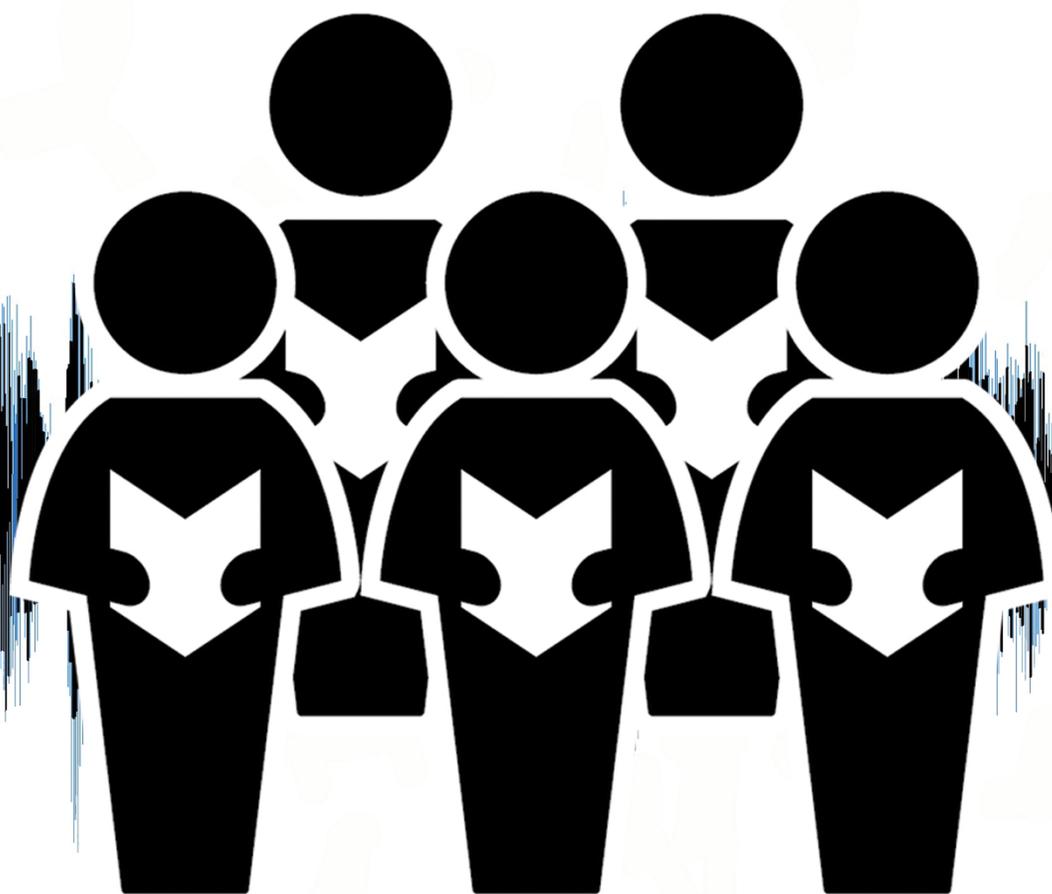


VOCAL COURSE

STUDENT WORKBOOK



↑ LEVEL 1 ↓



MUSIC AND ARTS MINISTRIES
CANADA AND BERMUDA

Table of Contents

Lesson	Page	Material
1.1	1	Introduction to Solfege Whole, Half and Quarter Notes
1.2	3	More on <i>do, re</i> and <i>mi</i>
1.3	5	Steps versus Skips; <i>do, mi</i> and <i>sol</i>
1.4	7	More on <i>fa</i>
1.5	9	Review
Appendix 1	11	Performance Solo
Appendix 2	13	Additional Information for Students

This course is designed to be used as an individual instructional study guide, as well as a class learning tool. Each lesson should take approximately 35 - 45 minutes including teaching and practice time. The suggested times are a guideline only. Not everyone will progress at the same pace. This student exercise book should be used in conjunction with the Instructor's Guide.

Each student should take a placement test before being placed in a level. After a student completes a level, there is a separate final test that should be completed and passed before moving on to the next level. Be sure you have these materials.

