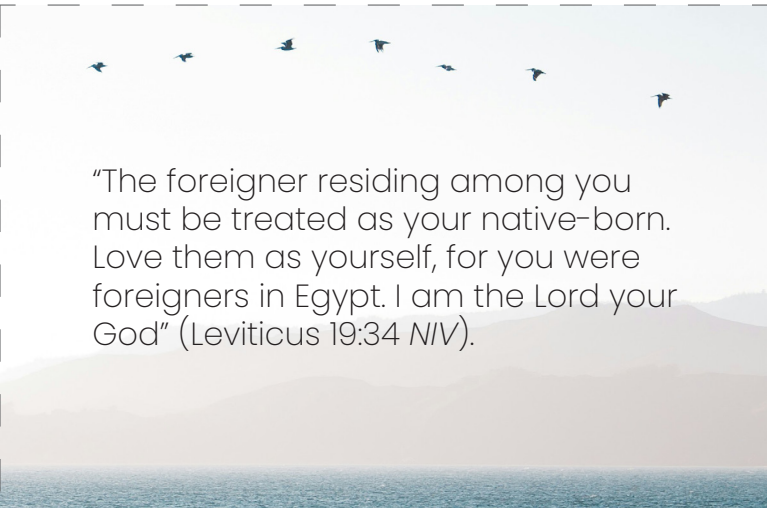
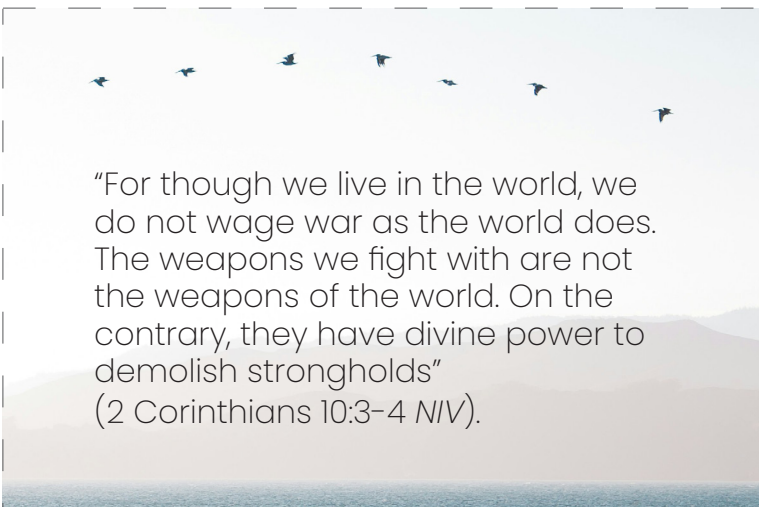


STEP UP and KNOW GOD'S WORD

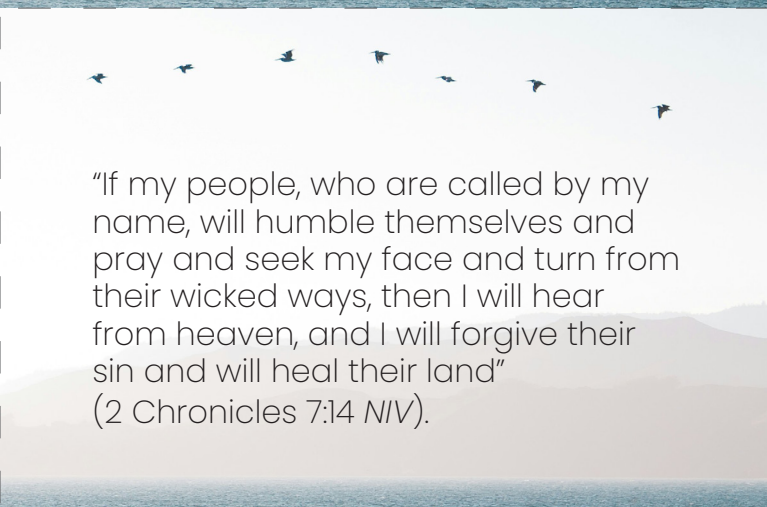
The Sword of the Spirit is the Word of God. Through Scripture memory, God's words are internalized, and available for offence and defence in the fight for freedom.



