



Cabin Fever Busters

Carolyn Simpson, Georgetown, Ontario

Type of Group	Moms & tots, but includes grandparents & caregivers
Frequency & Duration	Weekly for 2 hours. The winter season or throughout the year
Group Objectives	To provide a safe, healthy environment for children to play and parent/caregiver to meet others and build relationships.
Important Considerations	In order for relationships to be built, leaders must show consistent concern and real interest. Absentees should be followed up and opportunities to show concern and care and appropriate support should be given, ie: a new baby or death in the family. Contact throughout the year should be made by using email and sending out invitations to worship and other church events.
Program Outline	Free play for the children in a large open space while parents socialize and enjoy refreshments.
You Will Need	Snack – Network with a local shop for this if you can Floor Mats Multiple age level appropriate toys, exersaucers & bouncy chairs Tables for adults to sit at, arrange so they can see their children playing Videos, DVDs, & Books 1 or 2 leaders with preschool age children (this is essential)
Cost	Free, with a donation jar in the snack area
Tips	Label toy bins with both words and pictures and cover the labels with packing tape. Children will be able to see what goes in each bin and help with clean up