In addition, the Vocal Course is designed as a companion to the Music Theory Course developed by Music and Arts Ministries of the Canada and Bermuda Territory. It can be found at <https://salvationist.ca/sacbmam>. Students should utilize the music theory books to help advance their knowledge of music-making.

1st Edition
Copyright 2019 The Salvation Army
Canada and Bermuda Territory
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<https://salvationist.ca/sacbmam>

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Music and Arts Ministries
Canada & Bermuda Territory

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Lesson 1.1

Canon

Frère Jacques

Frè - re Jac - ques, Frè - re Jac - ques, Dor - mez vous? Dor - mez vous?

Son - nez les ma - ti - nes, Son - nez les ma - ti - nes, Ding, dang, dong. Ding, dang, dong.

Rhythm

Each of these notes has a different length. Here's how you count them:

Whole note	= 4 beats		= 1 2 3 4
Half note	= 2 beats		= 2
Quarter note	= 1 beat		= 1

1. Listen as your instructor claps a rhythm. Then you clap the rhythm back.

Melody

Major scale: formed by notes in a specific order, covering an **octave**.

Octave: the shortest distance between two notes of the same letter name (i.e., C to C, G to G)

Solfege: a system where each note of the scale is given a different syllable:

DO - RE - MI - FA - SOL - LA - TI - DO

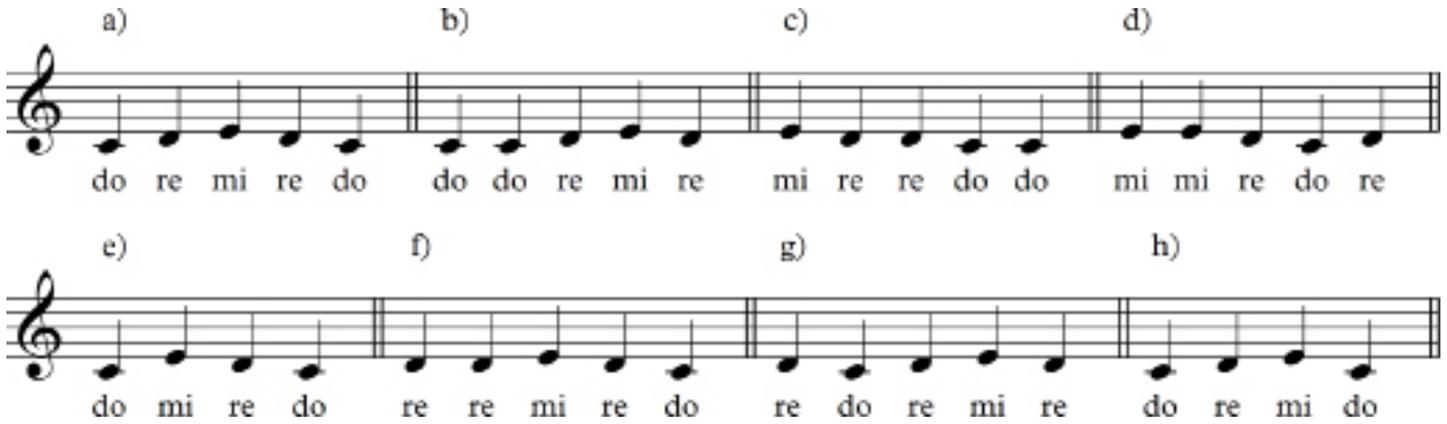
Pronunciation: doh - ray - mee - fah - soh - lah - tee - doh

1.



do re mi fa sol fa mi re do
(doh ray mee fah soh fah mee ray doh)

2.



a) b) c) d)
do re mi re do do do re mi re mi re re do do mi mi re do re
e) f) g) h)
do mi re do re re mi re do re do re mi re do re mi do

Performance

God Made the Flowers

Words by Evelyn Pulkin, Lori Pulkin and Katie Pulkin

Music by Evelyn Pulkin

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**See Appendix 1 (p. 11) for music.

Lesson 1.2

Canon

Frère Jacques

1) 2)

Frè - re Jac - ques, Frè - re Jac - ques, Dor - mez vous? Dor - mez vous?

