



**Call and Commitment Sunday Youth Bible Study**  
**Key Verse: Ephesians 2:10**  
**Sarah Ball, Youth Consultant, CANBDA Youth**

**OVERVIEW**

Timing	Item	Supplies
6:30-7pm (30 mins)	Hangout/Food -A time to relax in the space, and connect while waiting for everyone to arrive	-Snack/Drinks -Music playing the background
7-7:15 (15 mins)	Group Game (Invisible Masterpiece) <i>See explanation and rules below.</i>	<ul style="list-style-type: none"> <li>- Any object</li> <li>- Enough sheets of paper to coincide with the number of teams</li> <li>- Markers</li> <li>- Tables and chairs (1 per team)</li> <li>- A blockade or different space to put the object in</li> <li>- A prize (optional)</li> </ul>
7:15-7:30 (15mins)	Lesson	<i>See plan below</i>
7:30-7:45/50 (15-20mins)	Small Group Discussion	-Break into small groups and discuss the questions ( <i>provided below</i> ) -Have some worship music playing the background
7:45/50-8pm (10-15mins)	Group closing Prayer /Hangout Time	-This timing is loose; it is basically from whenever they finish the small group questions until the time that parents are picking up -if there is a lot of additional time, another quick group game can be added ( <i>Suggested extra game: Extreme Pictionary</i> )



be here. be you.  
**belong.**

### Group Game (Invisible Masterpiece):

#### Explanation:

- Prior to the game: you are going to set up the table and chairs (number depending on the number of teams) each with a piece of paper on the table with some pens or markers. You are then going to pick a random object (examples: a bouquet of flowers, a lamp, a table center) and place it in a different space within the room where the people sitting at the tables cannot see it
- Rules of the game: Each team is going to choose one person to be the artist (person who is drawing). This person will never see the object that they are drawing. The rest of the team is going to line up in a single file line, and one person at a time is going to run to wherever the object is, look at it, and run back to the person drawing and give them one attribute of the object without actually saying what it is. Each person on the team, other than the artist, will run and do the same thing, each time bringing back different details of the object without revealing what it is. The object of the game is to get the most accurate drawing of the object, and whichever team does, wins.
- After the game: Once time has run out, you will bring out the object and compare it to each of the drawings to decide a "winner." Repeat as time allows with different hidden objects and new artists.

#### Lesson:

After the game say something along these lines:

- *It is hard to draw something when we have never seen it. It is difficult to listen to what others are saying this object looks like and form an image of that in our minds without knowing the end goal. The same thing can be said about our lives, there are so many forces, both internal and external, trying to dictate how our lives should look or what our end goal is. And when we listen to those voices, they can contribute to a sort of skewed or wonky picture. There may be similarities, but it is not necessarily the masterpiece that God had intended for us. Ephesians 2:10 says "For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago." It is important that we listen to the one who created us, here is a short video that talks about just that:*
- Play the video by the Skit Guys:  
<https://www.youtube.com/watch?v=3QCKBL2DfVg>
  - o This video is about 11:33 minutes long
- *Christianity was never meant to be comfortable; we are called to be uncomfortable. This video is just one example of how true this is. Stepping out in faith is scary sometimes, listen to Psalms 139:23-24 which says "Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life."*



be here. be you.  
**belong.**

*That is a big statement to declare; “point out anything in me that offends you,” - what a challenge that is! However, we have often grown comfortable with the things that may offend God. It is easy to get into a rhythm that puts God as an afterthought. But that is not what these verses are saying we should be doing or what Ephesians 2:10 wants us to think about. Both point towards putting complete and utter trust in God, he has designed us for a purpose, his ways are higher than our ways, his thoughts are higher than our thoughts. In fact, just one chapter over in Ephesians in verse 20 it says “God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.” While we might not be able to see the end goal, we must focus on the process of becoming the masterpiece that God has created us to be, for the purpose that he has set out in front of us.*

- *That is a lot of information about what we should be doing, but it raises the question of how exactly we should be doing it. This is something that takes a lot of trust in God, and this trust can be found in looking at God's track record. Throughout the history of the Bible, God has shown up in every struggle, every heartache, and molded his followers to be the best that they can be. And this is not something that happens instantaneously, we are human, and we are imperfect, an example of this can be found in David who was constantly moving between wrestling with God and praising him. But one thing never changes, the same God who was with Noah in the ark, the One who travelled with Moses through the desert, who made David a king, who changed Saul to Paul, is the same God who is fighting your battles right now. He didn't create us to do things on our own, when we lean into things that are uncomfortable, we need to lean into God and His strength.*
- *Here is a quote I saw on Instagram that is impactful when thinking about just this. “When you begin to see yourself as God sees you, you change. You walk differently and live differently. It isn't prideful, but it is secure and confident in Him because you know that the only words that define you are His.” He has the whole picture, He know 100% what His end goal is for you, His track record is perfect. He has given no reason throughout history for us not to fully trust in His plan, His promise is true, He is faithful through the ages.*

### **Small Group Questions:**

- Take some time to reflect on the lesson. What are a few things that stood out to you?
- Read Ephesians 2:10, what is your definition of a masterpiece? What does that mean then when thinking about this passage and us being God's masterpiece? How does that impact how you view yourself?
- In the video, there is powerful imagery of God chiseling away areas that do not fit, however, Tommy is still grasping at control. Why do you think that it is important to give up control and let God take over?



- “You did not let me down because you were never holding me up.” Are there areas in your life that you are struggling to hand over to God? What are some steps that you can take to releasing that control?
- What are some of the difficulties that we can face when trying to live in this way? How can we overcome these difficulties?
- Take some time to pray as a group about allowing God to take control in your life and to mold you into His masterpiece. \*\*This can be used in small group or as a closing prayer depending on the dynamic of your group\*\*

**Prayer:**

After the small groups seem to have wrapped up, bring everyone back together and take some time to pray over the bible study and challenge each of the members hand over control to God in an area of their life that they are struggling with.

**Additional Time (Extreme Pictionary):**

Ahead of time, write several words or phrases in varying degrees of difficulty on slips of paper and put them in a bowl Students will choose a paper and draw that item for their team to guess. The challenge? Students may only draw with a marker held between their teeth with their hands behind their backs, or with their nose dipped in chocolate pudding!)

Form two teams to compete, or play all together as a group and see how fast students can guess the items being drawn.