

Joy to the world, the Lord is come!
Let earth receive her King;
Let every heart prepare Him room,
And heaven and nature sing.

Five Day Prayer Resource 2026



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LET US
adore
HIM

Day One

When Life Leaves Little Room for Jesus
Scripture: Luke 2:1–7

The Invitation: The ordinary pace and demands of life can easily crowd out our time with Jesus. Even good things can fill our schedules and occupy our thoughts leaving little room to sit quietly in His presence. Amid the busyness of this season, we can sometimes find ourselves with little room for Him in our hearts and lives. Today, Jesus invites you to slow down lay aside your distractions and simply be with Him.

Make Room Today: Identify the biggest distraction currently taking up space in your thoughts. Could it be your phone, your to-do list? Are the many responsibilities competing for your attention? Step away from the noise and busyness for a few moments. Spend some time in quiet prayer, inviting Jesus to fill Your heart and renew your focus on Him.

Pause and Ponder: What might change today if you made a little more room for Jesus? What could you set aside today to give Him your time?



Day Two

Choosing What is Better
Scripture: Luke 10:38–42

The Invitation: In the busyness of life, it is easy to be consumed by responsibilities, tasks, and the desire to get everything done. Martha was consumed by all that needed to be done (legitimate and important responsibilities) while Mary chose to sit at Jesus feet and give Him her full attention. Jesus reminds us that, amid all our demands, being in His presence is essential.

Make Room Today: Before you start your busiest task today, pause for two minutes to sit in silence, reminding yourself that your soul needs His presence more than your productivity.

Pause and Ponder: Am I making Intentional time to be with Jesus, or am I allowing the demands of life to take priority? What might I need to set aside to give Him my full attention today?



Day Three

Opening the Door to Jesus
Scripture: Revelation 3:20

The Invitation: Jesus doesn't force His way into our lives. He stands at the door and knocks patiently waiting for us to welcome Him in. Preparing Him room means being intentional about opening our hearts to His presence, inviting Him into every part of our lives, making space to listen to His voice.

Make Room Today: Take a few moments to pray a simple, personal prayer. Think of a specific area in your life such as your family, work, relationships, or worries that you want to invite Jesus into more fully.

"Lord, I open the door of my heart to you. Today, I invite you into _____. Come into this part of my life, bring your peace and wisdom, and help me to trust You more deeply. Come in and sit with me here. I welcome Your presence."

Pause and Ponder: What part of my life do I need to open more fully to Jesus today? Is there something I have been holding back from Him, and what would it look like to welcome Him into that space?



Day Four

Making room for Christ to Dwell

Scripture: Ephesians 3:14-19

The Invitation: Paul's prayer reminds us of the beautiful invitation to allow Christ to dwell in our hearts through faith. As we make room for Jesus, we become rooted and established in His boundless love, discovering a love that is deeper and greater than we can fully comprehend. As our relationship with Him grows, His presence shapes our hearts, strengthens our faith, and draws us into the fullness of life He desires for us.

Make Room Today: Read Ephesians 3:16 - 19 a second time, slowly and prayerfully. Turn these verses into a personal prayer, making the words your own. Ask God to strengthen your heart, deepen your understanding of Christ's incredible love, and help you live each day rooted in His presence.

Pause and Ponder: Am I allowing the love of Christ to take root deeply in my heart? How might my thoughts, attitudes, and daily life change if lived more fully aware of how deeply I am loved by Jesus?



Day Five

The Simple Manger of the Soul

Scripture: Isaiah 57:15

The Invitation: God does not look for grand, flawless, or pertect places to live. He chooses to dwell with those who are humble and contrite in spirit. We don't need to have everything together to welcome His presence. Jesus meets us in our brokenness, our weakness, and our need for Him. Just as the Manger was a humble place to welcome the Savior, our hearts can become a place for Him to dwell when we come with honesty, humility, and openness.

Make Room Today: Release the pressure to have it all together before approaching God. Bring your honest struggles, weaknesses, worries, and concerns into His presence today. You don't need to hide your imperfections or find the perfect words. Simply come as you are, trusting that God welcomes a humble heart and meets you with His grace.

Pause and ponder: What have I been trying to manage or carry on my own rather than bringing it to God? How can I make room for Jesus today by coming before Him just as I am, trusting Him to meet me with His grace and love?

peace

to

all