Son - nez les ma - ti - nes, Son - nez les ma - ti - nes, Ding, dang, dong. Ding, dang, dong.

Rhythm

1.

a)
1 2 3 4 1 - 2 - 3 - 4 1 - 2 3 - 4 1 2 3 4

b)
1 - 2 3 - 4 1 - 2 - 3 - 4 1 2 3 - 4 1 - 2 - 3 - 4

c)
1 2 3 4 1 2 3 4 1 2 3 4 1 - 2 - 3 - 4

d)
1 2 3 4 1 2 3 4 1 2 3 4 1 - 2 - 3 - 4

e)
1 2 3 4 1 2 3 4 1 2 3 4 1 - 2 - 3 - 4

f)
1 2 3 4 1 2 3 4 1 2 3 4 1 - 2 - 3 - 4

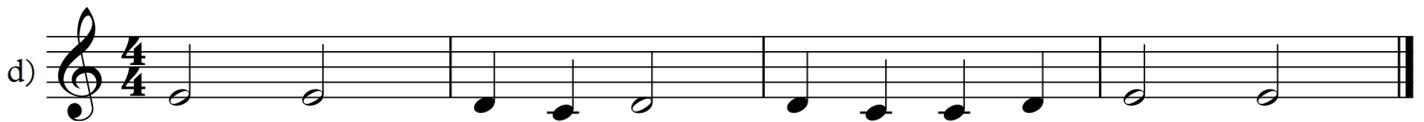
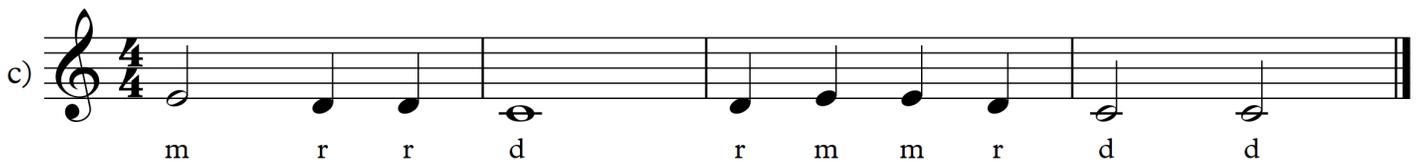
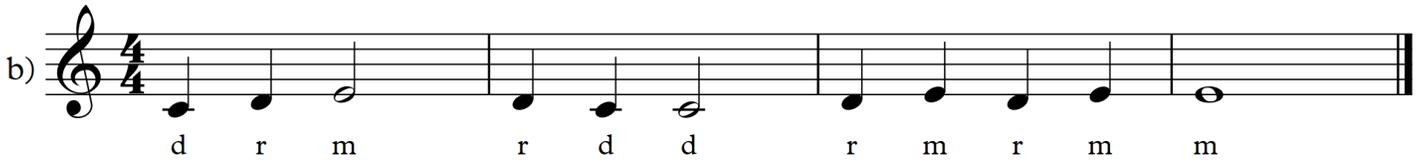
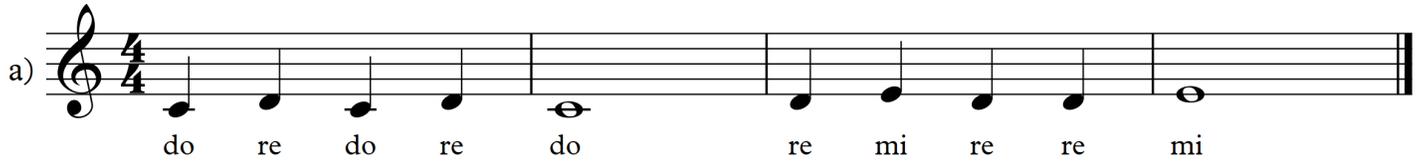


Melody

1.



2.



Performance

**See Appendix 1 (p. 11)

For Fun

Martin met a mob of marching munching monkeys.

Lesson 1.3

Canon

Ding Dong Diggidiggidong

Ding, dong, digg - i - digg - i - dong. Digg - i - digg - i - dong, the cat, she's gone!

Ding, dong, digg - i - digg - i - dong. Digg - i - digg - i - ding, dang, dong.

