

Chocolate Spa Night

Great idea for a Girls night out!!!

Adapted from program by Dannyelle Nicolle

www.lifeisaparty.ca

Set-up/ Décor: Every chocolate event need lots of chocolate including chocolate décor, chocolate scented candles (can be purchased at dollar store), and of course lots of chocolate for eating! Use the colors brown and white for your décor. Cover tables in white table cloths and layered with brown tulle on top. Display and light lots of chocolate candles which will make the room smell delicious. Place some pussy willows which are natural brown and white color in a vase. Use brown ribbon to dress up vases or candle holders. To add a fun detail make a simple banner to hang over food table that says, *"A day without chocolate is like a day without sunshine"*.



Food: Set up a chocolate buffet with lots of chocolate treats. You could also create a fun candy buffet as well if it will be a larger event. Have chocolate desserts, chocolate cake, chocolate chip cookies, brownies, homemade fudge and of course a chocolate fountain with treats for dipping. Candy buffet could be any assortment of chocolates, chocolate covered pretzels, & M &M's for a splash of color.

Activities: Break into pairs of two and give hand massages with chocolate scented hand lotion. Have supplies available for ladies to do each other's nails in chocolate inspired colors. You could also invite a local esthetician to help with this. The final activity could be making a take-home chocolate sugar scrub. Set up the ingredients with signs listing correct measurements for ladies to make their own.



Instructions/ Recipe for Sugar Scrub

¼ cup of Demerara Sugar

1 tbsp. of Cocoa Powder

1tbsp. of Oatmeal Powder (which is oatmeal ground into powder in your food processor)

1 tabs. Of Honey

1 tabs. Of Olive Oil

Mix all the ingredients together and store in an airtight jar. To use, wet skin, use scrub to exfoliate and rinse with warm water. Place tag or label on jar saying "Chocolate Sugar Scrub".

Devotional ideas:

Share some thoughts on Psalm 34:8 or check out this link: http://www1.usw.salvationarmy.org/usw/www_usw_wm.nsf/vw-sublinks/65A2B6BCF02C4757882579D60062750C?openDocument. Or you may wish to purchase the book, "God So loved The World...That He Created Chocolate"