

Fruit of the Spirit Activity

This idea can be used in building a team spirit with ladies. A small Bible Study group, Book club, Scrapbook group, etc. will benefit from this activity as building strong spiritual relationships also provide encouragement in their journey of faith.

Scripture: Galatians 5: 22 – 23

Goal: To build a strong spiritual team of ladies within your Church.

Materials: Drawing paper
Markers
Coloured paper
Other craft materials optional.

Procedure: Ask each lady to think of a piece of fruit that describes her personality the best. Have each one draw the fruit or create something to represent the fruit and ask them to share how this relates to their personality. Ask them to think carefully about it and use it as an opportunity to share about themselves with the ladies in the group to create a team.

e.g. Grapes best describe me. I love grapes but I can be picked out of the bunch to be alone. I can lead but don't mind being a follower. I love working with people. I sometimes do not take criticism well. I am learning not to wear my feelings on my sleeve.

This is a great opportunity for women to share in a fun and interesting way.

After everyone has shared remind them how the fruit in their lives is powered by the Holy Spirit that God's desire is to build strong spiritual relationships and bring everyone together as one.

