

Values and Leadership

Food for Thought

It is not news that today, more than ever, employees are looking for a leader they can trust. People want a leader who influences and inspires their followers to action. Bill George is known for pioneering the research on authentic leadership. He has argued that "authenticity has become the gold standard of leadership." This is becoming widely embraced across the business world. So what does it mean to be an authentic leader? To lead with authenticity? And why does it matter?

Authentic leaders are driven by their inner purpose and values. They use their morals and principles to guide their decisions in all situations, good and bad. Being an authentic leader does not mean you must share every detail of your life. Rather it challenges you to align what you do with who you are. When you are able to bring your whole self to work you will develop a deeper connection to what you do and why you do it and others will follow.

In the News

Authentic leadership: All natural, nothing added

As we strive to be authentic leaders, we can learn from the example of Jesus. Through his example we are reminded that authenticity involves being true to our purpose and holding ourselves accountable to it.

What we get wrong about authenticity in leadership

"Authenticity isn't about being the 'real me,' but being true to our purpose and values that drive us." When we align our actions with our words it challenges us to be the leader we want to be and the one our team needs us to be.

The 5 marks of authentic leadership

As leaders, the ability to influence others is important. However, "leadership is about more than influence." In his article, Michael Hyatt discusses attributes of an authentic leader and how it contributes to our ability to lead.

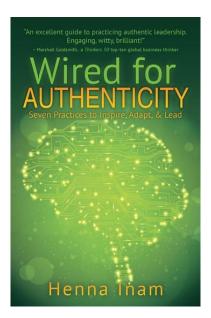
Why is it so hard to be an authentic leader?

Leading authentically is hard work. It means being true to your values and beliefs even in the most difficult circumstances. When you invest time in developing your moral compass, you will be in a better position to avoid the temptation of external validation.

What does it take to become an authentic leader

Being a leader is challenging. Especially when there is pressure to lead a certain way. It can make staying true to our values and principles difficult. Deepening our self-awareness helps

strengthen who we are and how we show it.



From our Shelves

In her book, *Wired for Authenticity*, Inam explores practices that help leaders recognize and live their most authentic self. When you are able to bring your whole self to work, it fosters meaningful relationships and a deeper sense of trust. Becoming more aware of who you are leads you on a journey to becoming a more authentic and inspiring leader.

Wired for Authenticity: Seven Practices to Inspire, Adapt, & Lead Henna Inam iUniverse (2015)



Above are articles and items in the news that we've come across that are themed to organizational leadership, values and ethics.

Please forward this to anyone else you think might be interested - there's a link below to do so. And should you come across an article of interest, we'd be happy to hear from you and look at including it in a future feed.



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