

The Fitting Room

PUT ON THE LIFE TAILORED FOR YOU

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” (Colossians 3:12)

Overview of the Theme

How can we clothe ourselves in Christian virtues like forgiveness, joy, patience, and compassion? How can we see ourselves in the reflection of Christ? Can we really “dress up” in His character? The answer is YES! When we let the Master Designer do the fitting, we will learn to wear His virtues. Try on the character of Christ, remove the old garments (shame, fear, bitterness ...) and embrace your God-given identity. During your time together, invite women to experience a spiritual makeover. Put on a life that’s personally tailored by the One who knows you fully and loves you completely.

Worship Ideas

Call to Worship

Based on Colossians 3:12-14

Leader: As God’s Chosen people, holy and dearly loved

People: We come to clothe ourselves in what pleases Him.

Leader: Put on compassion, kindness, humility, gentleness, and patience.

People: We put off anger, pride, and selfishness, and we choose the garments of Christ.

Leader: Bear with one another and forgive as the Lord has forgiven you.

People: We release offence and choose the freedom of forgiveness.

Leader: And over all these virtues-

People: we put on love, which binds everything together in perfect unity

All: Lord, dress us in Your character. Shape us in Your image. Prepare us in Your presence. We worship You with grateful hearts.

My Story Panel (Testimonies of women who have been transformed)

Bring a group of women (3-4) together for an interview style testimony. You can create a relaxed atmosphere with a sofa or comfy chairs with a coffee table.

You may ask questions like the following:

- Briefly share about your life before you encountered Christ.
- What was the turning point or moment that led you to seek a deeper relationship with God?
- Have you ever tried to “fit in” with the world’s design for you? How did Christ shift your view of true worth and beauty?
- Share about a time when God stripped away something false so He could clothe you with something real.
- How has being clothed in Christ impacted the way you treat others?
- What would you say to a someone who feels like they’re not enough, not worthy of God’s love?

Sermon/Devotional Idea

Fashioned by Grace – We are transformed by Grace and called to reflect it.

1. You are Chosen by God – Not random, not overlooked – you are not an afterthought. God chose you for a purpose! You are seen, known, loved, and called by Him.

1 Peter 2:9 “You are a chosen people...” Deuteronomy 7:6

2. You are Holy – You are set apart, made clean through Christ. It means that you are called to live differently – not to blend in, but to stand out as a reflection of Jesus.

1 Peter 3:15 Leviticus 11:44-45

3. You are Dearly Loved – You are not just loved in a general sense, you are dearly loved by the God who created you, knows you, and calls you His own. It’s a deep, abiding love – personal, unwavering, and eternal. Romans 8:38-39; Jeremiah 31:3; 1 John 3:1

4. So... Dress Accordingly – clothe yourself with compassion, kindness, humility, gentleness, patience. This is a call to action, an intentional choice to embrace these virtues as a part of your identity as God’s chosen and beloved. Colossians 3:12

Other Ideas ...

Wardrobe Tags – As ladies arrive, give them a symbolic tag to hang around their neck or wrist with the words – Beloved, Chosen, Forgiven, Loved, etc. You can order personalized silicone wristbands from Amazon; www.MudLOVE.com sells beautiful clay bracelets with inspirational words.

Mirror Station – This is a great idea to start your weekend. Have women write what God says about them on a mirror with dry erase markers (loved, chosen forgiven, redeemed, etc.). This could be a beautiful display for your weekend.

The Runway of Grace Fashion Walk – Imagine the runway for a fashion show but instead of modeling trending fashion, you're showcasing transformation. Have each women write what she's leaving behind and what she's stepping into. As the music plays, they "walk the runway" holding signs with their new identity (example: Insecure to Empowered; In bondage to Freedom; Fear to Peace; Bitterness to Forgiveness; Guilt for Grace).

A similar idea but instead of signs have women walk the runway one by one. As they walk in, have someone narrate what she's leaving behind and what she's taking on. They can symbolically remove a garment (jacket or scarf with a label identifying what they are leaving behind). Then they put on something new – a scarf or a name tag with what they are putting on. This is not just a walk but a declaration. What is God calling you to wear? The world needs to see women walking in truth!