Rhythm

1.

a)
1 - 2 3 4 1 - 2 - 3 - 4 1 2 3 - 4 1 - 2 - 3 - 4

b)
1 - 2 - 3 - 4 1 - 2 3 - 4 1 2 3 - 4 1 2 3 4

c)
1 2 3 4 1 - 2 - 3 - 4 1 2 3 4 1 2 3 4

d)
1 2 3 4 1 2 3 4 1 2 3 4 1 - 2 - 3 - 4

e)
1 - 2 - 3 - 4 1 2 3 4 1 - 2 - 3 - 4 1 2 3 4

f)
1 2 3 4 1 2 3 4 1 - 2 - 3 - 4 1 2 3 4



Melody

1. Sing the first five notes of the major scale using solfege.

Steps: one note to the very next note.

Skip: when two notes have a note in between them. We skip over the note.

2.

a) b) c) d)

do mi sol mi sol do mi do mi sol mi do do mi sol mi sol mi do mi do

3.

a)

do mi sol mi sol mi do mi

b)

d m d m s s m d d

c)

m s m m d m s

d)

e)

do do do do do do do

Performance

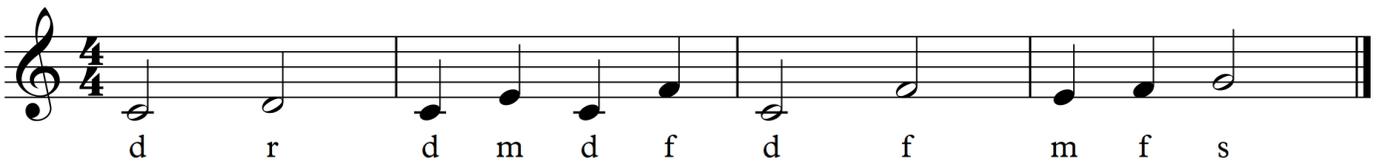
**See Appendix 1 (p. 11)

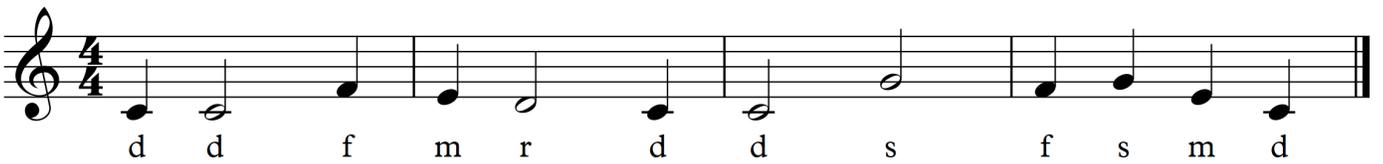
Melody

1. Sing the first five notes of the major scale, ascending and descending, using solfege.

2.

a) 
do re mi fa mi re do sol do

b) 
d r d m d f d f m f s

c) 
d d f m r d d s f s m d

d) 

e) 

Performance

**See Appendix 1 (p.11)

For Fun

Pop dropped the slop mop by the puddle of glop
when the cop stopped to hop.

