

Kindness Coupons-A Simple Reward System

A great way to encourage little ones to find ways to be kind to one another.

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Super easy idea where children earn a coupon for being kind! Have a jar for each child and tie a tag with their name on it around the jar using ribbon. Use tokens or stickers or coupons that you can make to fill the jar. After a certain period of time they cash in their coupons for a trip to the coffee shop for hot chocolate, a movie rental or a walk in the woods. It can be any fun activity-be creative, or it could be something your family does anyways. A really positive reinforcement that kindness and good behavior = extra fun family activities-kind of a win-win. Pictures show autumn themed jars and Valentine coin buckets. This idea can be adapted to any theme or season.

