



Patience, Kindness, Goodness



THE MISSION AIM

To help recruits know that the Holy Spirit develops “good fruits” in us such as patience, goodness and kindness.



KEY VERSE

1 Peter 1:15: “But just as He who called you is holy, so be holy in all you do.”



Pre-Mission Activity



Supplies Needed

- Depending on the project that was chosen last week, you will need to collect the supplies for it

Directions

Say: Last time we met we looked at some different ways that we could show love to others.

DO: If you choose Option 1 – Fruit of the Spirit Coupons, ask the recruits how they did with their coupons. Did they feel the coupon activity allowed the Holy Spirit to develop that fruit or characteristic in them?

DO: If you choose Option 2 – Group Project. Talk with the recruits about how the project went. Did they enjoy the opportunity to show love to others? Do they feel the project allowed the Holy Spirit to grow the fruit or characteristic of love in them?

SAY: I’m so glad we had opportunities to allow the Holy Spirit to grow his fruit in our lives since the last time we met. Let check in the Recon Team and find out what is happening at Control Central today.



Mission Uplink 1



Have ready YouTube playlist: "Season 3 – Fruit of The Spirit Episode 4: Patience, Kindness, Goodness"

Play "Fruit of The Spirit (S3) Episode 4 (1/4)". Episode begins with the *Ready to Serve* theme song, followed automatically by the MISSION # 1 VIDEO. Pause the video when the MISSION # 1 CARD appears on screen and remains as you and your recruits complete Mission # 1.

If using PPT for video, have FOTS-Episode_4-Patience_Kindness_Goodness.pptx ready and play slide one. Pause on the MISSION # 1 CARD so you and your recruits can complete Mission # 1.



Mission #1



Supplies Needed

- Coloured Paper - Choose a different colour of paper for each recruit, i.e., Dan has purple paper; Ruth has blue paper, etc.
- Cut the paper into nine pieces
- Using the words "Patience is waiting and remaining calm even during difficulties", write one word on each coloured piece of paper
- Place eight pieces of the coloured papers all around the room. You could even hide some of the pieces of paper. Save one piece to give each recruit



Mission Assignment

SAY: It looks like Simon is having a bit of a struggle today. Bailey seems to be testing Simon's patience. Michael explained to us that patience is one of the hardest characteristics to develop. When we are impatient, we want everything to happen right away. Patience takes time to develop and it isn't always easy. Clementine has already discovered this. Let's not wait any longer. Let's read our mission assignment together (read mission card from satellite uplink). "Recruits, find out what it is like to have patience in a difficult situation. How does the Holy Spirit help us when we are impatient?"

SAY: I think it would be fun today to have a little race to see who can discover some of the answers to our assignment first. What do you think? Are you ready for to race your fellow recruits?

SAY: Each of you will be assigned a colour of paper. Around the room you will find eight strips of paper in your colour. You may only pick up one piece of paper at a time and bring it to me. Once you have all nine strips of paper in a pile on the floor by me, you can then begin to unscramble them into a sentence that will define what patience is. Do you understand your task? (Allow responses)

DO: Give each recruit a piece of paper so that they know what colour they are to find.





You do need to know your recruits well. Some recruits may find this to be too difficult. Your goal is to teach them about patience, not to get them upset. If you have a recruit that might find this to be too much for them, then instead of taking and hiding a piece of paper on them, ask them, "How would you feel if I took a piece of your paper away?" Or "How would you feel if one of your pieces of the puzzle was missing?" Talk it through with that recruit.

SAY: Is everyone ready? Then Go!

DO: After a recruit has brought at least three pieces of paper to you, hide one of their pieces in your hand or pocket. This will cause them to have to continue to look for the ninth piece of paper even after they have thought they have retrieved them all. You need to ensure that the recruits do not see you doing this.

The recruits will begin to become impatient as they are unable to find their last piece of paper. After a little time has passed, put their papers back in their pile and suggest they recount their papers. They will then begin to unscramble the words to make their, "Patience is..." sentence. Be prepared to help read some of the words to the recruits.

SAY: I believe we were all getting a little impatient there. What does your sentence say about Patience? Let's read it together: "Patience is waiting and remaining calm even during difficulties."

SAY: We were beginning to get a little frustrated and maybe even angry while we were looking for that last piece of paper.

DO: Share some of the comments you heard the recruits say during that time, or tell some of the actions you saw. **EXAMPLES:** "I know I found nine pieces of paper;" the rolling of eyes or big sighs.

SAY: Patience is being able to wait calmly without complaining. Or like our puzzle says, "Patience is waiting and remaining calm even during difficulties." How did the Holy Spirit help you when you were feeling impatient?