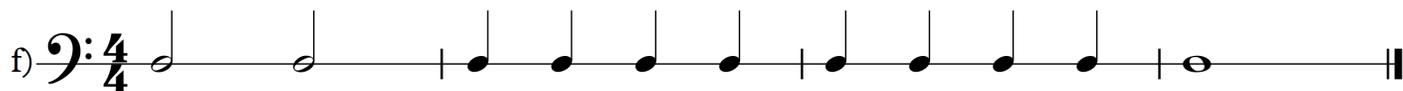
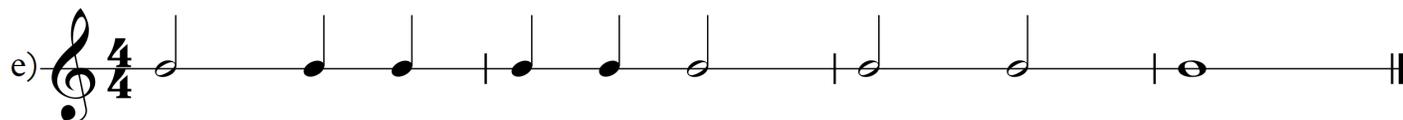
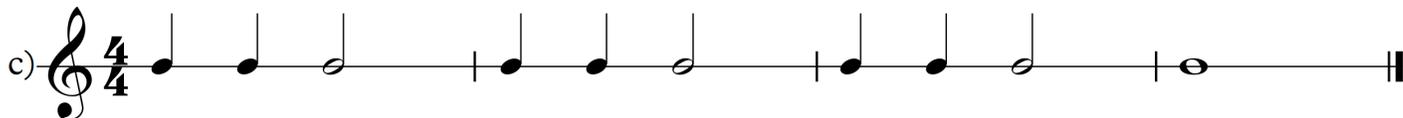
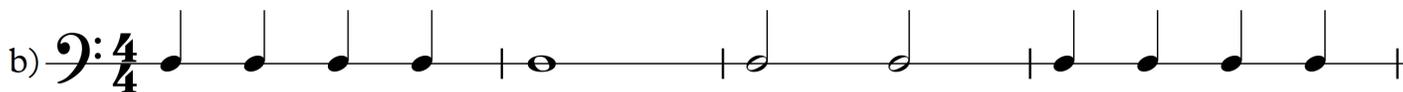
Lesson 1.5

Canon

Sing both canons from previous lessons (p. 1 and p. 5). Try each of them at different speeds and as a round.

Rhythm

1.

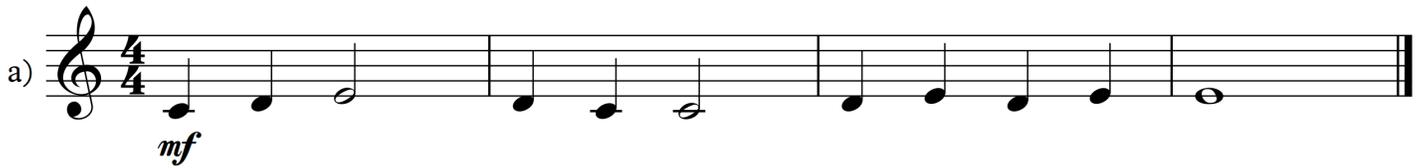


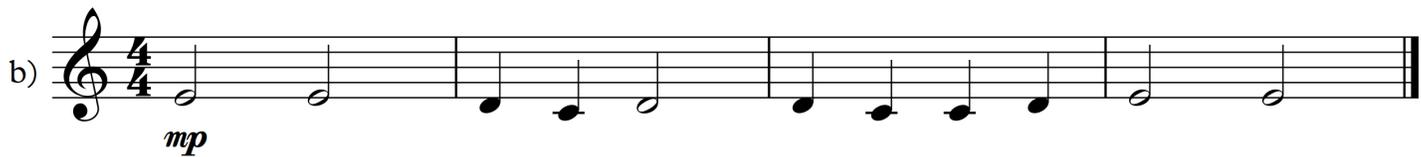
Melody

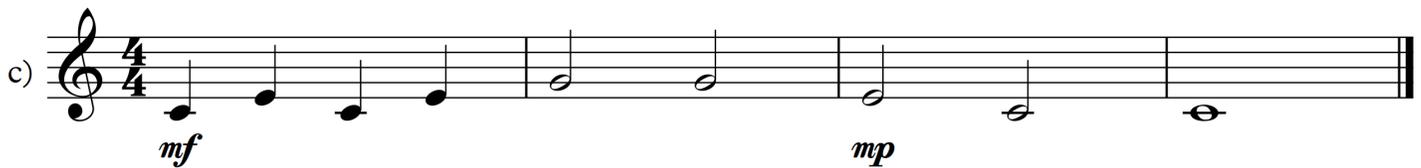
1. Sing the first five notes of the major scale, ascending and descending, using solfege.

