## Residential Program Qualification

Issued By: Executive Director Effective Date: May 17th, 2007 Updated: June 15, 2017

Active positive participation in a personal development program, formulated in collaboration between Belkin House Staff and the individual Resident, is an integral basic requirement for all Belkin House residencies other than Emergency Shelter and CSC Residents. At Belkin House programs are purposeful, social and/or therapeutic activities, events, or meetings that take place in addition to routine residential, food services and counselling services. Whether regularly scheduled or one-time, programs are to uphold and support the mission of Belkin House as well as supplement the daily life of Belkin House Residents, contributing positively to their social, emotional and spiritual recovery.

Furthermore, it is a basic requirement of those seeking residency in the supported housing (PDP) program that the prospective Resident be; contemplative – demonstrating thoughtfulness and sincerity in their desire to positively participate in the PDP Program which is designed to assist the individual in moving forward out of their present circumstances towards wellness and self-sufficiency; stable - demonstrating a basic level of emotional stability; functional – demonstrating a basic physical and social capacity to participate in their program within a semi- independent co-ed community environment.

Residents arriving directly from jail / institution will be assessed and the option provided to the Counsellors to delay mandatory courses for up to 3 weeks in order to allow the Client the opportunity to "decompress" and adjust to Belkin House’s unique social environment. This decision should be made on a case by case basis of course. This will not only be of benefit to the Client, but to Staff and Residents as well. During this phase, however, an increase in counselling sessions is recommended and, based on Counsellor recommendation, one free meal daily until they can begin their program.

Every reasonable effort will be made to encourage and support PDP Residents towards the successful completion of their program.

The PDP Program may consist of a variety of in-house and community based programs, activities, meetings and other counselling and support services.

The Belkin House Breaking the Cycle Program consists of multiple activities, events and meetings and is made up of the following key components; education & skills training, counselling & coaching sessions, recreation & community building activities, personal & group Christian spiritual formation activities, and worker training preparation.

External programs may qualify as residency programs if they meet personal developmental criteria. The Director of Residential Services must approve each residential application based on participation in an external program before confirmation of program residency status.

The Program Department will be responsible for the development, staffing, promotion, scheduling, and oversight of Belkin House skills courses, employment related workshops, health, social and well-being activities.

The Program Department will ~~also~~ assist in the promotion and scheduling of spiritual formation programs and activities.

* The Program Department will work in partnership with Residential Department ~~C~~ To register PDP Residents into skills courses
* To relay pertinent information & concerns regarding Resident progress in courses
* To participate in case management – particularly where Residents may be struggling in program
* To coordinate PDP volunteers and relay PDP volunteers stats to Caseworkers
* To evaluate the effectiveness of Breaking the Cycle and make recommendations to Management regarding changes or additions to the Program caseworkers