



GUIDANCE

Mentors • Life Goals • Discipleship

Are you feeling ...

Lost? Directionless?
Motivated with purpose?

WHAT IS GUIDANCE?

Take a moment to reflect on the following verses:

“Plans fail for lack of counsel, but with many advisers they succeed” (Proverbs 15:22 *NIV*).

“In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams” (Acts 2:17 *NIV*).

Guidance involves choosing people to speak into your life regarding your plans, situations, dreams and visions. We often want to figure things out ourselves and make our own decisions.

WHEN DO I APPLY IT?

To get started, create a list of dreams, life goals, potential callings the Holy Spirit has laid on your heart, and your gifts and talents. Try to paint a picture of who you are and where you see yourself going. Spend some time discussing these things with

Yet, the Bible says we are a body of people who is dependent on one another (see Romans 12:3-8). It’s important to find advisers that can advise you about your visions, callings and dreams. Don’t try to figure it all out on your own, but depend on good, godly counsel.

Guidance works well when you have identified mentors in your life. These are people of faith whom you admire and respect. They could be family members, officers, professional spiritual directors, leaders in the church, etc.

your mentor(s).

Meet up with these people from time to time to keep them in the loop about where you are in your journey. If you find yourself in a crisis or a confusing time, take advantage of their guidance and direction.

READY TO PRACTISE GUIDANCE?

1. Create a list of people you know that could give direction in your life
2. Identify one to three people and ask if they would give spiritual direction
3. Schedule a time to connect and receive guidance

Want to learn more on guidance? Download a one-page study guide at www.SASpiritualLife.ca



GUIDANCE

Mentors • Life Goals • Discipleship

Are you feeling ...

Lost? Directionless?
Motivated with purpose?

WHAT IS GUIDANCE?

Take a moment to reflect on the following verses:

“Plans fail for lack of counsel, but with many advisers they succeed” (Proverbs 15:22 *NIV*).

“In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams” (Acts 2:17 *NIV*).

Guidance involves choosing people to speak into your life regarding your plans, situations, dreams and visions. We often want to figure things out ourselves and make our own decisions.

WHEN DO I APPLY IT?

To get started, create a list of dreams, life goals, potential callings the Holy Spirit has laid on your heart, and your gifts and talents. Try to paint a picture of who you are and where you see yourself going. Spend some time discussing these things with

Yet, the Bible says we are a body of people who is dependent on one another (see Romans 12:3-8). It’s important to find advisers that can advise you about your visions, callings and dreams. Don’t try to figure it all out on your own, but depend on good, godly counsel.

Guidance works well when you have identified mentors in your life. These are people of faith whom you admire and respect. They could be family members, officers, professional spiritual directors, leaders in the church, etc.

your mentor(s).

Meet up with these people from time to time to keep them in the loop about where you are in your journey. If you find yourself in a crisis or a confusing time, take advantage of their guidance and direction.

READY TO PRACTISE GUIDANCE?

1. Create a list of people you know that could give direction in your life
2. Identify one to three people and ask if they would give spiritual direction
3. Schedule a time to connect and receive guidance

Want to learn more on guidance? Download a one-page study guide at www.SASpiritualLife.ca