Dynamics: how loud or soft the notes are sung or played
Forte (*f*): loud
Piano (*p*): soft
Mezzo forte (*mf*): medium loud
Mezzo piano (*mp*): medium soft

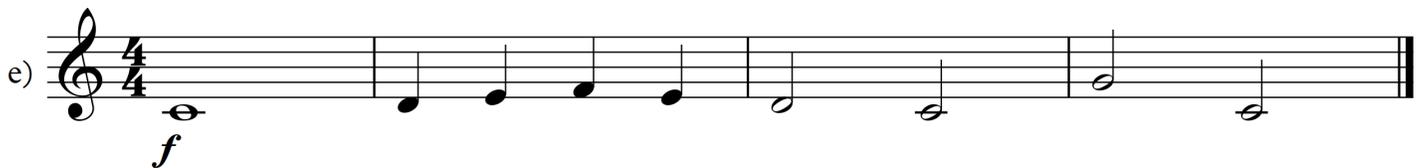
2.

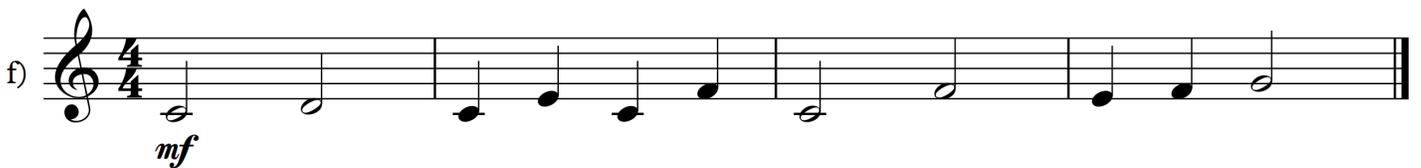
a) 

b) 

c) 

d) 

e) 

f) 

Performance

**See Appendix 1 (p. 11)



Appendix 1

God Made the Flowers

Evelyn Pullin, Lori Pullin, & Katie Pullin

Evelyn Pullin

With a gentle swing! ($\text{♩} = 120$) ($\text{♩} = \text{♩}^3$)

The first system of the musical score consists of two staves. The top staff is a single treble clef line with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of whole rests. The bottom staff is a grand staff (treble and bass clefs) with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of music. The first measure has a quarter note G4 in the treble and a quarter note G2 in the bass. The second measure has a quarter note A4 in the treble and a quarter note A2 in the bass. The third measure has a quarter note B4 in the treble and a quarter note B2 in the bass. The fourth measure has a quarter note C5 in the treble and a quarter note C3 in the bass.

5

The second system of the musical score consists of two staves. The top staff is a single treble clef line with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of music. The first measure has a quarter note G4, an eighth note A4, and an eighth note B4. The second measure has a quarter note C5, an eighth note B4, and an eighth note A4. The third measure has a quarter note G4, an eighth note F#4, and an eighth note E4. The fourth measure has a quarter note D4, an eighth note C4, and an eighth note B3. The bottom staff is a grand staff (treble and bass clefs) with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of music. The first measure has a quarter note G2 in the bass and a quarter note G4 in the treble. The second measure has a quarter note A2 in the bass and a quarter note A4 in the treble. The third measure has a quarter note B2 in the bass and a quarter note B4 in the treble. The fourth measure has a quarter note C3 in the bass and a quarter note C5 in the treble.

God made the flow - ers, God made the trees, God made the rab - bits and the bur - ble bees.

The third system of the musical score consists of two staves. The top staff is a single treble clef line with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of music. The first measure has a quarter note G4, an eighth note A4, and an eighth note B4. The second measure has a quarter note C5, an eighth note B4, and an eighth note A4. The third measure has a quarter note G4, an eighth note F#4, and an eighth note E4. The fourth measure has a quarter note D4, an eighth note C4, and an eighth note B3. The bottom staff is a grand staff (treble and bass clefs) with a key signature of one sharp (F#) and a 3/4 time signature. It contains four measures of music. The first measure has a quarter note G2 in the bass and a quarter note G4 in the treble. The second measure has a quarter note A2 in the bass and a quarter note A4 in the treble. The third measure has a quarter note B2 in the bass and a quarter note B4 in the treble. The fourth measure has a quarter note C3 in the bass and a quarter note C5 in the treble.

God made the fish in the deep blue sea; God made you, and — God made me.

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13

God made the stars that shine at night. God made the rain - bows, oh, so bright!

