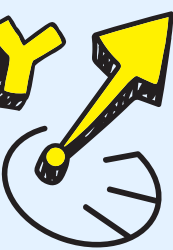


MINISTRY MINUTE



SEPTEMBER 2026

EQUIPPING CHILDREN AND YOUTH

School is back, and our ministries are gearing up for the fall season. It's a great time to explore outreach resources that can help you build connections in your ministry and community. These resources can encourage children and youth to make safe choices and express themselves in healthy ways. We encourage you to check out the following resources.



SHINE: Equipping Kids to Make Safe Choices so They Can Shine!

SHINE is the perfect 5-week series to kick off your 2026-2027 program year. The five lessons guide children ages 7 to 10 through identifying trusted adults, making smart choices online, managing emotions, and setting boundaries. SHINE equips leaders and students alike, transforming your digital tools and physical spaces into environments where everyone can succeed.

Visit salvationist.ca/human-trafficking/resources/shine to download the curriculum.

Step Up for Justice: Challenging Youth to Stand for Justice

Step Up for Justice is a bilingual, 4-part video series packed with streetside interviews, powerful youth discussions and interactive media, all designed to empower youth to take a stand for justice. This resource includes easy-to-use discussion guides for leaders, participants and those who want to bring a spiritual lens to the conversation, along with downloadable video files or the option to stream the videos on YouTube. Together, these resources will help youth in your community learn more about how they can step up, take action and create change.

Download this resource by visiting: salvationist.ca/human-trafficking/step-up-for-justice.

Red Cap: Anger Management Program for Elementary Age Children

Red Cap is an 8-week program for students ages 8 to 10, and can be fit into other modular children's programs or run over a 1½-hour lunch period or as an after-school club. Red Cap helps students identify their emotions, understand what makes them angry, learn how to cool down and express themselves in healthy ways. The program is interactive and run by trained and screened volunteers. Although run by The Salvation Army, this is not a faith-based program. Contact your divisional secretary and request Red Cap Facilitator Training.

TASK: Teen Anger Management Skills

TASK is an anger management program designed for high school students. This 8-week program can be run as a school club, after-school program, at a community centre, housing complex, camp or anywhere there are high school students. The program is interactive and helps students learn to identify their anger triggers, increase emotional awareness, understand their anger style, choose healthy cooling-down strategies and express themselves in healthy ways. Although TASK is delivered by trained and screened Salvation Army facilitators, it is not a faith-based program. Contact your divisional youth secretary and ask for TASK Facilitator Training.