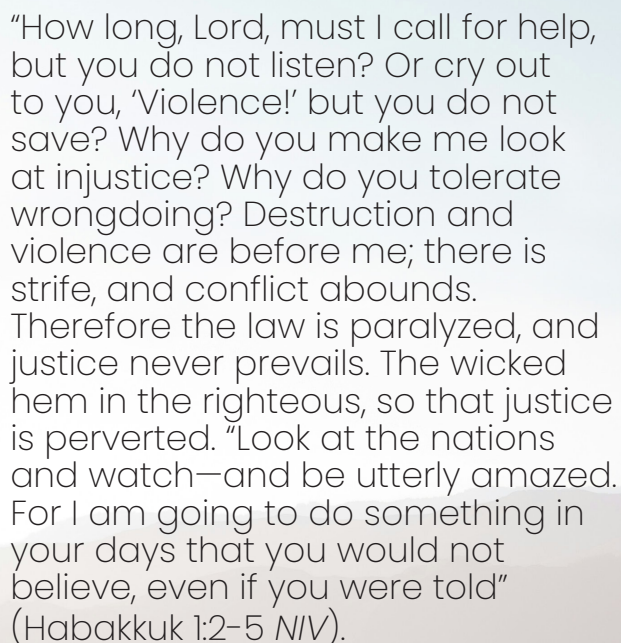
"The foreigner residing among you must be treated as your native-born. Love them as yourself, for you were foreigners in Egypt. I am the Lord your God" (Leviticus 19:34 *NIV*).



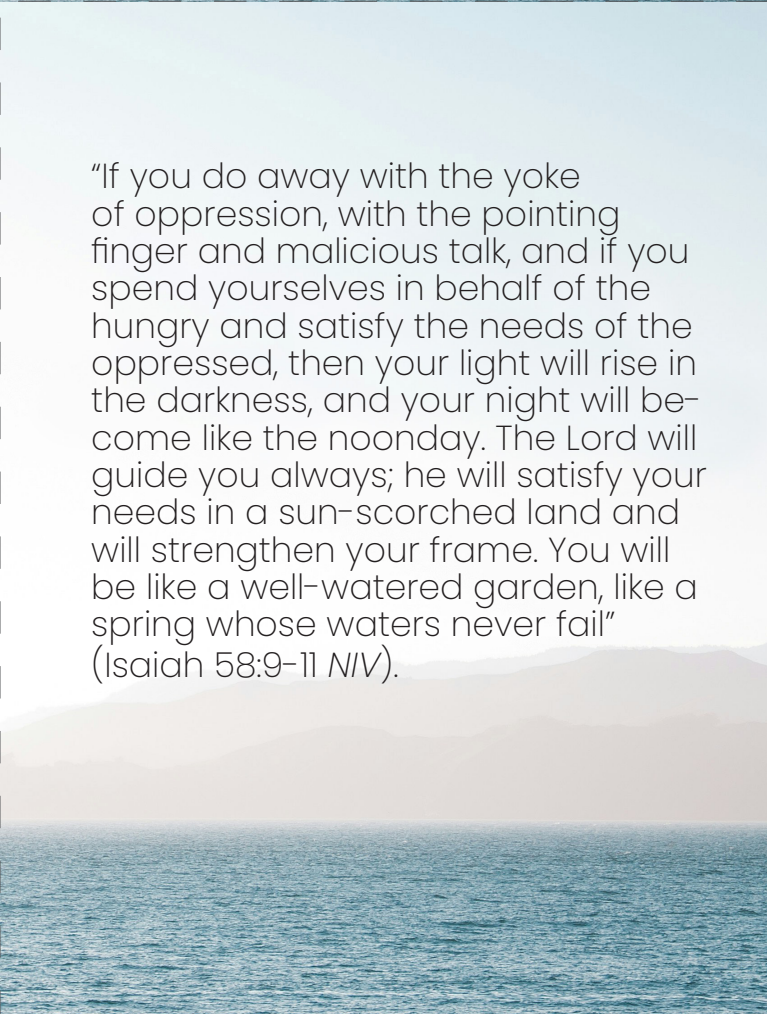
"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds" (2 Corinthians 10:3-4 *NIV*).



