





Are you feeling ...

That you are serving two masters? Attached to something? A desire to put God first? That you have lost your first love?

WHAT IS WORSHIP?

Worship is a constant action/ expression and much more than what we do at church. It involves every aspect of our lives. One way to look at it is to evaluate how you live your life: Where are your priorities? What are the things second, third or fourth place, that are most important to you? Do any of these things come before God? Worship does not just relate to your relationship with God, but also your relationship to anything that could be taking God's rightful place in your life (i.e. money, work, sinful habits, entertainment, sports, school, relationships, family). Most of these things are not

evil in themselves. In fact. most of these things become more fantastic and fulfilling when God is the true object of our worship. But when we make such things the purpose of our life, God is then put in or worse. Christ says that it is impossible for us to serve two masters (see Matthew 6:24). Therefore we must examine the object of our worship. Do we worship our desires—the things we want-or do we worship God?

Putting God first in all areas of our lives is a spiritual discipline that is very rewarding and fulfilling.

WHEN DO I APPLY IT?

The easy answer is always, however, practising worship involves regular selfexamination. It requires an intentional effort to ensure God does not slip to second place. The Holy Spirit is active in our lives, working in us and drawing us closer to the Lord, day by day. Christ refers to this as a process of pruning (see John 15:5). Pruning

involves small losses for huge gains. Worship involves a surrendering (pruning), releasing those things that we have allowed to be the object of our worship instead of God. It does not mean that we necessarily lose those things, but they are no longer the primary reason for our living and being.

READY TO PRACTISE WORSHIP?

- 1. Make a list of everything that is important to you
- 2. Reflect on that list and determine which priorities come before God
- 3. Make plans on how vou will surrender those things

Want to learn more on worship? Download a one-page study guide at www.SASpiritualLife.ca







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