

Those Special Recipes

Patsy Rowe



Pre-Arrangements:

A few weeks prior to the event, ask each woman to give you a copy of their favorite recipe; these can be compiled into a recipe book and given to each woman on the night of the meeting.

Ask women to bring samples of their special recipe for taste testing.

Ask several women to share why their recipe is special.

Introduction:

Every family has a special recipe that is used on selected occasions—for example, at family get-togethers or to take to potluck events. These recipes sometimes are called ‘family recipes’ that have been passed down through several generations; sometimes the recipes may even contain ‘secret’ ingredients which gives a unique taste that “keeps them coming back for more.”

Game: Unscramble the ingredients

Unscramble the ingredients:	
LOFUR _____	VAYROS _____
TRUBET _____	TOSOPEAT _____
GRAUS _____	BACGEBA _____
MNICANNO _____	SELAMSOS _____
PEHCKUT _____	INONO WODREP _____
BURAEQEBE ACUSE _____	LAGRIC _____
NAKIGB DERWPO _____	YECREL _____
TAME DEREZINTRE _____	NOSNIO _____

Flour, savory, butter, potatoes, sugar, cabbage, cinnamon, molasses, ketchup, onion powder, barbeque sauce, garlic, baking powder, celery, meat tenderizer, onions

Recipe for a Happy Life



{ Author unknown }

Take twelve whole months...
Clean them thoroughly of all Bitterness, Rumors, Hate and Jealousy;
In other words make them as Fresh and as Clean as possible.

Now cut each month into 28, 30, or 31 different parts.
But don't make up the whole batch at once.
Instead - prepare it one day at a time.

Mix the following ingredients well each day:

One part of Faith
One of Patience
One of Courage,
One of Work.

Add one part each of Hope, Faithfulness, Generosity, and Kindness.
Blend with one part Prayer, one part Meditation, and one Good Deed.
Season the whole thing with a dash of Good Spirit, a Sprinkle of Fun,
A Pinch of Play, and a Cupful of Good Humor.

Pour all these into a Vessel of Love.
Cook thoroughly over Radiant Joy, Garnish with Smiles,
And Serve with Quietness, Unselfishness, and Cheerfulness.

If you follow this recipe,
You are bound to have a Happy Life.

Source: <http://www.livingbyheart.org/recipe.html>

Sharing of Favorite Recipes:

Ask several ladies to share what makes their recipe special (perhaps because of where they acquired it, a special event in which it was used, etc).

Give out the recipe books



Devotional: The Ingredient for An Abundant Life



Have you ever been prepared to do some baking or cooking only to discover that you did not have enough of a particular ingredient available. This creates a dilemma—do you just use the amount you have, do you leave the missing ingredient out of the recipe, do you select another recipe, do you decide not to bake or cook, or do you rush out to the store to buy the ingredient?

In the Bible, we are presented with the concept of the abundant life. “I am come that they might have life, and that they might have it more abundantly,” says Jesus in John 10: 10 (KJV). In the previous verses, Jesus uses the imagery of sheep hearing and following the shepherd whose job it is to protect and guide the sheep to green pastures; Jesus uses it to teach that He is the Shepherd who will do the same for each of us, his sheep. While both Jesus and his listeners are aware that dangers exist, He ensures that his listeners are aware that He has come to give them an abundant life.

William Barclay’s *Daily Study Bible* on the Book of John has this to say about the ‘abundant life’: “The Greek phrase used for **having it more abundantly** means to have a **superabundance of a thing**. To be a follower of Jesus, to know who he is and what he means, is to have a superabundance of life.” Barclay continues, “When we try to live our own lives, life is a dull, dispirited thing. When we walk with Jesus, there comes a new vitality, a superabundance of life. It is only when we live with Christ that life becomes really worth living and we begin to live in the real sense of the word.”

Each of us can rest assured that we will never have a missing ingredient in life when we choose Christ as the main ingredient for living. “I am come that (YOU) might have life, and that (YOU) might have it more abundantly.”

Song: *Jesus Be The Centre*

Michael Frye

Game: **Oven Mitt Relay**

Items needed for each team: 1 pair of oven mitts, 1 teaspoon, 1 boiled egg

Divide the women into equal groups; the first person in the line is to put on the oven mitts, put the egg on the spoon and rush to the designated spot across the room and return with the egg, giving it to the next person in the line. If the egg falls off, the person must begin again. The first team to complete the task is the winner.

