**The Salvation Army – William Booth Special Care Home**

**Skin And Wound Care Policies and Procedures**

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# Skin And Wound Care

**POLICY:**

WBSCH will be in compliance of the universal care standards established by The Government of Saskatchewan; of proper positioning for the comfort and prevention of contractures and pressure sores (1.4t).

WBSCH will follow the RQHR practice guidelines for skin and wound care.

**EQUIPMENT:**

* Pressure Ulcer Risk Scale (PURS)
* Weekly skin and nail condition report (attached)

**PROCEDURE:**

An initial pressure ulcer risk assessment is conducted for clients upon admission, using the Pressure Ulcer Risk Scale (PURS).

The risk of developing pressure ulcers is assessed for each client at regular intervals and when there is a significant change in the client’s status:

* Weekly skin and nail condition report
* MDS quarterly CAPs (pressure ulcer)
* Point-Click-Care / DASH / MDS scores / PURS
* MDS Quality Indicator reports

WBSCH will implement the RQHR protocols and procedures to prevent the development of pressure ulcers. These include interventions to prevent skin breakdown; minimize pressure, shear, and friction; reposition; manage moisture; optimize nutrition and hydration; and enhance mobility and activity (attached RQHR Guidelines to prevent skin breakdown, RQHR Nutrition Recommendations for wound healing, RQHR guidelines for use of the Prevalon pressure-relieving heel protector).

The RQHR Home Care Wound Resource Team (WRT) is available to provide consultation and recommendations to WBSCH:

* The client’s Most Responsible Practitioner sends referral to Home Care Intake
* The WRT documents the recommendations on the wound consult form and also documents in the LTCF chart
* The WRT does not provide follow up visits once recommendations have been made; the nurse at the LTCF is directed to contact the WRT with concerns and through discussion appropriate follow up would be determined
* It is the responsibility of the nurse at the LTCF to ensure the Most Responsible Practitioner is aware of the WRT recommendations and receive orders if recommendations are agreed to

The Healthcare staff are provided with education about the risk factors and protocols and procedures to prevent pressure ulcers.

Upon admission, client / family is provided with information about the risk factors and protocols and procedures to prevent pressure ulcers (attached RQHR Pressure Ulcers).

The effectiveness of pressure ulcer prevention is evaluated, and results are used to make improvements. Quarterly, MDS Quality Indicator for new and / or worsening stage 2 – 4 pressure ulcers are reported to RQHR. Improvement plans developed.

Sources:

* Wound Care Manual (2004)
* RQHR Intranet – Skin and Wound Care Manual
  + Prevalon Heel Boot Guidelines for Use
  + Guidelines and Interventions for Preventing Skin Breakdown
  + Nutrition and Wound Healing
  + Pressure Ulcers (CEAC 0272)

Reference

RQHR Special Care Home policies (2016) (section 1.4 (t))

RQHR intranet / nursing / RQHR standards of care / practice guidelines / skin and wound care manual

RAI – MDS 2.0 Canadian Version User’s Manual – Section M – Skin Condition

Accreditation Canada Long Term Care Services (8.7.1)

**Approval/Implementation/Evaluation Process**

Date Approved / April 2016

Review date:

Recommended by: Susan Wood / Director of Care Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Approved by: Ivy Scobie / Executive Director Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Pressure Ulcer Risk Score (PURS)

**POLICY:**

To meet the requirements of resident-centred care, every effort is made to recognize, assess and appropriately manage pressure ulcers risk.

The following procedure is to be followed for assessing pressure ulcer risk.

EQUIPMENT:

* PURS Worksheet (RQHR 1210 (01/15))
* PointClick Care PURS

**PROCEDURE:**

Assessing residents using the MDS 2.0 is standard practice; therefore most PURS scores will be auto-generated upon completing a MDS assessment.

Based on MDS timelines, a PURS score is not generated for residents within 24 hours of admission therefore a PURS assessment is required.

The tool is presented in a table format and has 5 columns. The goal of the worksheet is for early identification and prevention of a pressure ulcer development.

The PURS score is impacted by seven sub-categories from the MDS assessment. You will code each of the sub-categories as per the guidelines in the MDS 2.0 User Manual. The seven sub-categories are listed in Column 1, Row 1 – 7 of the PURS worksheet. Each sub-category will receive a score based on the resident assessment:

* Bowel continence
* Bed mobility
* Walk in room
* Weight loss
* History of resolved ulcer
* Shortness of breath
* Daily pain

In column 2 and 3 are the definitions and corresponding score options for each of the seven MDS sub-categories.

In column 4 enter the score (from either column 2 or 3) that is most appropriate for each sub-category. When the assessment is completed, add the numbers in column 4 and enter the Total in the appropriate box beside the Pressure Ulcer Risk Score. The maximum possible score is 8.

In column 5 is a list of recommended interventions. Using your clinical judgement incorporate the most appropriate interventions into the resident care plan. When care plan is completed place signature in the box beside “Assessors Signature” and place the completed assessment in the resident’s chart (History).

Under the table the PURS Score is defined by the risk categories (very low to very high risk for developing pressure ulcer.

Supporting Documents:

* RQHR Pressure Ulcers CEAC 0272
* RQHR Guidelines to Prevent Skin Breakdown (2009)
  + Critical Factors
    - Pressure over bony prominences
    - Shearing / friction
    - Moisture
    - Heat build-up
    - Impaired sensation
    - Restrictive clothing
  + Nursing skin care maintenance care plan
* RQHR Nutrition Recommendations for Wound Healing (2015)
* RQHR Guidelines for Use of the Prevalon Pressure-Relieving Heel Protector (2015)

Reference

RQHR Special Care Home policies (2016) (section 1.4 (t))

PointClickCare: PURS

MDS 2.0 User Manual

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