while the children are down the street at a park doing fun activities and part of the day with planned activities together and also allowing for some "free time" together. We will end the day with a campfire and BBQ. This is our first ever GLAMP Day and we have chosen the theme BODY, MIND and SOUL and look forward to a great day focusing on these three things.

- Lori Wilson, Richmond Hill Community Church

SAMPLE SCHEDULE:

**We invite you to our Mom's GLAMP Day
This Friday, August 6th - Starting at 10:00 a.m.**



Dear Moms,

We are so happy you are joining us this Friday. There is a full day planned so make sure to arrive at 10:00 a.m. for registration and COVID screening. You will want to bring swimsuits, towels, sunscreen and hats for everyone. The cost for the day is \$5. If you have a lawn chair or blanket, bring it along. We would also like each person to have a mask available. Here is a tentative schedule of the day.

- 10:00 a.m. Registration and Covid Screening / Photo of Mom and Child/ren
- 10:20 a.m. Welcome
- 10:30 a.m. Combined art activity - Moms and Children
- 11:15 a.m. Kids to park for activities, snack, more activities, pizza lunch (Bring a towel to sit on and water bottle, sunscreen/hat)
Their leaders and helpers will bring them back after lunch to join with moms for further activities and free time together.
- 11:30 a.m. Mom's Time - Devotional with Beth
Pampering and CALM activities prepared just for moms (includes hand treatment, jacuzzi time, aquafit and chill time)
- 12:45 p.m. Lunch will be served
- 1:30 p.m. Optional and planned activities (pool time, lawn games, hanging out, planning for campfire)
- 4:30 p.m. Campfire (with songs and skits)
- 5:15 p.m. BBQ (burgers, roast hot dogs - marshmallows on campfire)
Hometime will be after BBQ

A lifeguard will be on duty but for young children we are asking mom to join them in the pool.

