

## WRITE YOUR OWN PSALM

#### SUPPLIES:

Pen, Bible, "Praise Psalm" template (attached page, or print from QR code on reverse).

Challenge the members of your family to see who can find the centre of the Bible. Each member starts with a closed Bible, and takes one turn trying to open it as close to the middle as they can. Did everyone hit at least the book of Psalms? Keep track of where each person opened it, and offer bragging rights to the one who got closest to Psalm 103, the exact middle!

Right in the middle of the Bible is the book of Psalms, a whole collection of poems and songs that praise God for who he is, his greatness, the things he has made, the things he has done, and lots more!

**READ** Psalm 146:5-10 (NIrV)

Blessed are those who depend on the God of Jacob for help. Blessed are those who put their hope in the Lord their God.

He is the Maker of heaven and earth and the ocean.

He made everything in them.

He remains faithful forever.

He stands up for those who are treated badly.

He gives food to hungry people.

The Lord sets prisoners free.

The Lord gives sight to those who are blind.

The Lord lifts up those who feel helpless.

The Lord loves those who do what is right.

The Lord watches over the outsiders who live in our land He takes good care of children whose fathers have died.

# WRITE YOUR OWN PSALM CONT.

He also takes good care of widows.

But he causes evil people to fail in everything they do.

The Lord rules forever.

The God of Zion will rule for all time to come. Praise the Lord.

**ASK:** What are some things that God is being praised for in this Psalm?

**SAY:** We can praise God every day for how great he is, all that he has created, everything he does for our family, and how faithful he is! Let's do that right now.

**Do:** Use the "Praise Psalm" template to create a Psalm of

Praise together by filling in the blanks. Be sure to include everyone in the suggestions.

**PRAYER:** Read your Psalm out loud together as a prayer to God.



### LICHTBULB MEMORY VERSE

#### SUPPLIES:

"Lightbulb Memory Verse" template (attached, or printed from QR code on reverse - one per family member), scissors, glue stick, crayons (optional)

Using the template provided, make 3D light bulb Bible verse reminders together.

(Optional: Colour the lightbulb shapes.) Cut out all six lightbulbs.

While working on these steps, **READ** Ephesians 2:10 together:

"God has made us what we are. He has created us in Christ Jesus to live lives filled with good works that he has prepared for us to do" God made us each a certain way. Let's think about the unique way God created each of us. What are we good at? What types of things do we each like? What special skills does each of us have? What unique experiences does our family have?

God created us the way we are on purpose! Our verse said that he has created us to do special jobs for him! When we use our special design to show his love to others, we are doing to the good works he created us to do!

- Fold each lightbulb in half lengthwise, with the verse on the inside.
- 2. Glue one lightbulb shape to another, on one of the folded sides, continuing until all 6 have been glued to form a 3D lightbulb.

### VIDEO DEVOS

#### SUDDLIES:

Access to YouTube (phone, laptop, TV), Bible, single die

Watch the Gospel Project's Creation Video via this QR code. Work together to try and track what God created on each day!



Alternatively, you could read the Creation story in Genesis 1:1 - 2:3. In either case, point out where the creation story is found in the Bible. It's the very first thing that happens!

After watching or reading, play a little review game together. Take turns rolling a die, and try and name something that was created on the day that matches the number rolled. Play several rounds, trying not to repeat an answer that was already said!

Www. God is pretty amazing and creative! God made everything, including you and me! In your opinion, what is the most creative thing that God made and what makes that so creative? (Allow everyone to share.) Let's thank God right now for his creation.

**PRAYER:** Thank you God for creating everything in the world, and for making the members of our family, too! You are so amazing. Help us to remember to take care of the world you created, and to take care of each other. Amen.

### LICHTBULB MEMORY VERSE CONT.

3. Cut the rectangular strip and tape or glue together to form a ring your bulb can stand in.

As you glue the bulb together, Let's think of some bright ideas of ways our family can do some good works for Jesus this week!

Choose a couple of ideas and plan which day you will complete them.

Place your lightbulbs where everyone can see them throughout the week.

**PRAYER:** God, thank you for our family and the unique way you have created each of us. Help us to use our special designs to do good works for you, showing your light and your love to them every day. Amen.



### MADE IN THE IMAGE

#### SUPPLIES:

None required

Have each family member choose a partner and play a game of "mirror". Stand a few feet apart, facing each other. Choose one partner to be the leader first and create a series of movements that the other partner must then replicate as if they were looking into a mirror. After two minutes, switch roles to let the other person lead.

**READ:** Genesis 1:26-27

Then God said, "Let us make humans in our image, in our likeness. Let them rule the fish in the sea, the birds in the sky, the domestic animals all over the earth, and all the animals that crawl on the earth."

So God created humans in his image. In the image of God he created them.

That means we're a reflection of God in the world. We can reflect God's awesome creativity and his love. We imitate him as we follow him which will help us mirror his character to the world. We can do the amazing things he designed for us to do. We can be like Jesus in all that we do - like a mirror, except we reflect Jesus, not ourselves! When people look at us, they should see Jesus!

#### ASK:

- 1. If we want to be like a mirror of the way God is, how should we act?
- 2. What are ways our family can reflect God's character to the world?

### WHAT'S YOUR SPARK?

#### SUPPLIES:

Sparkler for each family member; lighter or matches

**READ:** 1 Peter 4:10

"Each of you as a good manager must use the gift that God has given you to serve others."

The good things that God places in our lives are like a spark that can grow into a bright light as we follow Jesus and live for him in our world. When we spend time with God and use the gifts he gave us, we shine brightly for him in a dark world. As we shine his light, we can help others see the spark God has given them, too!

What's YOUR spark? Think of:

- Spiritual gifts you have are you gifted with helping, giving, encouraging, organizing, speaking, welcoming others?
- Passions (what bring you joy, moves your heart, gets you excited?)
- Abilities (what skills and talents do you have?)
- Relationships (who are you connected to? What unique experiences have you had?)
- Kind of person you are (what's your personality like?)

God wants us to use our sparks to honour him and serve other people. With all the things you listed that God has given you, what's the best way you can think of to use them to honour him this week? What about serving someone else?

### MADE IN THE IMAGE CONT.

**PRAYER:** Thank you, God that you chose to make us in your image. Help us show others how amazing you are by reflecting you to the world in the things that we say and do every day. Amen.

### WHAT'S YOUR SPARK? CONT.

Go outside and light your sparklers together.

**PRAYER:** God, thank you for the things you place in our lives that we can use to show you to others around us. Help us think of good ways to do this every day. Amen.