



tips for youth workers

AUGUST 2020

FAMILY FRIENDLY ACTIVITIES

This month we've brainstormed some ideas that you can pass along to families to encourage them to spend time together without screens, building connections with each other while possibly trying something new or different. Here are some of our ideas - add more of your own and pass them along:

- **Family Devotions** – spend time doing devotions together. Ask your corps officer to share Orange curriculum's Parent Cue with you or check online for free family devotionals
- **Sky Watch** – grab your lawn chairs or blankets and head outside of town or away from the bright lights around your home to watch the colours and stars of an August evening or morning sky
- **Water Fun** – make a slip'n slide with a tarp, tent pegs, dish soap and water. Enjoy time in the summer sun getting wet together
- **Memory Book** – create a memory book of what life during COVID-19 has been like for your family. Include photos, samples of items you've created, recipes you've tried, news articles, pictures of your family wearing masks, etc.
- **Colour Crazy** – everyone loves getting colourful with tie dye. Using t-shirts, pillowcases or cloth bags, spend time outside together being creative with colour
- **Spa Night** – put on relaxing music, make cucumber water, bring out the nail polish, nail files and pampers and paint each other's nails, and give each other facials
- **Origami Art** – a great way to spend time together is to create something. Look online for some patterns, buy paper at a local dollar store and fold your paper into beautiful art
- **Work Together Challenge** - create a "The Floor Is Lava" challenge and see if your family can find their way safely from one end of the room (or home or yard) to the other
- **Pick a Puzzle** – Find a puzzle that is age appropriate in its level of challenge and spend 15 minutes or more a day chatting while working on the puzzle together
- **"Remodel" (rearrange) a Bedroom** – let your children pick a room to remodel. Talk out how your kids would arrange the furniture and then spend time making their vision come to life
- **Brownie Bake** – find a favourite brownie recipe and invite your kids to make them. Encourage them to think of creative and yummy ways to make the brownies even better, such as marshmallows on top, putting candy in the middle, giving them away to others, etc.
- **Prayer Walk Through Your Neighbourhood** - walk together and pause to pray for your neighbours, friends, your school, local businesses and churches. Spend time considering how different people and places have been affected by the pandemic and then pray for them
- **Read Along** – find a relaxing place to sit together and read Bible story books, favourite childhood stories, or try reading through a book series like Narnia