

I remember from childhood singing, "They need you, they need me, they need Christ." It was engrained in me that God loves and values everyone. So I try every day to show people their God-given **dignity** in the way I treat them.
— Mathéo

I grew up watching my dad make supper every night. The meals were always delicious, and he thoughtfully remembered not to put gravy on my potatoes. In **serving** others, he has taught me that the small details matter.
— Jason

I'm passionate about working toward environmental sustainability. As a Christian, I know God wants me to care for the planet, and I want to be a good **steward** of what God entrusts to us. I have learned to compost and am teaching my parents.
— Adeola

After a severe car accident, I nearly lost my husband. He survived, but he will never regain the use of his legs. It almost broke us. But because we have a loving community, we learned to **hope** in a God who may not always heal but always cares.
— Loraine

We all have values that guide our actions and decisions. Some are values we are born and raised with. They are deeply rooted in who we are. Other values are learned through life experiences. Wherever our values come from, they should reflect what is most important to us.

"Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself:'"
Matthew 22:37-39 (NIV)

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- What values were you raised with?
- Think of the most meaningful experiences in your life? What made them valuable to you?
- What values are important to you as a Christian?
- What impact do you want to have on the world?



Write down 2 or 3 values you want to integrate into your life.



How will you put your values into action?

Don't forget to reflect on how you have put your values into action!



Contact the Ethics Centre
salvationarmyethics.org
ethics@salvationarmy.ca



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