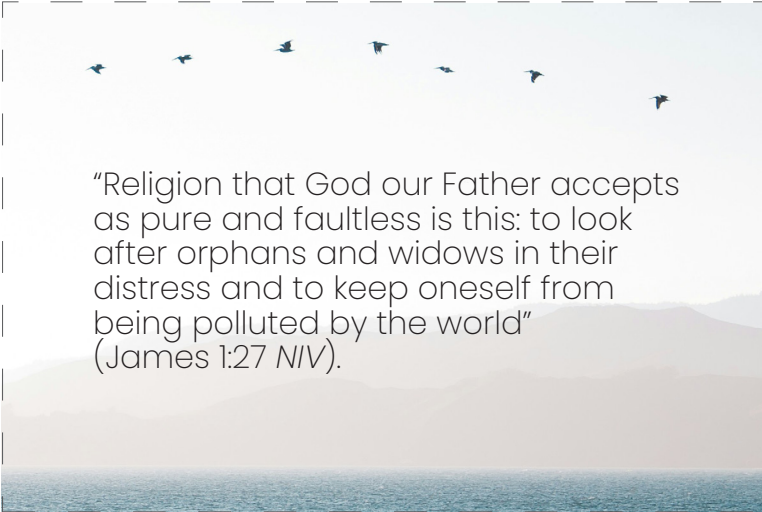
"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land" (2 Chronicles 7:14 *NIV*).



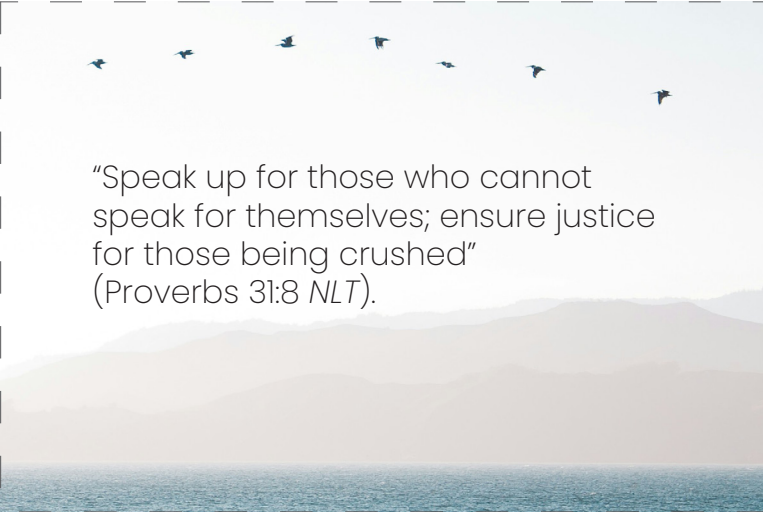
"How long, Lord, must I call for help, but you do not listen? Or cry out to you, 'Violence!' but you do not save? Why do you make me look at injustice? Why do you tolerate wrongdoing? Destruction and violence are before me; there is strife, and conflict abounds. Therefore the law is paralyzed, and justice never prevails. The wicked hem in the righteous, so that justice is perverted. "Look at the nations and watch—and be utterly amazed. For I am going to do something in your days that you would not believe, even if you were told" (Habakkuk 1:2-5 *NIV*).



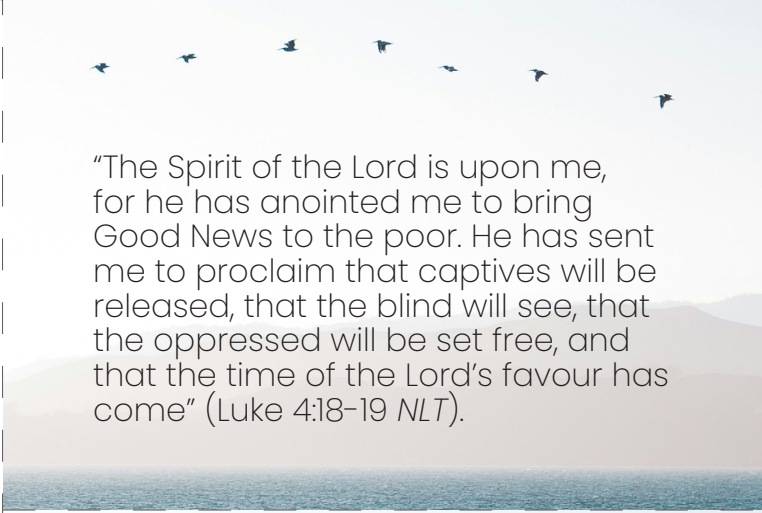
"If you do away with the yoke of oppression, with the pointing finger and malicious talk, and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday. The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail" (Isaiah 58:9-11 *NIV*).



