



PRAYER RESOURCE

for kids 3-10

YOU WILL NEED

- Battery operated candle
- Glass of water
- Paper
- Colouring pencils/crayons
- Phone or laptop

These stations are based on the “Every Child Matters” logo designed by Trinity Murphy-Dicker (an Inuk teen from Happy Valley-Goose Bay). You can watch the video where Trinity explains her logo design [HERE](#).

NORTHERN LIGHTS

The northern lights signify the beautiful teachings and knowledge of Indigenous culture.

Activity:

In Indigenous culture, water is very sacred. There are many teachings that tell us how water is life. Find a glass of water and take a big sip. Feel the water swish around in your mouth and travel down to your tummy.

Pray:

Creator, thank you for your gift of water. It reminds us how you care for us and continue to provide for us. Teach us to listen to the knowledge and wisdom of other people. There are many lessons that we can learn from each other. We pray that each time we drink water, it will remind us that we need to learn from the people around us.

TREES

Trinity explains that trees represent the journey of planting a path of healing where change can begin to grow.

Activity:

Visit www.native-land.ca to learn about the first peoples of the land you live on.

Pray:

Creator, teach me to walk gently in my community and learn about the history of our land. Help me to find the path of healing.

DRUM

Trinity decided to use a drum because it's important for Inuit and other Indigenous peoples. The sound of the drum is a soothing heartbeat of our cultures.

Activity:

Take your hand and place it over your heart. Feel your heartbeat and move your hand in rhythm with your heart.

Pray:

Creator, as we feel our heartbeat remind us that you have breathed life into all of creation. All peoples are made in your image - wonderfully and beautifully made!

PEOPLE

The people holding hands represent Indigenous peoples reconnecting with their identity, language and traditions, and celebrating their strong, beautiful, resilient heritage.

Activity:

With paper and a pencil, trace your handprint. In it, write one thing you can do or say to let people know about residential schools.

Pray:

Creator, we celebrate the diversity of the people around us. Help us to be people who replace hate with love, uncertainty with understanding and exclusion with acceptance.

FEATHERS

Trinity wanted to use an eagle feather because to her it means freedom. She says that "It was not an easy road for the ones before us". Because of residential schools, Indigenous people were not able to freely be themselves.

Activity:

Take a candle and light it in memory of the children who went to residential schools and did not return home to their family.

Pray:

Creator, you are a mother - loving and gentle. You are a father - strong and brave. You carry us like an eagle, soaring high above the clouds. We pray for the children who didn't make it home. We pray for their families and all the people who miss them. May you carry them, so that they experience your love and gentleness, and your strength and bravery.

*(resource written by Captain Crystal Porter,
Associate Territorial Indigenous Ministries Consultant)*



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KIDS PRAYER RESOURCE! ORANGE SHIRT DAY



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- GLASS OF WATER
- PAPER
- COLOURING PENCILS
- PHONE OR LAPTOP