



## Values and Leadership

### Food for Thought

Ash Wednesday marked the beginning of Lent, a season for reflection and self-examination. A time to look at where we fall short so we are reminded of our need for a Saviour. As we journey to Easter, we must look at our lives, our heart, and our actions and ask ourselves whether we are learning to be more like Jesus.

For most, admitting when we have made mistakes or have failed is not easy. For leaders, it can feel overwhelmingly difficult when people are relying on you and looking to you for guidance. Yet how can we improve if we are not willing to acknowledge where work needs to be done?

While it may not be easy to sit in our frailties and weaknesses, it is a necessary part of growth, both as a follower of Christ and as a leader. We have all experienced grief this year and before we rush to Easter, we must experience our suffering, acknowledge where our actions may have contributed to the suffering of others, and recognize where change is needed. As you journey through the Lenten season, don't fear reflection, embrace it, draw near to God, and seek transformation.

### In the News

#### **This year is dark, but we still need Lent**

The pandemic has resulted in many being forced to give up a lot this year. But that doesn't mean we don't need Lent. "The true, profound core of Lenten disciplines is not about giving up at all – it's about drawing closer to God (and closer to others, to a just world, to a better and more faithful walk of discipleship)."

#### **Lent is a time to sing the blues**

"During Lent, you don't sing songs with Hallelujah in them." Lent isn't just a season of waiting for Easter. It's a time to dig into ourselves, acknowledge our weaknesses, unpack our mistakes, and attempt to live differently.

#### **Living Lent**

Life hacks – ways to make life easier or more efficient, have become very popular. Who doesn't want a better way to organize the pantry? However, Lent isn't supposed to be easy. Don't try to bypass the discomfort of seeing your flaws. After all, "Jesus gave up so much more than his daily caffeine fix."

#### **When leaders make mistakes**

Everyone makes mistakes. The difference is how we respond after a mistake has been made. Leaders must own their mistakes and make changes for the future. "People will respect you when you're honest and show that you're human."

### 3 entrepreneurs who use Lent to form highly effective habits

In this *Inc.* article, a few entrepreneurs share their experiences with implementing practices during Lent to help change the way they live. All three agree, "Lent is the season for trying and for recognizing that the path to self-improvement is lifelong."

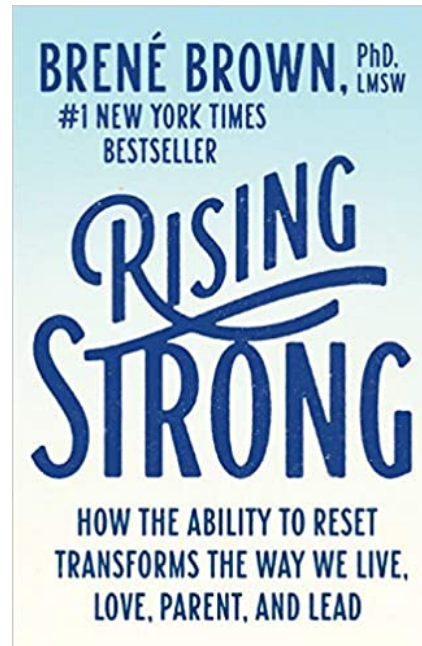
#### From our Shelves

Author and social scientist, Brené Brown, has focused her work on the power of courage and vulnerability. In her book, *Rising Strong*, Brown provides tools for finding courage amid struggle. The rising strong process is about digging deep into uncomfortable parts of your life and owning your story.

#### *Rising Strong*

Brené Brown

Random House (Reprint, 2017)



Above are articles and items in the news that we've come across that are themed to organizational leadership, values and ethics.

Please forward this to anyone else you think might be interested - there's a link below to do so. And should you come across an article of interest, we'd be happy to hear from you and look at including it in a future feed.

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