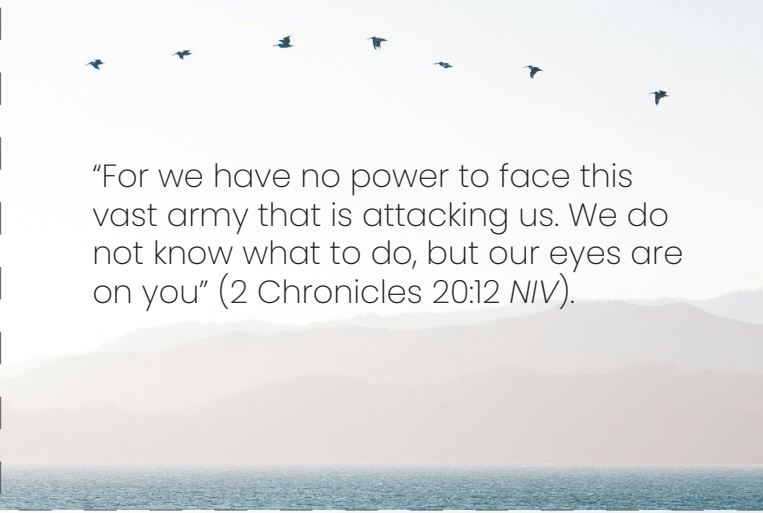
"Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world" (James 1:27 *NIV*).



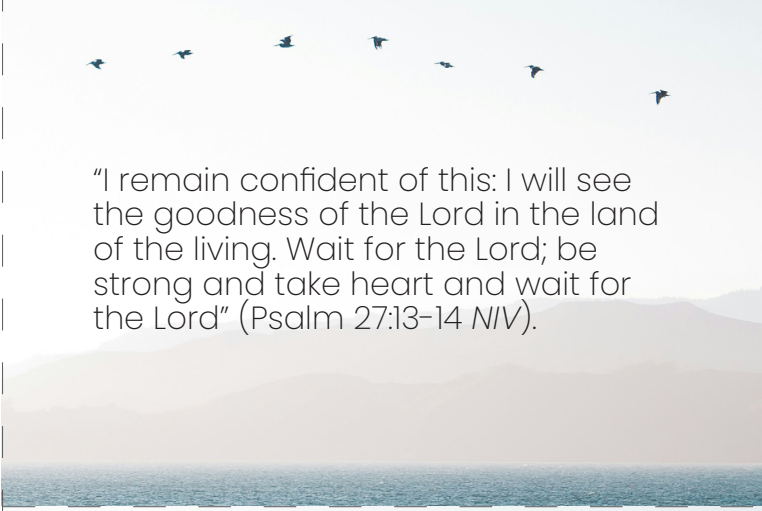
"Speak up for those who cannot speak for themselves; ensure justice for those being crushed" (Proverbs 31:8 *NLT*).



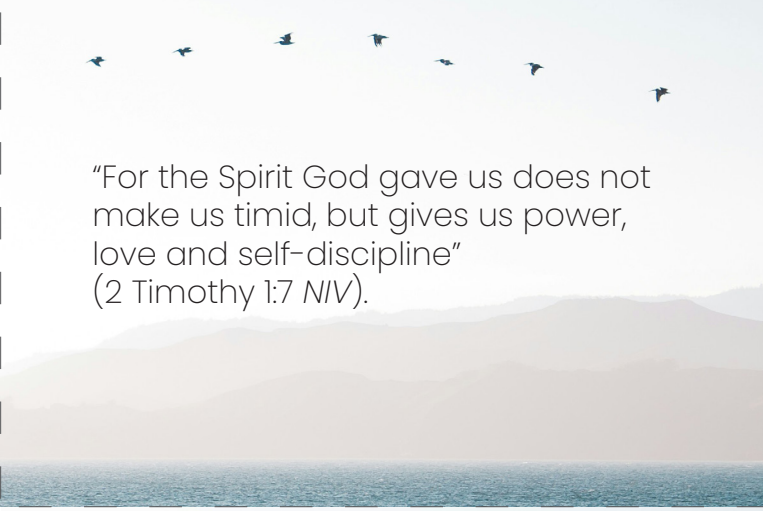
"The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favour has come" (Luke 4:18-19 *NLT*).