DO: Allow the recruits to answer this. (Some answers may include: He calmed me down, I could feel him guiding me, I prayed to him for help, He had someone else help me; He gave me strength to wait and to continue looking; or I didn't stop to pray or ask the Holy Spirit for help.)

SAY: The Holy Spirit is with us giving us strength and guidance when we feel impatient. He is developing the fruit of patience in our lives. Sometimes we need to call out to him for help and sometimes we can feel him gently leading us in the right direction.

SAY: Let's read that sentence one more time together, "Patience is waiting and remaining calm even during difficulties."

SAY: We should send all that we have learned back to the Recon Team. Simon may need some help with this one. Even though patience is not easy to have, I'm sure that the Holy Spirit will help Simon to be patient with Bailey.





Mission Uplink 2



YouTube: Play "Fruit of The Spirit (S3) Episode 4 (2/4)". Pause the video when the MISSION # 2 CARD appears on screen and remains as you and your recruits complete Mission # 2.

PPT: Click to advance to next slide. Pause video when MISSION #2 CARD appears on screen and remains as you and your recruits complete Mission # 2.



Mission #2



Supplies Needed

- Bible marked at Genesis 26: 15 - 22



Mission Assignment

SAY: Let's have a drumroll for our second mission. (Reading mission card from satellite uplink) "Squad, dig into the story of Isaac and the wells. Uncover how Isaac showed patience and kindness."

SAY: Isaac trusted God and in Genesis 26 we read how he showed patience, kindness and even goodness. The Recon Team have already told us that there was a lot of digging that happened in this story. Show me how you would dig a well. You might have a tool of some kind to help dig or maybe you begin by removing the earth with your hands. Remember those actions. As I read you the story, each time you hear that Isaac or one of his servants is digging, I want you to stand up and do the action you just showed me. In Isaac's story we also hear how he is told to leave the land. When you hear this, turn away from me just as Isaac had to leave or turn away from the land he was on.

SAY: I am going to read the story from my Bible. Listen carefully and do the actions when you hear about the people digging or when you hear that Isaac is being asked to leave.

DO: Begin reading the story from your Bible. The recruits will respond as follows;

Verse 15 –recruits will dig as Abraham's servants had

Verse 16 – recruits will turn away as Isaac is told to move away

Verse 17 – still turned away

Verse 18 – recruits dig as Isaac reopens the wells

Verse 19 – recruits dig as Isaac's servants dig in the valley

Verse 20 – recruits will hear of the quarreling that happened and that Isaac had to leave to dig a new well



Verse 21 – recruits will dig a new well as Isaac did

Verse 22 – Recruits will turn away as Isaac had to move on and then begin to dig a new well once again.

SAY: Throughout this story there was a lot of digging and moving on. How do you think Isaac showed patience and kindness? Remember Patience is waiting and remaining calm even during difficulties. Kindness is treating all people with love and forgiveness as God does.

DO: Allow for opportunity for the recruits to discover and share ways that Isaac showed both patience and kindness.

If needed guide them towards these thoughts:

1. Isaac did not get upset when his wells were filled in with dirt.
2. When Isaac was asked to leave, he did
3. Instead of quarrelling, Isaac simply dug new wells
4. He continued to move on and dig new wells instead of fighting

SAY: Isaac was very patient. Although he was probably very tired and frustrated, he continued to move on to dig new wells. He did not become angry and argue; he simply did as he was told. This also shows how Isaac was kind to others. He did not become angry or try to seek revenge on these men for filling his wells with earth. Isaac simply responded kindly and gently.

SAY: This story also shows Isaac displaying the fruit of goodness. Goodness is making the right choices that God would want us to make. Isaac doesn't try to keep the water for himself. He knows God will provide for him so he simply moves on and digs a new well leaving the other well for the herdsmen. Through this short story of Isaac and the wells, we see the fruit of patience, kindness and goodness.

SAY: Well recruits, we have completed another Mission Assignment. We need to send our report back to the RTS Recon Team. Are you curious to see how Simon is doing with his recruit Bailey? It must be difficult for him to show patience, kindness and goodness, but I believe the Holy Spirit can help Simon develop and grow these fruit, just as He helps us!



Mission Uplink 3



YouTube: Play "Fruit of The Spirit (S3) Episode 4 (3/4)". Pause the video when the FIELD MISSION CARD appears on screen and remains as you and your recruits complete the Field Mission Project.

PPT: Click to advance to next slide. Pause video when FIELD MISSION CARD appears on screen and remains as you and your recruits complete the Field Mission Project.





