



## Love Your Neighbour

14-Day Guide during COVID 19 Pandemic

Adaptation of Sandra Peoples 2013 "Love Your Neighbor"

Canada and Bermuda Territory

The Salvation Army - Integrated Mission

2020



**integrated mission**

## Content Adaptation - 14 days of Intentional Connections 2020:

### Day 1-14

1. Make Room – Refer to Sandra Peoples Document
2. Start Fresh
3. Take a Walk
4. Wave to Everyone
5. Clean Up Your Space
6. Hang Out in the Front Yard
7. Meet a Need
8. Ask for Help
9. Throw Out Your Agenda
10. Invite a Family Over
11. Start a Club
12. Celebrate Together
13. Plan a Block Party
14. Keep Loving



### Day 1 – Make Room

“To love your neighbors, you have to make room for them.” Identify one or two activities you could eliminate or adjust to make time to invest in your neighbours.

### Day 2 – Start Fresh

Do something – “lets focus on what we can do now”. Write an encouraging note or card for your neighbours and post in their mailbox.

### Day 3 – Take a Walk

“Walk around your neighborhood and pray for each family in each home”.

### Day 4 – Wave to Everyone

Wave to people, your neighbours as they pass your home, people in cars, children playing.

### Day 5 – Clean Up Your Space

Take a walk around your property and do a tidy up – thinking of others “count others more significant than yourselves,” (Philippians 2:3).

### Day 6 – Hang Out in the Front Yard

Be intentional about being available to have conversation with others, take a chair and sit on your front lawn, porch or common area in your apartment building.

### Day 7 – Meet a Need

Do Something Kind - Rake their leaves or shovel their snow, bake some cupcakes and share with your neighbours.

### Day 8 – Ask for Help

Go find a neighbour and ask them a question you think they might know something about ..... go on, give it a try.



## Day 9 – Throw Out Your Agenda

Be intentional to take time to pray for you and your motivation to love your neighbours.

## Day 10 – Invite a Family Over

Given Covid 19 restrictions you will need to adapt this invitation. An outdoor BBQ on the weekend maintaining appropriate socially distance with masks if necessary or after work cup of tea and cake on the front lawn. Extending that conversation to enjoying a meal or beverage together can be a difficult step, but you can do it. What's the worse that can happen?

## Day 11 – Start a Club

During Covid 19 inviting your neighbours to a local virtual book club, paint group, online gym class or other social club should be much easier to do. So be intentional to invite your neighbour to join one of your social clubs.

## Day 12 – Celebrate Together

Take time to plan your next celebration opportunity and how you can invite your neighbours to enjoy the celebration with you. Given socially distance restrictions, you could think about drive-by, signs on front yards or virtual celebrations.

## Day 13 – Plan a Block Party

Ensure you follow your provincial guidelines on group gatherings outdoors, but a street/block party could really boost everyone's spirits during these trying times.

You could invite your neighbours to stand outside of their homes or balconies and enjoy some live music together, a dance party or an exercise class each morning or evening.

## Day 14 – Keep Loving

Continue to find ways to love your neighbours. Make a list, plan your strategies, be intentional and don't give up. You have the opportunity to make a difference in your community, so get out and do it.



## Day 15 – Debrief

How did you feel? Did you feel uncomfortable? Were you open to learning? Was there a “God moment”? How will you engage other corps members, friends and family to try the challenge? What is your next step to be intentional about creating space for conversation to build relationships?

**“We don’t love our neighbors to convert them;  
we love our neighbors because we are converted,”**

(The Art of Neighboring, Pathak and Runyon)



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