

e-TIPS

tips for youth workers

MARCH 2018

INTEGRATED MISSION

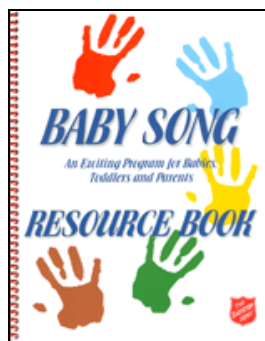
Care, Community, Change and Hope are key elements of integrated mission. The Salvation Army in Canada and Bermuda strives to be instruments of each of these elements in the lives of young people and their families. In order to be instruments of care, community, change and hope we have developed programs that ministry units can use to reach out into the community and invite them in to a safe place. Although the following ministries are not faith-based programs, they all strive to meet the needs of our communities and build relationship between community and The Salvation Army. A couple of these programs include the following:



TASK: Teen Anger Management Skills – **TASK** is a **NEW** anger management program for high school students. It can be run as a lunch time or after school club in schools, ministry units, community rooms or anywhere you minister to students. **TASK** is a tool that can be used to reach out into our communities to provide something our students need – anger management skills. **TASK** is an 8 to 10 week long program that helps students learn to positively deal with anger. The goal of **TASK** is to help participants to come to the point where they will automatically **PAUSE** and move **FORWARD** as they learn to manage their anger. **TASK** lessons focus on these areas: Stopping, Thinking and Problem Solving. Facilitator training for **TASK** is offered through your divisional headquarters, be sure to contact your divisional youth secretary to let them know you are interested in participating in a training event.



RED CAP: An Anger Management Program for Elementary Aged Children – This program is geared for students in grades 3 to 6 and teaches anger management in an engaging and interactive way. **RED CAP** is an 8 to 10 week program that can be run as a lunch time or after school club for children. The program can be run in your local school, ministry centre, or anywhere that you minister to children. **RED CAP** helps participants to identify what makes them angry, to know how their body reacts when angry, to discover the emotions behind their anger, provides them with cool off choices and ways of communicating how they feel and how they want to move forward in situations that could be upsetting to them. **RED CAP** is run by trained facilitators. Contact your divisional youth secretary to express your interest in becoming a **RED CAP** Facilitator.



BabySong – Is more than a program, it's an opportunity to build relationships and impact families through music, singing and dancing. **BabySong** uses music to help impact a child's development physically, emotionally, intellectually and socially. The **BabySong** program uses finger play, rhymes, actions songs, instruments and movement to help with this development. **BabySong** is an opportunity for parents, babies and toddlers to bond with one another and to enjoy the fellowship of other families from their community. There is also the opportunity to add extras to the program by bringing in speakers on topics such as early language development, first aid, scrapbooking, baby sign language, etc. The **BabySong Resource Book** can be purchased through our on-line catalogue at www.saMinistryCatalogue.ca.