13

God made the moon - rains that go so high. God made the sun in the great big sky.

17

God made the bird - ies that love to fly. They sing praise and— so will I.

21



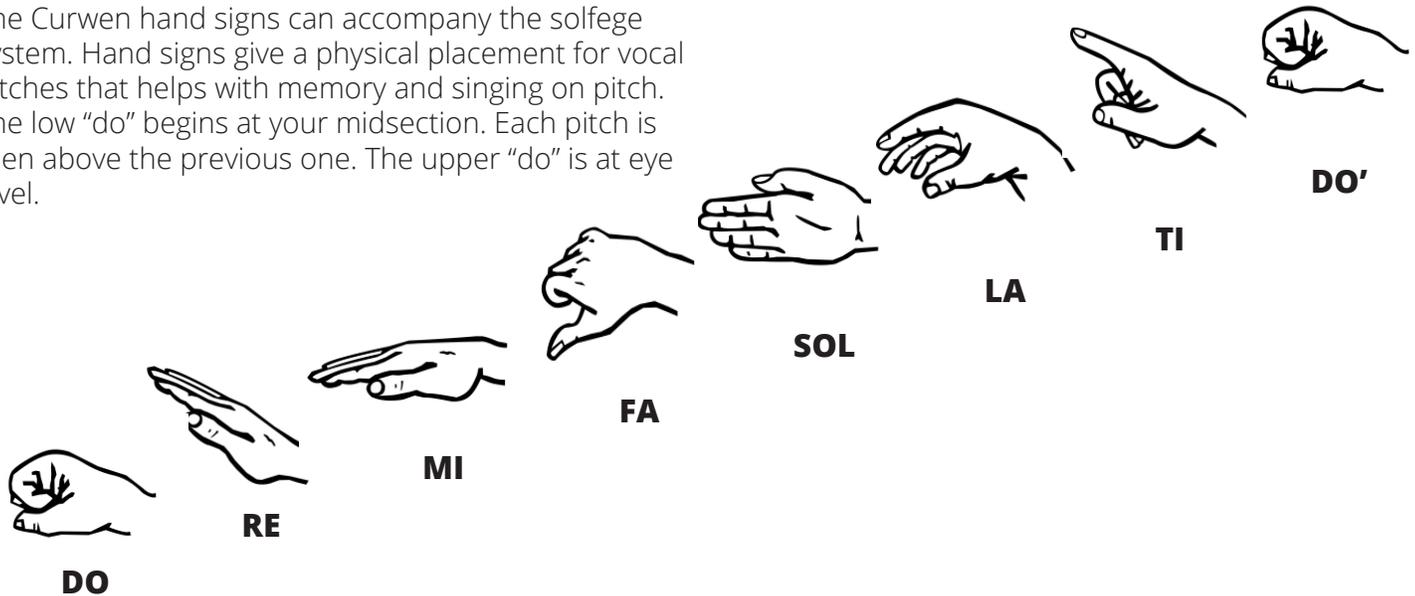
Appendix 2

Additional Information for Students

Learning to sing can be a fun and rewarding experience. The following are tips to help improve your singing.

Curwen Hand Signs

The Curwen hand signs can accompany the solfège system. Hand signs give a physical placement for vocal pitches that helps with memory and singing on pitch. The low “do” begins at your midsection. Each pitch is then above the previous one. The upper “do” is at eye level.



Song Examples for Various Intervals

Interval	Ascending	Descending
Minor 2nd	Theme from Jaws	Joy to the World
Major 2nd	Happy Birthday	Mary Had a Little Lamb
Minor 3rd	O Canada	Frosty the Snowman
Major 3rd	When the Saints Go Marching In	Swing Low, Sweet Chariot
Perfect 4th	Amazing Grace	O Come, All Ye Faithful
Tritone	The Simpsons Theme Song	
Perfect 5th	Twinkle Twinkle Little Star	Theme from The Flintstones
Minor 6th	The Entertainer	Theme from Love Story
Major 6th	My Bonnie Lies Over the Ocean	Nobody Knows the Trouble I've Seen
Minor 7th	Somewhere (from West Side Story)	
Major 7th		
Octave	Somewhere Over the Rainbow	

