

Little Ladies Night Out

“Princess Party”

Program by Cobourg YP Team

(Suggested age for program is 4-12)

Evening Outline:

6:00 – 6:30pm	Arrival/Registration
6:30 – 7:00pm	Individual group activities - Activity #1
7:00 – 7:30pm	Individual group activities - Activity #2
7:30 – 8:00pm	Individual group activities - Activity #3
8:00 – 8:30pm	Snack, Devotional Time & Announcements
8:30pm	Dismissal

Arrival: (6:00 – 6:30pm)

While children are waiting for others to arrive, they can watch a movie related to the theme of the evening.

Movies suggestions include:

Veggie Tales – The Princess and The Popstar
Tangled
Barbie
Ella Enchanted (with Ann Hathaway)
Enchanted
Sleeping Beauty
Beauty & The Beast

Cinderella 1, 2 & 3
Another Cinderella Story (with Hilary Duff)
Rapunzel
Barbie – 12 Dancing Princesses
Barbie – The Diamond Castle
Barbie – The Island Princess

Group Activities: (6:30 – 8:00pm)

Children can be divided into three groups depending on the number of children. All three activities will run simultaneously and the groups will be on a rotation basis. Each activity will be approximately ½ hour long.

Purpose:

To have fun and learn a little bit about proper British etiquette. To learn that they are all God's little princesses and are very special to God.

Registration:

Set up 2 tables. The first table can be used for the girls to get their name tags and the second table for the registration and fees if applicable. Having separate tables can help reduce congestion at the registration table if a large number is expected.

Activity #1 – Princess Games:

Sleeping Beauty (while girls pretend to be sleeping, the “queen” walks around, looking for a princess that is moving. The last girl to remain still, wins.)

Princess Pull (girls are put into teams and each team is given a blanket. One girl sits on the blanket, while the other team members pull her across the gym floor. The first team to cross the finish line wins).

Activity #2 – Crafts:

Decorate princess crowns

Supplies: glitter glue, foam crowns (can be purchased at Dollarama) and self-adhesive sparkly decorations

Activity #3 – Tea In The Garden:

During this “tea time” the girls will be taught proper etiquette while visiting with the Queen (have one of the leaders dress up as a queen). Teach in an exaggerated manner to make the time fun and memorable.

Set up room as a small garden with tables, flowers, archway with lights, children’s tables and chairs. Use pretty colored napkins and flowers as centre pieces.

Food: Serve soft chocolate chip cookies, english muffins, jam, honey, hot chocolate (coffee), ice tea(hot tea). If possible use glass plates and tea cups and saucers.

Devotions:

Idea: Share the message from “The Paper Bag Princess”

Devotions can take place after all the activities are complete. Following devotions give announcements before children are dismissed.

Decorating & Costumes:

Set up and decorate all the rooms that will be used as small gardens using lots of flowers, lights, ribbons and streamers.

Optional: Leaders to dress up according to theme