

DEVOTIONAL SERIES

HE IS FOR ME

CAPTAIN CAROLINA VALENCIA



The new worship song *He Is for Me* draws on a truth also expressed in Scripture: “The Lord is for me,” “The Lord is with me,” and “The Lord is on my side.” This message runs throughout the Bible—God’s very presence living with us, among us, and within us. It is not merely a comforting thought or a well-intentioned wish, but the fulfillment of God’s promise.

Yet many distractions keep us from noticing God’s loving presence and activity in our lives and in the world around us. One of the most common distractions is fear. While fear is a natural and even helpful emotion that helps us survive, it can become overwhelming and make it hard to see and trust that God is for us in every situation.

Perhaps this is why David wrote so much about fear. He faced many dangers and felt afraid on multiple occasions. As real as the threats were, God’s presence was equally real—providing for his needs, giving comfort, and strengthening him to face his enemies. Fear may have even been what kept David close to God, because he knew that God was his only hope. His awareness of danger, paired with his awareness of God’s presence, deepened his trust in the Lord; and as a result, he wrote extensively about God’s goodness, faithfulness, and abiding presence.

Today, the pace of life often leaves little time to pause and notice God’s presence. The demands we face—and even the opportunities and goals we pursue—can crowd our hearts and minds, making it hard to slow down, listen, and recognize that God is still with us, still for us, and still at work in every circumstance.

The invitation for us today is simple: notice, pause, and become more aware of God’s loving presence. Pray and sing, like David: “The Lord is for me; there is nothing to fear.”

*The God of abundance, who is more than able,
Is the Father who loves me and prepares a table.*

*He is for me,
He is for me.
In the fullness of His glory,
He is for me.*