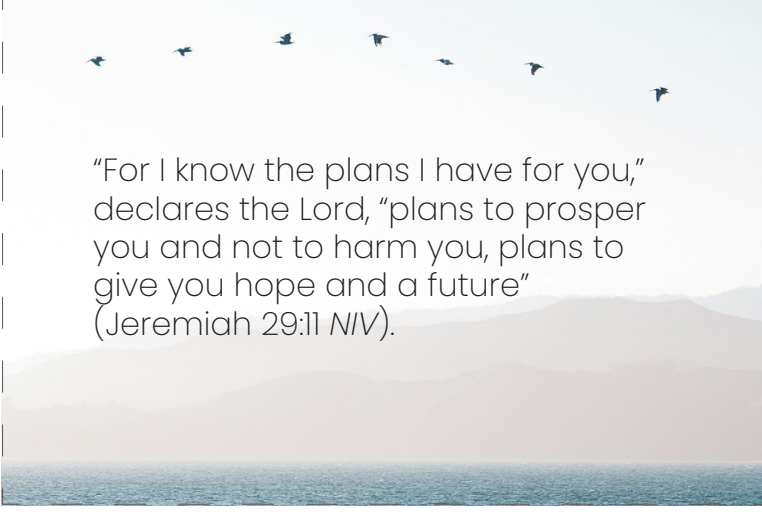
"For we have no power to face this vast army that is attacking us. We do not know what to do, but our eyes are on you" (2 Chronicles 20:12 *NIV*).



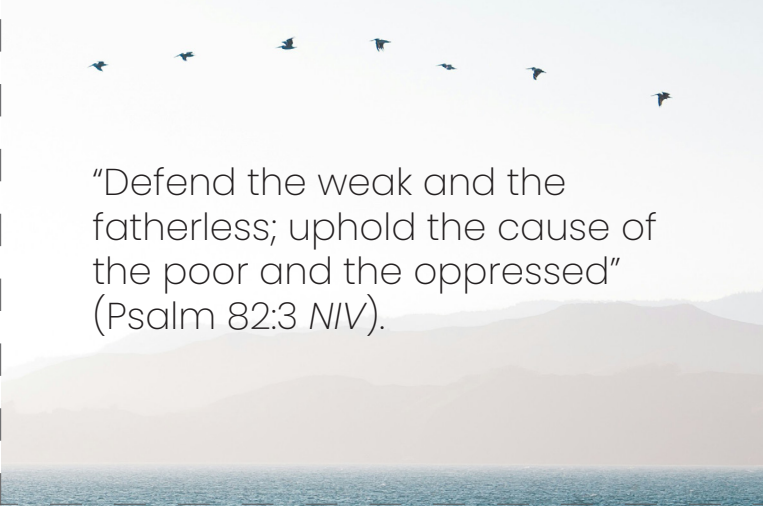
"I remain confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord" (Psalm 27:13-14 *NIV*).



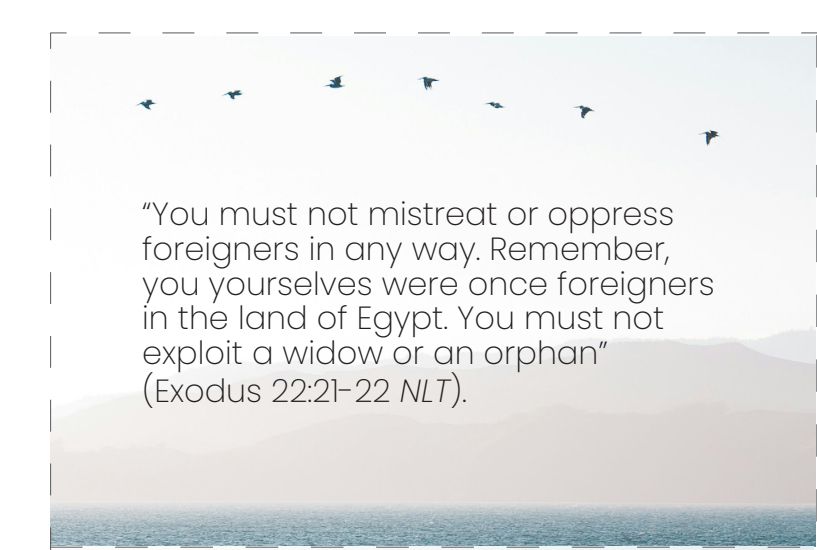
"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline" (2 Timothy 1:7 *NIV*).