Field Mission Project



Supplies Needed

- Two different kinds of fruit prepared for the recruits to taste. Try to bring fruits that recruits can describe differently (i.e., Lemons and apples, or oranges and bananas, or pineapple and grapes, or two fruits that look very different from each other – one appealing and the other not)
- Chart paper to write lists on for comparing two fruits and for comparing kindness and goodness
- Two pieces of chart paper for recording definitions of kindness and goodness

Mission Project

SAY: Let's countdown to our final mission card of the day together 3-2-1 (read mission card from satellite uplink). "Your mission is to work together to compare kindness and goodness. How would you describe these fruits to someone else?"

SAY: To help us make comparisons I've brought two different fruits for us to taste today. Both of these are fruits but they are different even in appearance. Let's taste them and see if we can make a list of words to describe these fruits.

DO: Have the recruits taste the first fruit. Make a list of words that describe this fruit.

DO: Have them taste the second fruit. Make a second list that describes this fruit.

SAY: As we can see, we have two fruits, but we have different words to describe how they taste. We may have some similar words but these fruits are different.

SAY: Michael has asked us to look at the fruit of kindness and goodness and to discover how they are the same and different. I thought we could make a list of words for each fruit that would show us how the fruits of kindness and goodness are different from one another. First, let's begin by writing down their definitions.

SAY: Kindness is treating all people with love and forgiveness as God does.

SAY: Goodness is making the right choices that God would want us to make.

SAY: Now, let's think about how we would describe kindness. What are some words that would describe or explain kindness?

DO: Make a list as the recruits share words. You may need to provide an example (i.e., if someone was mean to you, stole your brownie at lunch or knocked your books out of your hands, how would you show kindness to them?)

Words or phrases for kindness could include:

Generous

Forgiving

Compassionate



Tenderness
Gentleness
Friendly
Considerate
Sympathetic
Pleasant
Speak nice words
Help them
Turn the other cheek
Be pleasant

SAY: What about Goodness? What does it mean to grow the fruit of goodness? What words would describe this?

DO: Record the words the recruits give you on the chart paper. They could include words such as:

Be honest
Show integrity
Turn from bad or evil to be true to God's Word
Make right choices
Truthful
Reliable
Honour
Trustworthy
Showing love

SAY: Kindness and Goodness are hard to separate. They are both Fruit of the Spirit however kindness is shown more through deeds or actions that show how God would treat others. Goodness is more about who we are on the inside and how we are the same person no matter who we are with. God can depend on us to do good, and to be good. These are two fruit of the Spirit or characteristics of Jesus that can develop in us with the help of the Holy Spirit.

SAY: As God's recruits we all want to be kind AND good.





Prayer Huddle



YouTube: Play "Fruit of The Spirit (S3) Episode 4 (4/4)". Pause the video when the PRAYER HUDDLE CARD appears on screen and remains as you and your recruits complete the prayer huddle.

PPT: Click to advance to next slide. Pause video when PRAYER HUDDLE CARD appears on screen and remains as you and your recruits complete the prayer huddle.



Supplies Needed

- Space for moving their chairs into a circle

Directions

SAY: Let's take a moment to reflect on what we have learned today. How can we be patient, kind and good? What words can we take with us from this week that will help us to remember these fruit of the spirit?

DO: Direct their attention to the charts they created today if they need ideas.

SAY: To begin our prayer time today, I want us to bring our chairs into a circle. We are going to begin by facing away from each other.

DO: Turn chairs so everyone is facing out of the circle.

SAY: Like Isaac, we need to turn away from people sometimes to show kindness. We need to be sure to not react or say things that are hurtful or upsetting. Let's take a moment to ask God to help us to be kind to others; to show compassion and tenderness and to be warm-hearted and forgiving. Let's ask God to help us to show kindness.

DO: Allow the recruits to pray silently.

SAY: Now, let's turn our chairs around so that we are facing in towards the circle. We want to take a moment to ask God to help us to show goodness as well. Isaac made the right choice and did the right thing simply by walking away and allowing the herdsmen to keep the water as he dug new wells. Let's ask God to help us to show goodness, to not only be good but to do good as well. To help us be honest and true. Let's talk with God now.

DO: Allow the recruits to pray silently.

SAY: Now, we need to pray for patience. Sometimes that means being patient with each other here in our RTS squad. Let's stand, hold hands and pray, asking God to help us be patient even in difficult situations.

DO: Allow the recruits to pray silently.

SAY: And now, may you go out into your week developing the Fruit of the Spirit of Patience, Kindness and Goodness.

