



Values and Leadership

Food for Thought

Technology today is advanced; information is literally at our fingertips. It makes communication easy, it provides numerous ways to connect, and in many ways, it simplifies our lives. Algorithms even make it possible to personalize our internet experience. If we all did the same Google search, our results would not be the same. The results would be customized to our way of thinking. But what if we're wrong to begin with?

Leaders have a responsibility to lead with open minds and to equip themselves with well-rounded information and more than one perspective. Sometimes that involves recognizing you made a mistake, sometimes it involves completely unlearning what you have always believed to be true. The process may be challenging, but the result can be profound. We must recognize that just because something has always been done one way, doesn't mean there isn't a better way of doing it now. Taking the time to unlearn mindsets, or ways of leading will create a culture where people feel heard and respected.

In the News

The importance of unlearning

Growth isn't only a result of learning something new. A critical aspect of growth also involves unlearning what is no longer the best mindset or practice. "If we don't, we will not only continue in our error, we will pass it on."

Why the problem with learning is unlearning

Creating a culture of learning requires more than opportunities to gain new skills. Leaders need to recognize what is no longer working and lay a foundation for new ways of operating. "Unlearning is not about forgetting. It's about the ability to choose an alternative mental model or paradigm."

Why we need to learn to unlearn

Plans often tend to turn out differently than expected, but that doesn't mean we failed. It just means we need to alter our plans. Afterall, "the cycle of unlearning isn't a once-and-done-event."

5 steps in mindfulness training that will ultimately make you an unstoppable leader

"We have a very interesting habit of assuming that we are right about everything." This stubbornness can get in the way of good leadership. Mindful leaders practice self-reflection and seek new opportunities to learn and unlearn.

Learn, unlearn & relearn: What got you here won't get you there

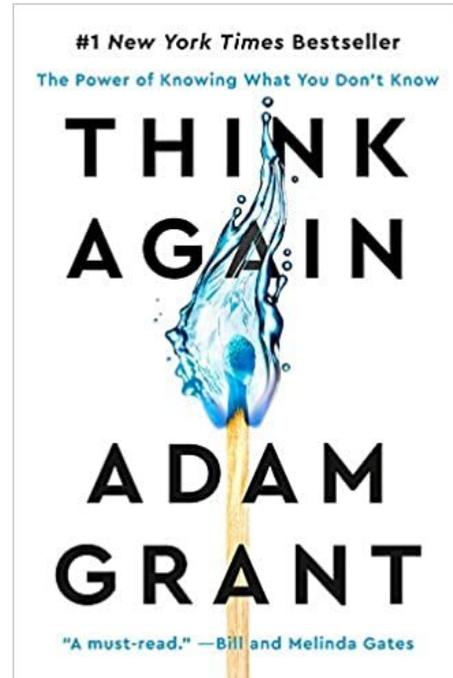
Today, the process of unlearning and relearning is more relevant than ever. Still, that doesn't make it any easier. "Let's face it, change, even for the better, is rarely comfortable." The result, however, is worth the challenge.

From our Shelves

In his new book, *Think Again*, Grant explores what it means to create a culture of learning or rather, unlearning. In a rapidly changing world, Grant argues that we should be ready to let go of what we think is right, by listening like we're wrong.

Think Again

Adam Grant
Viking (2021)



Above are articles and items in the news that we've come across that are themed to organizational leadership, values and ethics.

Please forward this to anyone else you think might be interested - there's a link below to do so. And should you come across an article of interest, we'd be happy to hear from you and look at including it in a future feed.

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