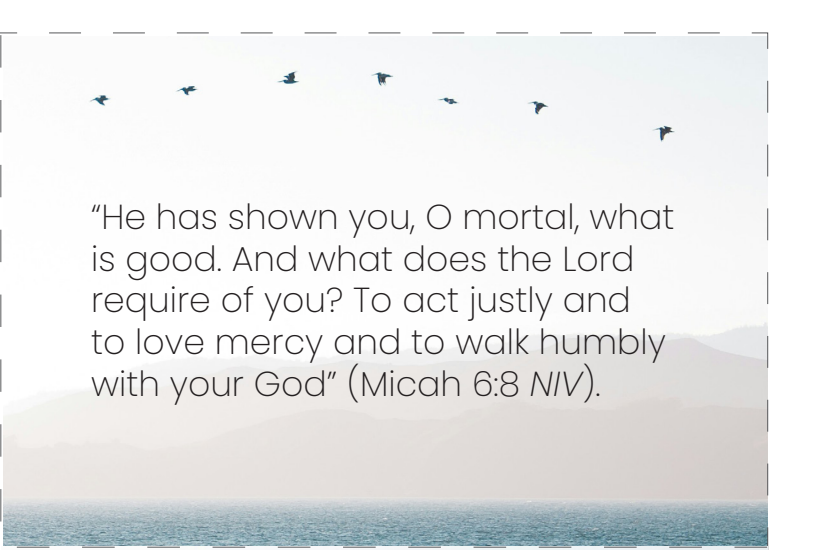
"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11 *NIV*).



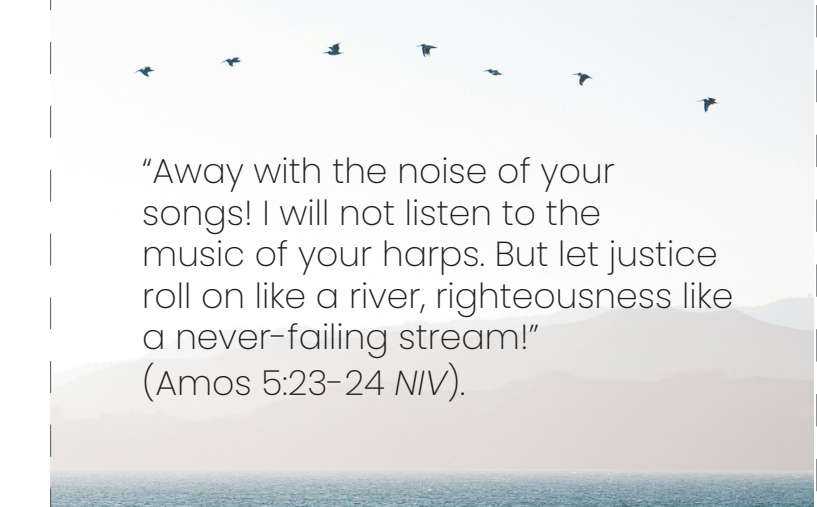
"Defend the weak and the fatherless; uphold the cause of the poor and the oppressed" (Psalm 82:3 *NIV*).



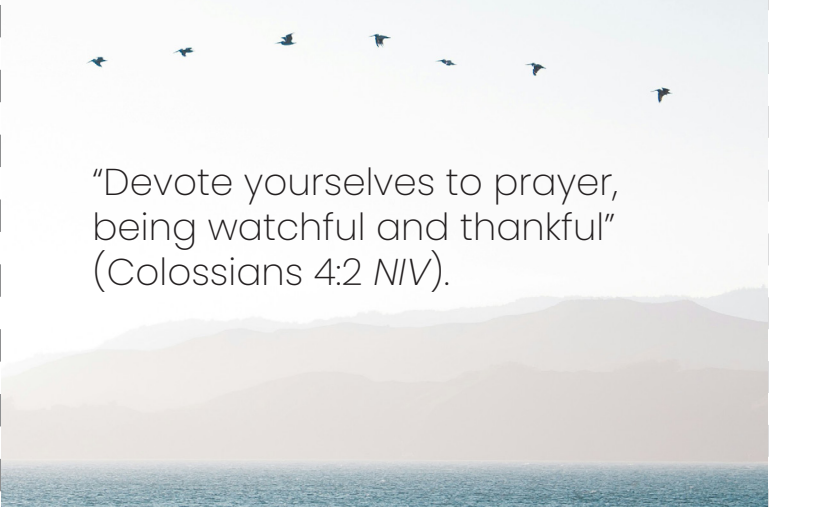
"You must not mistreat or oppress foreigners in any way. Remember, you yourselves were once foreigners in the land of Egypt. You must not exploit a widow or an orphan"
(Exodus 22:21-22 *NLT*).