This or That Fashion Show

This can be a fun addition to a ladies night out or other event. Have models walk the runway wearing two contrasting outfits (example: casual denim vs dressed up glam, bold prints vs neutral tones). Have ladies vote with applause, paddles or this or that signs.

7-Day Prayer Journey – Invite women to share in this meaningful prayer journey leading up to your weekend. Resource is found on Women's Ministries Website under resources. <https://salvationist.ca/womens-ministries/home/>

Bible Study - "A Jesus Shaped Life" by Lisa Harper

This seven week study is an invitation to explore the depths of God's character, God's love for you, and how your relationship with Him transforms you. Journey with your women and discover how biblically sound theology can deepen your relationship with God and each other.

Craft Idea – "Look Unto Christ" yarn work photo.

This is a easy, beautiful craft idea for your ladies. Found on [etsy.com](https://www.etsy.com/search?q=look+unto+christ)
Search – Look Unto Christ . Created by PixelNinjaStudios

Breakfast/Brunch Ideas

Welcome Ladies! Today you're stepping into "The Fitting Room" – a space where we reflect on what it means to be fashioned by God. Just as we take time to choose what we wear each day, God lovingly invites us to be clothed in His character.

Set up a coffee/tea and special drink station. Women can enjoy a hot beverage while they are waiting for the event to start. Ask someone from your church/community to make special drinks like lattes, Cappuccinos, etc.

Decor & Atmosphere Ideas

- Play Soft worship music in the background
- Create a large welcome sign that says "The Fitting Room - Clothed in Christ"
- Use hangers, a vintage frame, and a floor mirror. You could hang a small curtain rod and drape fabric like a real fitting room entrance.
- Decorate a corner like boutique fitting room with a full length mirror. Add a sign: "See Yourself The Way God Sees You!"
- Floral centerpieces in mason jars (look up ideas on Pinterest)
- Add scripture verses or faith quotes on mini chalkboards on each table (Boards can be ordered on Amazon - 10 piece reusable mini chalkboards with Easel stand for \$17.99).

Have conversation starter cards at each table that the women can share while waiting for the brunch to begin. (Example: What's one way you have seen God at work this week? Is there a bible verse that's been especially meaningful to you recently?)

Share a devotion based on Colossians 3:12-14. You could also invite a guest to share their testimony of God's transformative work in their life.

Creative Reflection Activity – Provide pieces of fabric or ribbon to each lady. Ask them to reflect and write down one virtue God is inviting her to put on (Example: compassion, patience, forgiveness, etc.). Invite ladies to bring the fabric/ribbon and pin it to a clothing rack or mannequin ... or place it on a mirror, symbolic that they are asking the Lord to do a new work in their lives.

Prayer of Blessing: Lord, may we go forward clothed in the love of Christ, walking confidently in what You have tailored just for us. Continue to do your work of transformation in our lives. Amen.

More Ideas ...

- Create a mock boutique or fitting room entrance with curtains, mirrors, and hangers labeled with words like Grace, Faith, Strength, Joy, Peace.
- Make a Welcome Sign that says, “Welcome To The Fitting Room- Where God Dresses You in His Best.”
- Inspirational framed scripture art – use elegant frames with verses such as:
“She is clothed with strength and dignity” Proverbs 31:25
“We are transformed into His likeness” 2 Corinthians 3:18
- Decorate mirrors with scripture verses like James 1:23-25, Romans 13:14 or phrases like “God’s Masterpiece” or “I am being shaped into the image of Christ, day by day”.
- Create a photo booth area – with mirrors, clothing items, and sign’s like “God’s Masterpiece”
- Affirmation Corner – Create a wall or frame with words of affirmation – “I am loved,” “I am enough in Christ,” “I am chosen,” “I am fearfully and wonderfully made.”
- Table décor ideas – Small mirrors, soft lights with framed affirmations (God delights in you, you are enough, etc.).