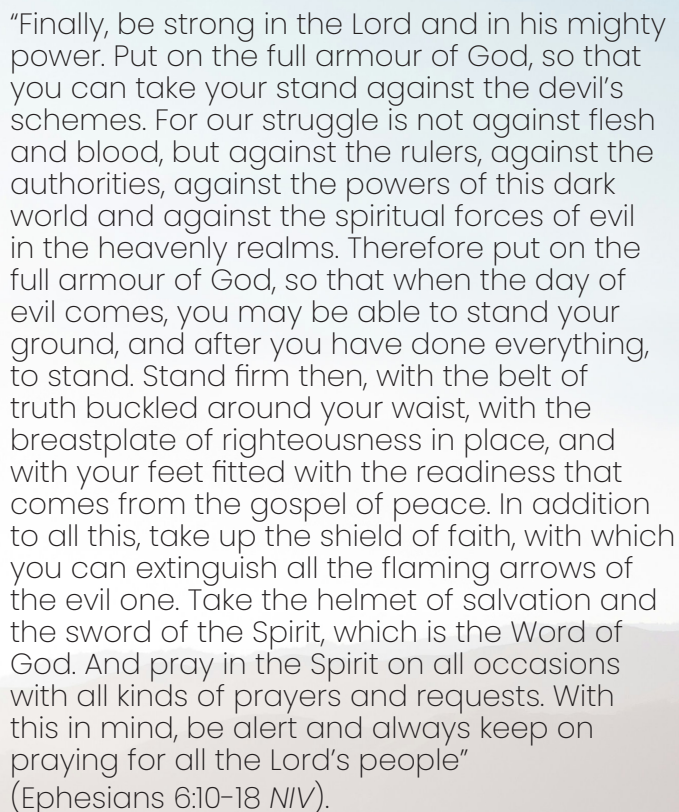
"He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God" (Micah 6:8 *NIV*).



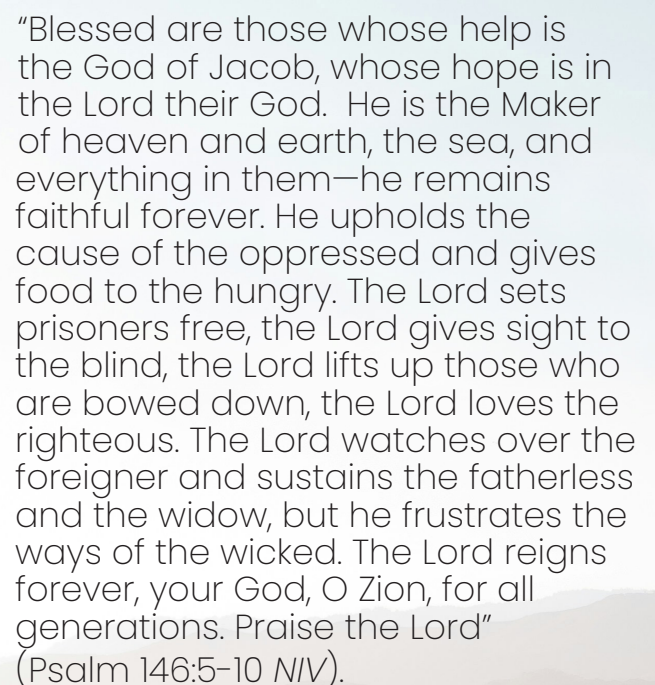
"Away with the noise of your songs! I will not listen to the music of your harps. But let justice roll on like a river, righteousness like a never-failing stream!"
(Amos 5:23-24 *NIV*).



"Devote yourselves to prayer, being watchful and thankful"
(Colossians 4:2 *NIV*).



"Finally, be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the Word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people"
(Ephesians 6:10-18 *NIV*).



"Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God. He is the Maker of heaven and earth, the sea, and everything in them—he remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous. The Lord watches over the foreigner and sustains the fatherless and the widow, but he frustrates the ways of the wicked. The Lord reigns forever, your God, O Zion, for all generations. Praise the Lord"
(Psalm 146:5-10 *NIV*).